Scientific and Aselul.

Snow Potatoes.—Boil some potatoes until they are quite done, but not broken; let them stand a moment to flour, and then rub them quickly through a colander on to a very hot dish. Serve immediately.

very hot dish. Serve immediately.

DAMP CLOSETS.—For a damp closet or cupboard, which is liable to cause mildew, place in it a saucer full of quicklime, and it will not only absorb all apparent dampness, but sweeten and disinfect the place. Renew the lime once in a fortnight, or as often as it becomes slaked.

APPLE BREAD.—Peel and chop very fine one pint of nice apples and put this to one quart of Indian meal that has been scalded and left to cool. Beat to a cream one egg and half a teaspoonful of butter, and add to the meat with half a teaspoonful of salt. If the apples are sour, add two teaspoonfuls of sugar, but sweet apples are much the best. Mix with rich milk if sweet apples, with cold water if sour, to rather a stiff dough, and bake immediately.

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CUSTARD PIE.—Three cupfuls of stewed

bottle. Bold by dealers generally.

CUSTARD PIR.—Three cupfuls of stewed and strained apples, into which beat one cupful of sugar—or, if the apples are very sour, add more sugar; six eggs beaten very stiff, and then beat it also with the apple, which, by the way, must be set aside to cool before adding anything. Season with nutmeg and very little clove, and stir in, the last thing, slowly, one quart of new milk. Bake immediately. If left to stand a few minutes, the sour apples will curdle the milk. Only a bottom crust will be needed.

CODFISH FOR REFAREAST—One quart of

Only a bottom crust will be needed.

Codfish for Breakfast.—One quart of finely shred codfish, one ounce of butter, three gills of milk or cream, two even tablespoonfuls of flour, two-thirds of a teaspoonful of pepper, one egg. Be careful to remove every bone; it will be more easily picked if heated a short time in the oven. Lay it on a frying-pan, well covered with cold water, let it heat gradually and simmer for ten minutes; drain it, add the pepper, butter, and the milk or cream, reserving a little of this for the flour, which must be rubbed into it gradually to keep it smooth; when it begins to simmer, add the flour, let it boil two or three minutes, then stir in the well-beaten egg, slip on a dish with some square bits of toast, and serve.

Neevousness and Wakefulness.—

well-beaten egg, slip on a dish with some square bits of toast, and serve.

NERVOUSNESS AND WAREFULNESS.—
Grace Glenn tells the following in the "Country Gentleman": "Aunty had been suffering all day with nervous headache, occasioned by wakefulness at night, with which she has been greatly troubled since her long continued vigils with grandma. 'I was afflicted just so at one time in my life,' said Mrs. Jacobs. 'I used to lie awake hour after hour, restless and nervous enough, longing for sleep which would not come, and thinking of a thousand things to worry and distract me all in a moment's time. I found a very simple thing at last which relieved both wakefulness and headache, and I have never been troubled in that way since. It is to put a teaspoonful of spirits of lavender into half a tumbler of water, and drink a little of it an hour or two before bed-time, and occasionally afterwards, until it takes effect. It does not produce sleep, but quiets the nerves and sleep follows. It is harmless, and I wish you would give it a trial."

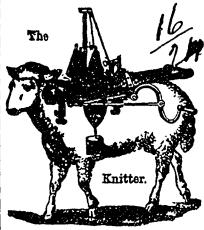
TO CLEAN SILVER.—Wash first in strong easy study would be in the tremore all strong easy study.

the nerves and sleep follows. It is harmless, and I wish you would give it a trial."

TO CLEAN SILVER.—Wash first in strong soap-suds, boiling-hot, to remove all grease or impurities. Wipe perfectly dry, then mix as much powdered ammonia as will be needed to a thick paste, with cold water or spirits of wine. Put this paste over the silver with a soft bit of fiannel, and leave it till the paste is perfectly dry. If there is much silver to clean at the same time, the paste on the first piece will be well dried by the time all have been covered with the paste. Then, beginning with the first article, brush the dry paste off thoroughly with a soft brush, made especially for cleaning silver. Be particular to brush all the raised or chased work perfectly free from paste; then polish each article, after well freed from paste, with a soft, dry chamoisskin, and your silver will look like new; and, if well washed in hot soap-suds, rinsed in hot water, and wiped very dry, every time it is used, the silver should not require cleaning in this way more than twice or three times a year. But the washing and drying must be very thorough.

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