

FRIGHTFUL STOMACH TROUBLE

For Four Long Years He Suffered—Then "Fruit-a-tives" Brought Relief.

Stratford Centre, Wolfe Co., Que. May 11th, 1908. I have been completely cured of a frightful condition of my stomach through this wonderful medicine, "Fruit-a-tives." I suffered for four long years with this trouble. My head ached incessantly. I could not eat anything but what I suffered awful pains from indigestion. I used every known remedy and was treated by physicians, but the dyspepsia and headaches persisted in spite of the treatment.



I was told to try "Fruit-a-tives," and I sent for six boxes, and this was the only medicine that did me any good. I am now entirely well. I can eat ordinary food and I never have a headache, and for this relief I thank this wonderful remedy "Fruit-a-tives." My case is well known in this vicinity and you may publish this statement.

ALCIDE HEBERT. 50c a box, 6 for \$2.50, or trial size 25c. If, for any reason, your dealer does not handle "Fruit-a-tives," they will be sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Lord Rosebery has been impressed by the hush that has fallen upon Europe, and Lord Curzon by a similar hush in India. What, each asks, does it portend?

We must not go about as many do, masking our real selves behind a boisterous, throaty, mirthless laugh which is emitted when there is nothing to laugh about and which awakes no response in the breast of any who may hear it. The honest laugh—come from where it will—is contagious.

The wearing of self behind some personal peculiarity, cuts us off from the full confidence of discerning persons, wears people away and often defeats the very ends for which we are exerting our energies.

After all that which the world likes best in us is sincerity, especially in small things.

Our friends like us best for that which we have sincerely done for ourselves in the matter of character building, of developing our positions because the more and the better we develop the positives the more light we radiate.

The woman that maketh a good pudding in silence is better than she who maketh a tart reply.—United Presbyterian.

AN OPEN LETTER

From W. J. Gage, Esq., Toronto

A Problem of National Importance

Dear Friend:—

A bright young lawyer at the Muskoka Sanatorium for Consumptives some weeks ago, speaking of the burden placed upon him by having consumption, said:

"One has to lead a life of concealment. If I go away from this place people are afraid of me."

This is the sad lot of those who suffer from this dread disease. On behalf of the thousands who are sick and will not be received by other hospitals, I make this appeal for the Muskoka Free Hospital for Consumptives.

Nearly 10,000 people from every part of Canada aided in this good work last year, sending up \$250,000.

The Trustees have faith that a still larger number will help. The Physician's offices, throat rooms, etc., up to the present have occupied rooms in the hospital that rightly belong to patients.

To make better provision for the work, and furnish more accommodation, a new administration building is now under way. A cottage for the Physician and his young wife had also to be built.

To provide for this outlay, and to care for patients for the coming year, we must secure at least \$5,000.

The Muskoka Free Hospital for Consumptives never refused a patient because of his or her inability to pay. It cares for those whom other hospitals refuse. It cares for those whom other people are afraid of.

"I was sick and ye vised me," was Christ's commendation. Should not a richer benedictic be yours if from a loving heart your dollar makes a golden visit to this hospital, bringing health and joy to those whom other people fear, and whom, in many cases, nobody wants. Will you have the luxury giving?

Faithfully yours,
Toronto, 1907.

Life's Bargains

(Milwaukee Journal)

Four children are huddled in a tiny room in a tenement. An aged woman painfully climbs the stairs and enters. Her tired face lights with a smile as she places a bundle of groceries on a table. She has toiled all night at cleaning the floors of an office building. "Grandma," the children call her. Her days of toil had seemingly ended, years before. She settled down, then, to end her life in rest and peace. But her son died, then her daughter-in-law died. And to keep the children together she got work. We thoughtlessly call this a sacrifice. We think it is giving 'something for nothing.' Oh, no, the old lady is smiling. She made a bargain. She toiled to win the deep peace that is shown by the smile.

Here is a musty old man, a professor, sunk in his books. What a lot he has missed in life, some of us say. Missed nothing! He hasn't sacrificed, a thing. On the contrary he got just what he most wanted—knowledge and scholarly contemplation. He might have had fame, wealth, a beautiful home. But he traded them all off for what he wanted most.

See this millionaire. Worry besets him; he does not sleep well; he distrusts every man. He traded peace and quiet and contentment for millions. Money was what he wanted.

Here is a young man who loved a woman and married her. His salary is only as large as the salaries of his bachelor friends. You have seen bachelors look with pity on the rather shiny suits of young husbands of this type. "What he has sacrificed!" they exclaim. Absolutely not. He made a bargain. He knows it was a good one. He wanted happiness; the only way to get it was to have the woman he loved. So he married her.

And this is life—bargains. We bargain this for that; trade what we want less for what we want more. Look at yourself at any moment in your life—now, for instance. Everything you have got by this bartering; everything you have not you have traded away. "I'm a poor man," perhaps you say. Yes, but you're something more than that. Maybe you're lazy; maybe you drink; maybe you hate to save; maybe self-control is unpleasant to you; maybe you wanted a little home and children; maybe you saw that you could buy happiness for yourself by giving your money to others—there are ten thousand ways. But you may be sure that you got what you wanted. You made your bargain. You didn't sacrifice anything.

You can see, then, that when the big thing, the right thing, in this world is wanting, ideals should be set high. You will get what you really want. You can't help it. You're paying out something all the time. Be sure you will be getting something back. You can't stop trading in this market of life. Don't be cheated. Choose and pay.

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT. MRS. A. LIVINGSTONE. Lot 5, P. E. I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT. Wahone Bay. JOHN MADER

I was cured of a severely sprained leg by MINARD'S LINIMENT. JOSHUA A. WYNACHT. Bridgewater.

ECZEMA CURE A MIRACLE?

—NO, JUST SOUND SCIENCE

Physicians now admit the superior value of simple medicines for all diseases.

For eczema and other skin diseases certainly nothing in the world could be simpler than oil of wintergreen, carefully combined with such well-known healing and anesthetic substances as thymol, glycerine, etc., as in the D. D. D. Prescription. The use of this simple remedy, though, accomplishes results that look like miracles completely cured in a few weeks.

Read the experience of Mrs. John Sanders, of Griswold, Manitoba: "When I sent for six bottles of D. D. D. I had one of the worst cases of Eczema in my legs. I only used two bottles when they were clear of Eczema. The four bottles I have left or even thirty years' standing have cured. Cures of eczema of ten, twenty will keep for hives and insect bites. It is a useful remedy to have in the house at all times. Wishing you all success with D. D. D."

For free sample bottle write to The D. D. D. Laboratory, Department B. M. 23 Jordan St., Toronto. For sale by all druggists.

THE MAN WHO CAN TALK WELL.

There is no other thing which enables us to make as good an impression, especially upon those who do not know us thoroughly, as the ability to converse well. A man who can talk well, who has the art of putting things in an attractive way, who can interest others immediately by his power of speech, has a very great advantage over one who may know more than he, but who cannot express himself with ease or elegance.

You may be a good singer, a fine artist, you may have a great many accomplishments which people occasionally see or enjoy; you may have a very beautiful home and a lot of property which comparatively few people ever knew about; but if you are a good converser, everyone you meet recognizes and appreciates your art. Everybody you converse with feels the influence of your skill and charm.

In other words, there is no accomplishment, no attainment, which you can use so constantly and effectively which will give so much pleasure to your friends as fine conversation. There is no doubt that the gift of language was intended to be a much greater accomplishment than the majority of us have ever made of it.

OF INTEREST TO FARMERS AND MECHANICS.

Farmers and mechanics frequently meet with slight accidents and injuries which cause them much annoyance and loss of time. A cut or bruise may be cured in about one-third the time usually required by applying Chamberlain's Liniment as soon as the injury is received. This liniment is also valuable for sprains, soreness of the muscles and rheumatic pains. There is no danger of blood poisoning resulting from an injury when Chamberlain's Liniment is applied before the parts become inflamed and swollen. For sale by W. A. WARREN, BRIDGETOWN; A. E. ATLEE, ANNAPOLIS ROYAL; and BEAR RIVER DRUG STORE.

God bless the cheerful person—man, woman or child, old or young, illiterate or educated, handsome or homely. What the sun is to nature, what God is to the stricken heart, are cheerful persons in the house or by the roadside. They go unobtrusively, unconsciously about their mission, happiness beaming from their faces. We love to sit near them. We love the nature of their eye, the tone of their voice. Little children find them out quickly and the densest crowd, and passing by the knitted brow and compressed lip, glide near, lying a confident hand on their knee and lift clear, young eyes to these laughing faces. A. A. WHITE.

CHAMBERLAIN'S COUGH REMEDY THE BEST ON THE MARKET.

"I have used Chamberlain's Cough Remedy and find it to be the best on the market," says E. W. Tardy, editor of the Sentinel, Gainsboro, Tenn. "Our baby had several colds the past winter and Chamberlain's Cough Remedy always gave it relief at once and cured it in a short time. I always recommend it when opportunity presents itself." For sale by W. A. WARREN, BRIDGETOWN; A. E. ATLEE, ANNAPOLIS ROYAL; and BEAR RIVER DRUG STORE.

Drain the Roads

When the fields are fenced, the ground ploughed and manured, the seed planted and harrowed (rolling the ground is not in favor now, as it holds the moisture better without) roadwork will be in order next. Let us state, without fear of successful contradiction, that while the roads need many things that, of course, cannot be done on them, most of all they need draining. The road machine put draining into the category of lost arts. This year pay attention to draining almost altogether. If the roads were drained as they should be the travelling surface would be easily kept up. A great breeder of horses and a great racing man was once asked what he considered the desirable quality in a racehorse. "Speed," he replied. But there is something else, surely, that you want. "Well, yes, more speed," was the reply. But, persisted his interlocutor, there is something else you would like in your horses? "Well," replied the man "there is." What is it, you will be so kind as to tell me? "A little more speed," was the emphatic reply.

Now, about the roads,—they need draining. But, do they not need something else? Yes, they do, more draining. But surely they need more than that done to them. No doubt they do—a little more draining. Draining roads cannot within the bounds of reason be too well done.—Eastern Chronicle.

SORE NIPPLES.

Any mother who has had experience with this distressing ailment will be pleased to know that a cure may be effected by applying Chamberlain's Salve as soon as the child is done nursing. Wipe it off with a soft cloth before allowing the babe to nurse. Many trained nurses use this salve with best results. For sale by W. A. WARREN, BRIDGETOWN; A. E. ATLEE, ANNAPOLIS ROYAL; and BEAR RIVER DRUG STORE.

There is said to be talk in the East about war between Turkey and Greece over Crete. If Greece could only secure the killing off of other cranks who have a mania for one more disastrous conflict with Turkey might be a fair price to pay for such a boon. But the war cranks of Greece will be careful to keep clear of the firing-line.—St. John Times.

A man once told me of his spiritual adviser of his habit of exaggeration, which he found it impossible to overcome. His friend said: "When next you find yourself guilty of anything approaching falsehood," go back to the one deceived and explain your misrepresentation and apologize. You will soon get over the habit then." It proved a sharp but a sure cure. Accuracy in statement led to truthfulness in nature.

The visit of the Canadian ministers to London to attend the imperial defence conference occurs at a time when popular interest throughout the empire is keyed up to a high pitch.

S. N. Weare desires to announce to the readers of Monitor-Sentinel that they have secured the agency for Parisian Sage, the marvelous dandruff cure and delightful hair dressing.

S. N. Weare is glad to state that Parisian Sage is a rigidly guaranteed hair restorer.

It cures dandruff in two weeks by killing the dandruff microbes; it stops falling hair; it cures all scalp diseases, or money back.

It is a most pleasant hair dressing, especially for ladies, as it makes the hair soft and lustrous. The price is only 50 cents a large bottle at S. N. Weare's or by mail, all charges prepaid, from Giroux Mfg. Co., Fort Erie, Ont.

THE FLOWER-ANGELS.

Of old, with good-will from the skies—The angels came, a glad surprise. God's message to them given—And went again to Heaven.

But now the angels are grown rare. Needed no more as then; Far lovelier messengers can bear God's good-will unto men.

Each year the snow-drops' pallid dawn Breaks from the earth below; Light spreads, till from the dark up-drawn The noontide roses glow.

The snow-drops first—the dawn's first gray; Then out the roses burn! They speak their word, grow dim—away To holy dust return.

Of oracles were little dearth. Should heaven continue dumb; From loveliest corners of the earth God's messages will come.

In Thy face his we see, O Lord, And are no longer blind; Need not so much his rarer word read his mind. In flowers even—George Macdonald.

.... DARGIE'S NEW CARPET DEPARTMENT

YOU NEED A NEW CARPET

The old one is worn and shabby and when the spring cleaning is done is the time to replace the old one with one of our New Carpets or Squares. We have just opened a new department and can show you a fresh new stock of

Carpets, Squares, Rugs, Oil Cloths, Linoleums, Also Portieres and Couch Covers in up-to-date designs.

These goods have been marked very low. Get our prices before making your purchases.

CHAS. DARGIE & SON

ANNAPOLIS ROYAL

BRIDGETOWN BOOT AND SHOE STORE

SHOE DRESSINGS of all kinds and for all kinds and colors of Boots and Shoes.

My Men's PATENT and TAN BALS and OXFORDS are all right,—for style and for wear can't be beat. Same line for Ladies.

My PATENTS are all made of the best Corona Calf; Tan of the best Willow Calf. These lines are no doubt the best on the market.

Also just received two dozen pairs Men's AMHERST GRAIN FISHING BOOTS.

E. A. COCHRANE, GRANVILLE ST.

FISH FOR FAST DAYS MEAT FOR EVERY DAY

Choice Meats, Fresh and Pickled Fish, Hams and Bacon, Sausages of our own make.

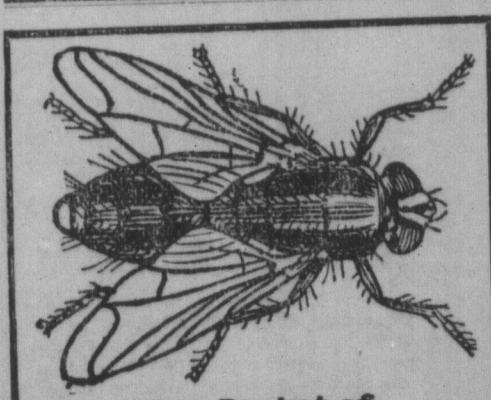
MOSES & YOUNG, GRANVILLE ST. PHONE 57

If It is Seeds We Have It

Timothy, Red Clover, Mangle, Sugar Feet, Rape Seed, Cow Corn, Sweet Peas, Garden Peas, Field Peas

And anything in the small seed line.

C. L. PIGGOTT, Queen St.



One Packet of WILSON'S FLY PADS Has actually killed a Bushel of Flies SOLD BY ALL GROCERS

FREE THIS OFFER IS FOR YOU

If you are not already a subscriber to the MONITOR-SENTINEL, send us your name and we will send you FREE A TRIAL SUBSCRIPTION FOR TWO MONTHS, if at end of that time you will send us \$1.00 for one year's subscription or notify us that you wish the paper discontinued.

M. K. PIPER.

FLOUR & FEED



We have a large stock of Flour and Feed bought before the advance. If you want a bargain in this line ask us for prices.

Seeds! Seeds!

Rennie's Best XXX Timothy and Clover, and all kinds of farm and garden seeds bought from the most reliable seed houses in Canada.

WANTED—Pink Eye and Yellow Eye Beans, Field Peas, Eggs and North Mountain Silver Dollar Potatoes in exchange for goods.

J. I. Foster

NEW SPRING GOODS

Ladies' Fine White Shirt Waists, latest style.

High grade Whitewear, Ladies' Corsets, rust-proof, new long styles.

Art Muslins and Sateens, Wash Belts, Wash Fabrics in Muslins, Gingham, Linens, Prints and Lawns Plaid Muslins, Organdies.

Apron and Shirt Gingham; Laces in Torchon, Valenciennes; Shell Goods, Fancy Goods.

Geo. S. Davies

UNION BANK BUILDING



SEALED TENDERS addressed to the undersigned, and endorsed "Tender for Supplying Coal for the Dominion Buildings," will be received at this office until 4.30 p. m., on Thursday, July 15, 1909 for the supply of Coal for the Public Buildings throughout the Dominion.

Combined specification and form of tender can be obtained on application at this office.

Persons tendering are notified that tenders will not be considered unless made on the printed forms supplied, and signed with their actual signatures.

Each tender must be accompanied by an accepted cheque on a chartered bank, made payable to the order of the Honorable the Minister of Public Works, equal to ten per cent. (10 p. c.) of the amount of the tender, which will be forfeited if the person tendering declines to enter into a contract when called upon to do so, or fail to complete the work contracted for. If the tender is not accepted the cheque will be returned.

The Department does not bind itself to accept the lowest or any tender.

By order, NAPOLÉON TESSIER, Secretary.

Department of Public Works, Ottawa, June 4, 1909.

Newspapers will not be paid for this advertisement if they insert it without authority from the Department.

FARMER AND FISHERMAN

We don't claim our engines are the best in the world, but we GUARANTEE to give you complete SATISFACTION in any engine for either fishing or farm work at a LOWER PRICE than you can get ELSEWHERE. Write for catalogue, information and prices.

J. A. FUGSLEY & CO., ST. JOHN, N. B. OLIVER GOLDSMITH, AGENT, DIGBY, N. S.