

LECTURE ON SULK.

"Sulkiness among women has driven more men to perdition than all of the lying, cheating, and stealing that has ever been recorded," said a woman of the world to two young wives recently, "To be sulky means to be so many things that are thoroughly disagreeable. It means that you are a moodily silent, sullen sour, obstinate, morose person all rolled in one."

"But you've just said that I have a sulky disposition, and that that accounts for my having so many little tiffs with Dick," protested one of the young matrons, "and I know I'm not all of those things."

"And you hinted that I have occasional fits of sulks," remarked the other newly married girl in an objecting tone.

"True enough," answered the woman of the world with a knowing laugh. "I did say and hint those things and I meant them. We've been here together, in this hotel for six weeks now, and I do not make my charges without good reasons. How I've pitied your husbands and do pity them and shall continue to pity them unless you rid yourself of the sulking habit."

"But everybody says that Dick and I are the most devoted couple here," interrupted one of the matrons.

"No, they say that Ned and I are," insisted the other.

"Of course, you are both devoted couples," went on the elderly woman hastily, "but all the same you two women sulk, and so do nine-tenths of the women in this hotel, and the world over, for that matter. If I were a man, engaged to a young woman, and discovered that she had a sulky disposition, I should first try to break her of the tendency, and if I couldn't do that I'd break the engagement. Men aren't justified in breaking a betrothal (neither are women, mind you), but they'd be in that case. Sulky women cause more friction in home life than any other kind of disagreeable wives. Sulkiness grows on one. It's such an insidious trait, or, as I believe, disease. It takes possession of the mind before one is aware of its presence and can only be cured by the exercise of strong will power and reason."

"What makes you think that I sulk," asked Dick's wife.

"Why, I've seen you have forty fits of sulks since I've been here. You never sulk with anyone but your husband, and how you can sulk with him is beyond me. But that is a peculiarity of one afflicted with sulkiness. The patient often makes the one she loves best, the victim of her attacks. Perhaps it is because the sulks render one a bit cruel, and she enjoys seeking him suffer."

"Soon after you married Dick you made up your mind not to like his family. He had always been a devoted son, and had almost taken a husband's and father's place in his fatherless house. Instead of your encouraging him to keep on in the same way you conceived an intense imaginary dislike for his family, and every time he goes to see them, does anything for them, even mentions them, you have a fit of sulks. You shut up like a clam; you frown; you will not speak, smile, or in anyway show any interest in what your husband says or does for hours. I've watched it all over and over. He is always so gentle and patient, but I warn you that one of these sulky fits of yours wears him out. 'Frazzles' him completely, and if you keep them up they will drive him from you. How would you feel if Dick acted towards your family as you do toward his? Put the shoe on the other foot and see if it doesn't pinch. How would you feel if he went apart from you, set his face in a stony stare, and showed about as much sympathy and interest as a Chinese god when you mentioned your family?"

"Now, Dorothy, here," turning to the other young matron, "sulks in a different way, and makes Ned miserable no less than six times a day. Women should remember that men have moods as well as women, and we should indulge them. Unconsciously man depends on woman's love to forgive his whimsicalities, and she should never withhold it. Every time Ned comes down from business a bit moody, instead of your loving him and petting him and telling him a lot of funny things in your own bright way. Dorothy, to make him forget, you get sulky and won't have anything to do with him. If he doesn't pet you just as much as you think he should, you sulk; if he makes some remark you don't quite understand, you sulk; if you want to go sailing and he thinks it looks a bit squally, off you go into a fit of sulks. I just know Ned sometimes wishes a squall would catch him. A squall, you know, is soon over. It isn't like these heavy black clouds that hang about for hours and keeps one from doing anything that one wants to do for fear of an outburst. A woman who lets her temper loose is bad enough, but she isn't a circumstance to the one who bottles her's up, and threatens to let it go every minute."

"You say that sulkiness grows on one," asked Ned's wife in a subdued voice.

"It most assuredly does," answered the woman of the world. "Run over your acquaintances of middle-aged and elderly women and think how many of them indulge in sulks. Over half I think you'd find it so. I used to be a great sulker myself, but I was

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completely cured by my husband during the first year of our married life. At first when I had a fit of sulks he'd pet and coddle and humor and beg for forgiveness when he hadn't done anything, and all this only made me more sulky, made me love to exhibit my power over him more vigorously. Suddenly he tried a new plan. If he left me sulky in the morning he came home to luncheon in a state of sulkiness that out-matched mine. If I sulked in the afternoon he sulked all evening, and the result was that there wasn't a minute when one or the other of us wasn't sullenly silent, sour or obstinate. At the end of a week I'd cried myself sick, thought of getting a divorce, of returning home, even of suicide, when it suddenly flashed over me that half of the trouble was my fault, and I went to him and told him so. He folded me in his arms and said that he had nearly killed him to be sulky, but that he had to do it to bring me to my senses. The plan worked. I have never sulked a minute from that day to this.

"For heaven's sake, don't ever tell Dick that story," pleaded Dick's wife. "I'll stop of my own accord." "And so will I," declared Mrs. Ned. "Come to think of it, sulkiness is the hardest of all states to put up with, and my only wonder is that men stand sulky women as well as they do."

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"DON'T WORRY" RULES.

"Children," said a good man to the family gathered around his deathbed, "during my long life I have had a great many troubles, most of which never happened."

In the spirit of this wise remark are these "Seward Don't Worry" rules:

1. Consider what must be involved in the truth that God is infinite, and that you are a part of His plan.
2. Memorize some of the Scripture promises and recall them when the temptation to worry returns.
3. Cultivate a spirit of gratitude for your daily mercies.
4. Realize worry as an enemy which destroys your happiness.
5. Realize that it can be cured by persistent effort.
6. Attack it definitely as something to be overcome.
7. Realize that it never has done and never can do the least good. It wastes vitality and impairs the mental faculties.

BOOK OF MARBLE.

At the Strozzi Palace, in Rome, there is a book made of marble, the leaves being of marvelous thinness.

The chief ingredients in the composition of those qualities that gain esteem and praise are good nature, truth, good sense and good breeding.—Addison.

A BAD MOVE.

"Don't you speak to Miss Sharply any more, Miss Elderly?"

Indeed I do not, and what's more, I never will again. She had the impudence to send me thirty-six roses on my thirty-fifth birthday.

CANDOR.

What is your opinion of the popular songs of the present time? asked the young woman.

Oh, replied Willie Washington, I guess I'm like most people on that point. I enjoy 'em, but I don't like to own up to the fact in the presence of my musical friends.

HELPING THEM OUT.

The Thompsons can't decide what to name their twins.

Well, if the twins resemble their other children they should call one Vesuvius and the other Terror.

A MATTER OF ECONOMY.

Business Man, furiously—What do you mean by kissing my daughter? Underpaid Clerk, meekly—I desired to show my appreciation of your daughter's loveliness, and kisses are the only things I could afford to give her.

A BIG BOILED DINNER.

Cooks in large hotels and boarding-houses may think they get up meals on a big scale, but when it comes to wholesale cookery the little village.

Mrs. Rudyard Kipling is spoken of generally as a nice, quiet little woman, just the one to make such an energetic, odd sort of a man as the novelist happy.

TACT.

Nearpass—I hope the minister didn't refer to the creditors the deceased left. Bennet—He merely said that his loss would be felt wherever he was known.

THE NEW GIBRALTAR.

The Stronghold in British Columbia Has Been Called This Name.

The town of Esquimalt, B. C., is to be razed and wiped out of existence, says the San Francisco Call. So the British government has ordered. Upon its site will arise one of the greatest fortresses of the world. This point is of particular interest to Californians, because this magnificently designed stronghold will be next door to us, in British Columbia, right above the Washington state line. Some idea of its proposed strength may be gained when it is known that the British engineers have already dubbed it "The New Gibraltar."

The plan contemplates the equipment of a store, repair, and supply station second to none in the empire; the building and manning of forts capable of defending this depot against any force that could be brought against it by sea or land; the providing of docks large enough to receive the best and biggest examples of marine architectural skill, and the establishment of barracks, a service prison, and other necessary buildings for the use and benefit of the numerous soldiers and sailors who will be required to hold the forts and man the ships of the station.

NOT A NEW DISCOVERY.

A member of the French Academy says that the growth of hair can be stimulated by music, remarked Mrs. Darley.

"Well, he needn't think that is a new discovery, replied Mr. Darley. I've heard many a hair-raising song myself."

WARTS! WARTS!! WARTS!!!

The woods are full of people, who have warts and who foolishly believe that a remedy cannot be found which will painlessly remove them. Such people do not know what they are talking about. Our readers may be sure that three applications of Putnam's Corn Extractor, will knock them higher than a kite. We have tested it and know what we are talking about.

FRIENDLY COMMENT.

He—Yes, he called me a blooming idiot—
Him—As if any one could not see that you had gone to seed.

THOMAS PHOSPHATE POWDER

AN ATTRACTIVE WOMAN.

Mrs. Slimdiet—I can't see what Mr. Bullion wanted to marry that shabby widow for, anyhow.
She isn't young and she isn't pretty and she—
New Boarder—You just ought to see how thick she makes her pumpkin pies.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a curable disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

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