### DETECTIVE SERVICE

es solicited. Offices: Toronto, eg, Calgary and Vancouver. Ad-correspondence: W. P. Fetterly,

### Fire Eating Indian Toads.

Will toads eat red-hot charcoal?" A traveller, writing from Cawnpore, says he has seen them do it. Being told that they would, he tried the ex periment by throwing small scraps of glowing charcoal upon a cement floor on which several toads were hopping about. In India toads have a way of invading bungalows.

The toads quickly snapped up the

bits of charcoal, red-hot though they were, and, strange to say, showed no swallowed two or three in succession.

It is possible that they imagined the bits of charcoal to be glow-worms or fireflies, and that the impulse to gobble was so strong that even acute pain did not deter them. They ate burning cigarette ends in the same way.

A like experiment tried with toads in England was unsuccessful. But British toads are of a different species,

### Looking-Glasses in China.

The people of Manchuria are ex travagantly fond of mirrors. Largely they are used for ornamental pur-poses, being so adorned with flowers, birds, and even landscapes painted on them as to be practically unserviceable as looking-glasses. The cigarette cases and purses carried by young men of the well-to-do class usually contain small mirrors, of which their owners make constant use as do young women in our own country of glasses

Minard's Liniment Relieves Distemper

exercises is being driven by a blood-

out-of-doors is always inviting us, we

often turn away and neglect the pro-

fessed fellowship. At night many of

us seem to prefer hot, stuffy bedrooms

where little or no fresh air can cir-

culate, and consequently we are un-

able to replenish the supply of oxygen

**HEALTH EDUCATION** 

BY DR. J. J. MIDDLETON

Provincial Board of Health. Ontario

Or. Middleton will be glad to answer questions on Public Health mat-

for instance the bee. What a lesson and acts on it. Most human beings

teach us. Knowing that they require they have not the same methodical fresh air if they are to keep up their way the bee has of obtaining it.
restless activity, the bees put them-

selves to great trouble to see that windows that are certainly necessary they get it. Indeed, a beehive is a to keep out the cold, but this arrange-

such as is unknown in the most crowd- of air. This hygiene principle is too

ed human city, and yet living through often overlooked, and as a result fam-the heat of summer and cold of ilies will live month after month most

hive. Their method is to combine the principle to see that the air we movement of fresh air with warmth, and to do this the watchers at the draughts certainly, for that is one

alighting board will see that the ven-tilating bees are always at one side chest troubles, but have some simple

of the entrance, never the centre, and arrangement for renewing the indoor

then passed out again at the other side of the entrance; and during excep- moderation brings health and happi-

In circulating pure air so persist- dren in a better world.

wonderful lesson in scientific ment necessitates a frequent ventilaventilation. Here is a city packed tion of the rooms and a fresh supply

I brave the shrowd sting of the wind The snowy paths are undefined. Below a crest there lies a pool, Its ice unflawed and beautiful.

Gazing upon it do I see
The writhing bough, the twisted tree Nay, but the budding leaves that shine

Upon the coils of climbing vine I read fair omens; I descry

O strange and most miraculous thing! This is the mirror of the spring.

## **NOTHING TO EQUAL BABY'S OWN TABLETS**

Mrs. George Lefebvre, Que., writes: "I do not think there is any other medicine to equal Baby's Own Tablets for little ones. I have used them for my baby and would use nothing else." What Mrs. Lefebvre says thousands of other mothers say. They have found by trial that the Tablets always do just what is claimed for them. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus banish indigestion, constipation, colds, colic, etc. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Meaning of a Million.

The word "million" comes glibly to the tongue, but it is difficult to make

people grasp its full meaning.

A lecturer succeeded in doing so some years ago. His first experiment was with spots on paper, which he found to be both cumbersome and in-convenient. Nor was he more fortun-

falling on the distant beach.

ate in telling his audience that there

etters in the Bible. At last he got the idea of using grains small enough to go into a jar which could be conveniently handled by the andience.

Experimenting first with tiny seeds.

rice grains, sago, and similar small particles, he finally decided upon "seed sago."
After sifting this, he counted out a

few thousand grains, carefully weigh-ed them in delicate scales, and then calculated what was required to get approximately a million grains.

He found the requisite quantity to be 2lb. 2cz., which comfortably filled a quart glass jar.

### Niagara Falls.

The Niagara River is 35 miles long from Lake Ontario to Lake Erie, with a drop of 326 feet. The upper rapids are a mile long, with a fall of 55 feet to the edge of the cataract. The Horseshoe Falls are 162 feet high. From the base of the Falls to the Whirlpool, 3½ miles, the drop is 55 feet, and from the Whirlpool to Queenston, another 3½ miles, 44 feet. It is estimated that the water is 30 feet deep, where it flows over the centre of the Horseshoe Falls, and that over 20,000,000 tons of water pass over the cataract every hour. Ninety five per cent. of the water flows over the Canadian fall and five per cont. over the American.

## **HOW TO SAFEGUARD YOUR DIGESTION**

The Blood Should Constantly be Kept Rich and Pure.

If you suffer from any form of indigestion your diet should be care Over-eating is always harmful, but at the same time one must take enough food to supply the needs of the blood. It must be re-membered that the blood has to carry nourishment to every part of the body, find fuel for its energy and defences quisite juices for digestion. Hence fails to do its work, indigestion arises: also when indigestion begins the blood ters through this column. Address him at the Parliament Bldgs. still further suffers. Therefore, safeguard your digestion, the blood should be kept rich and free from im Fresh, pure air is one of the most ently, bees have three important purcentury Dr. Williams' Pink Pills have important agencies known for main-taining good health and warding off to keep an even temperature in the to keep an even temperature in the taining good health and warding off hive, and to drive off the evaporation attacks of disease. With it the per-that arises from their bodies and from been a favorite tonic for enriching the blood and strengthening the nerves. If, therefore, you find yourself troubled with indigestion, or other ailments due son thrives and becomes robust and the honey they are brewing in their active; without it be becomes pale, nectar vats. There is no more inter-unhealthy and dull of intellect. It esting sight to the bee watcher than to weak, watery blood, you will find Dr. Williams' Pink Pills both safe and is said that one of the finest outdoor to stand outside a hive on a hot sumeffective. The value of this medicine in cases of stomach trouble is shown mer night and see the ceaseless beat the thought of speed, and even of wings from the squadron of ventil-the thought of it conveys an idea of ators. Notice their orderly lines, one by the experience of Mrs. J. Lewis, Lake George, N.S., who says: "I suf-But while the great going and making way for another, always inviting us, we for the work is hard and cannot be fered very severely with indigestion. I had severe pains in the stomach after every meal. I had a loathing for long sustained by the single bee, and food, my rest at night was very much listen to the subdued roar like waves disturbed, and my general health was declining. I was under a doctor's care, but did not find any improve-Oh, that we humans could learn to live according to the principles of cleanliness and order that the bee ment. Reading of what Dr. Williams Pink Pills had done in a similar case in our lungs.

In many matters of hygiene we are far behind the lower forms of life, as and the bee knows this fact very well, I decided to try them, with the result that after giving them a fair trial, my general health was improved, and all symptoms of the indigestion that in ventilation the busy little bees can know the value of fresh air, too, but had afflicted me disappeared. I feel very grateful to Dr. Williams' Pink for saving me from so much

> You can get Dr. Williams' Pink Pills through any medicine dealer, or by mail at 50 cents a box or six boxes fo \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

misery."

### Boy Scout Notes.

winter with a temperature uniform and equable and with breathing air unvitiated. How is it done? The methods might be worth the attention of sanitary experts, for bees obtain their fresh air by what may be the lungs, and tuberculesis and other. The first Niagara Peninsula Scout Officers' Rally will be held in St. Catharines on Friday and Saturday, March 11th and 12th, according to in tion of sanitary experts, for does ortain their fresh air by what may be called a rotary system. They hate deadly maladies can get a foothold the through draft, that is, a cold current passing vertically through the formation obtained from Provincial Scout Headquarters, Bloor and Sherbourne Streets, Toronto. It is expect ed that there will be a large attendance of Scoutmasters, Assistant Scoutmasters and other senior officers to participate in the programme, which will include conferences on troop or ganization and management, training programes, recruiting leadership and general Scout activities.

the fresh air is passed in at one side, air regularly. Moreover, the great made to circulate round the walls and out-of-doors is God's playground and The 1st Exeter Troop (Thomas Pryde, Scoutmaster), won the honor of the entrance; and during exceptionally hot weather, another company ness, and it is within the reach of ters now being issued to Troops by of bees can be seen fanning out the vitiated air.

everyone who wants to see better the Provincial Council for Ontario. In order to receive a charter for the conorder to receive a charter for the conduct of a troop, the institution or group of people responsible for it must definitely accept responsibility for pro-viding suitable leadership and adefacilities for carrying on its work. It also appoints a Troop Committee of three persons to co-operate with the Scoutmaster in his work and to help in every way possible to advance the interests of the troop and its members.

On February 22nd, the birthday of Sir Robert Baden-Powell, founder and Empire Chief of the Boy Scouts, literally dozens of Boy Scout concerts, displays, dinners, etc., were held throughout the province, many of them largely splendidly arranged prize list indi- of Salleplicacid.

# were about three and a half million Used Autos

cates that there will be departments of Art, Collections, Domestic Science, Electricity, Maps, Manual Training, Models, Photography, Woodcraft and Inter-Troop Competitions. Most of the Toronto District Troops are represented in the entry lists.

### The Sun Causes Wind.

When any part of the earth become eated by the sun's rays the air be comes thinner and rises. As it goes up a current of cooler air takes its we call wind.

Likewise, damp air—which is lighter than dry air of the same degree of heat-will also rise and cause a discurbance above and below.

It is for this reason that there is

and from the land by night, t'e land being heated faster than the water and the fresh air from the sea coming in to take its place.

At night the process is reversed. The land cools faster than the water nd the wind goes out to sea.

Because these processes are continually going on all over the glob the wind frequently gathers strength and attains the proportions of a gale.

### Dressed Like Adam.

In the wilds of the Chichihu district of Japan live a group of mountaineers clad only in the costume of Adam. Their existence was unknown until the taking of a recent census revealed

Passing through the Crystal Valley, ensus officials were amazed to meet human beings, wearing long hair, whose only covering was leaves. They made no response when spoken to. Their chief occupation seems to be hunting with the bow and arrow and the making of charcoal, which they exchange in the neighboring districts for necessities.

It is thought that the ancestors of these weird folk were refugees of the Samurai class who, defeated in battle hundreds of years ago, fled for safety to the lonely heights which surround the Crystal Valley.

### A Little Wisdom.

Good company shortens the longest journey. What is not said has not to be apo

gized for.

never wanting. be helped.

Of two evils choose not the least,

but neither.

Love without return is a question without an answer.

A man without courage is a knife Sarcasm should be kept as armor ot used as a sword

He who takes a wife should take care or he will take care. If Providence shuts the door the wise man does not get through the

### "Cascarets" If Sick. Bilious, Headachy

To-night sure! Let a pleasant, harm-less Cascaret work while you sleep and have your liver active, head clear, ch sweet and bowels moving re gular by morning. No griping or in-convenience. 10, 25 and 50 cent boxes. Children love this candy cathartic too.

Canada has \$34,000,000 invested in plants for the manufacture and assembling of automobile parts, employing 15,000. Five hundred thousand autos in Canada now.

The giving of the left hand in greeting is a compliment in France, and is reserved for relatives, or those held in high esteem by the giver.

France's birth-rate of 7 per 1,000 with infant mortality at 20 per cent. of birth, compares badly with Ger-many's birth-rate of 20 per 1,000, with infant mortality at 10 per cent.

## **ASPIRIN**

"Bayer" only is Genuine



Warning! Take no chances with sub stitutes for genuine "Bayer Tablets of Aspirin." Unless you see the name "Bayer" on package or on tablets you attended by parents and friends. Other are not getting Aspirin at all. In every excellent entertainments have recent-ly been reported from Florence, Colds, Headache, Neuralgia, Rhen-Strathroy, Fenelon Falls and Sunder- matism, Earache, Toothache, Lumbago land. One of the biggest displays of and for Pain. Handy tin boxes of the year will be that of the 3rd Toron- twelve tablets cost few cents. Drug-Troop, which takes place on gists also sell larger packages. Made February 28th and March 1st, and in Canada. Aspirin is the trade mark which will be a veritable "Junior (registered in Canada), of Bayer Canad'an National Exhibition." A Manufacture of Menoaceticacidester

## BITS OF HUMOR FROM HERE & THERE

If She Was Good,

"How old are you, Marjorie?"
"I'm five, and mother says if I'm ood an' eat lots of oatmeal I'll be sta

### Horse Radish.

Young lady (on first visit to western ranch)—"For what purpose do you use that coil of line on your saddle?" Cowpuncher—"That line, you call it, lady, we use for catching cattle and

Young lady—"Oh, indeed. Now, may lask, what do you use for bait?"

### Coming Up For Air.

A gentleman was walking along a country lane one day when he was startled to see a man's head appear hove the dirty water in the ditch. "Why, Pat," he exclaimed, "what

re you doing there?"

The Irishman smiled, sheepishly. Well, sir, being tired of this life, I am trying to drown myself."

"But why, then, do you keep putting your head out of the water?"
"Shure, now," replied Pat, "I have to keep coming up to get my breath!"

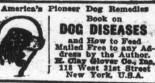
A Substitute for Money. Returned from a far land, the ex orer entered a restaurant, and dur ing the course of a meal asked the waiter what a certain plate of yellow

fat happened to be.
"Margarine, a substitute for butter." Whereupon, pointing to some white pellets, the explorer asked: "What

"Oh, theyre saccharine, a substitute

or sugar," replied the waiter. Quite fedup, the explorer, putting on his hat, handed the waiter a trou er-button. "What's that?" asked the stonished menial.

"Oh, that's a substitute for money.



For Sore Throat. Cold in the Chest, Etc.



# "DANDERINE"

Save Your Hair! Make It Abundant!



Immediately after a "Danderine massage, your hair takes on new life, lustre and wondrous beauty, appearing twice as heavy and plentiful, because each hair seems to fluff and thicken, Don't let your hair stay lifeless, colorless, plain or scraggly. You, too, want lots of long, strong, beautiful hair.

A 35-cent bottle of delightful "Danderine" freshens your scalp, checks dandruff and falling hair. This stimu-lating "beauty-tonic" gives to thin, dull, fading hair that youthful brightness and abundant thickness .- All druggists!

### Mr. Herbert Osborn **Tells How Cuticura** Healed His Wife

"My wife began to be troubled with ching and burning of the palms of her hands and the soles of her feet. Later the skin cracked and became inflamed, making walking or even standing very painful and preventing eleep at night. Later it became necessary to bandage both ands and feet.

essary to bandage both hands and feet.

"She was treated but obtained no relief. She saw an advertisement for Cuticura Soap and Ointimertand sent for a free sample. She bought more and after using two cakes of Cuticura Soap and two boxes of Cuticura Ointment she was healed." (Signed) Herbert Osborn, 135 Cherbrooks Ava., Ottawa, Ott., Sept. 2, 1919.

Cuticura is lideal for every-day toi-lit tises. Seep to cleance and purify, Cinement to soothe and heal.

Soap 25c, Ointment 25 and 50c, throughout the Dominion. Canadian Lymans, Limited, St. Paul St., Montr Cuticura Soap shaves without

### Classified Atvertisements.

FARM WANTED. ARM WANTED. SEND DESCRIP TION and price. John J. Black hippews Falls, Wis.

HELP WANTED. ADIES WANTED TO DO PLAIN and light sewing at home; whole or spare time; good pay; work sent any distance charges prepaid. Send stamp for particulars. National Manufacturing 60. Montreki.

Quill Toothpieks

Quill toothpicks came first of all the world is near Paris, where several million quills are dealt with yearly. The factory started to make quill pens use it was converted into a toothpi

Minard's Liniment for Dandruff.

A film fifteen miles in length and which requires nearly twenty-four hours for continuous exhibition has been completed in Italy, showing the principal incidents in the Bible, from the Creation until the Birth of Christ

MONEY ORDERS. A Dominion Express Money Order for five dollars costs three cents.

Nearly half the shell-torn land in mme area is already being cultivated

The oar-fish, fully twenty feet long lives in the open sea. When angry, it raises its narrow body out of the water to the height of several feet.

> Quick relief from RHEUMATIC pain

BAUME BENGUE

BEWARE OF SUBSTITUTES THE LEEMING MILES CO., LTD. MONTREAL Agents for Dr. Jules Bengu RELIEVES PAIN

Send for list of inventions wan by Manufacturers. Fortunes have been made from simple ideas. "Patent Protection" booklet and "Proof of Conception" on request. HAROLD C. SHIPMAN & CO.

### -------**Rheumatic Pains**

Are relieved in a few days by taking 30 drops of Mother Selgel's Syrupafter meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no dope mor otherstrong contains no dope nor other strong drugs to kill or mask the pain of rheumatiam or, lumbago, it removes the cause. 50c. a bottle at druggists.



Warming relief for rheumatic aches.

LE'S just used Sloan's Liniment and the quick comfort had brought a smile of pleasure to his face. Good for aches resulting from weather exposure, sprains, strains, lame back, overworked muscles. Penetrates without rubbing. All druggists have it.

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs the package, then you are sure your child is having the best and most harmless physic for the little stomach. liver and bowels. Chiliren love its fruity taste. Full directions on each bottle. You must say "California."

ISSUE No. 9-'21.

## **Choice Parts of Selected Grains** give to Grape-Nuts its health and body-building value

The

This wheat and malted barley food is so processed and baked that the nourishing qualities and pleasing flavor are fully brought out

Healthful-Satisfying-"There's a Reason"