

CHATS WITH YOUNG MEN.

It is the contented man who sees reasons for satisfaction on every hand; the happy disposition delights in the beauty of nature, and sees the silver lining even to the darkest cloud.

Virtue an Aid to Prosperity.

The teaching of Holy Writ is that we just often succumb to the tempter. But as a rule and as a matter of human experience it may, we think, be said that the cultivation of Christian virtue tends to bring about prosperity.

Patience Wins Success.

Of all the lessons the young man who would succeed in life has to learn, one of the hardest and most indispensable is that which the hero of Blenheim, Marlborough and Malplaquet so thoroughly learned—the lesson of patience.

Wasted Energy.

It is not the vitality we use that dwells achievements and whittles away and shortens life: it is what we foolishly throw away. Millions of people have made miserable failures in life by letting this precious energy, which might have made them successful, slip away from them in foolish living and silly dissipations.

But it is not always what is classed as "wasted" vitality that is the loss of energy. There is a wanton waste of vitality in various forms going on all about us, which might be converted into something that would count in life.

Thus do we turn even our most healthful recreative exercises and sports into fatal energy-wasters.

Makes Men Invincible.

There are thousands of people who have lost everything they had in the world who are just as far from failure as they were before their loss, because of their unconquerable spirit—stout hearts that never quail.

his self-respect, or his self-confidence. His still a king.

If you are made of the stuff that wins, if you have grit and nerve in you, your misfortunes, losses, and defeats will call them out and make you all the stronger.

Some men get along beautifully, for half a lifetime, perhaps, while everything goes smoothly. While they are accumulating property and gaining friends and reputation, their characters seem to be strong and well-balanced; but the moment there is friction anywhere—the moment trouble comes, a failure in business, a panic, or a great crisis in which they lose their all—they are overwhelmed.

Keep Your Grip.

This is failure, indeed, and there is small hope for any one who falls to such a depth of despair. There is hope for an ignorant man, who can not write his name, even if he has stamina and backbone. There is hope for a cripple who has courage; there is hope for a boy who has nerve and grit, even though he is so hemmed in that he has apparently no chance in the world; but there is no hope for a man who can not or will not stand up after he falls, but loses heart when opposition strikes him, and lays down his arms after defeat.

Some Helpful Thoughts.

An imperturbable demeanor comes from perfect patience. Quiet minds cannot be perplexed or frightened, but go on in fortune or misfortune at their own private pace, like a clock during a thunder-storm.—Robert Louis Stevenson.

If you would "be young when old," adopt the sunbird's motto—"I record not hours of sunshine." Never mind the dark or shadowed hours. Forget the unpleasant, unhappy days. Remember only the days of rich experiences; let the others drop into oblivion.

Let us occupy ourselves with one thing alone—that is, to do well what we are doing, because God does not ask anything more of us. Now, this "to do well" may be summed up in four words—"purely, actively, joyfully, completely."

There will be little gleams of sunshine now and then, no matter how cloudy the outlook; and even if the day is stormy and hard there is, always a bright tomorrow to be hoped for.

If we could give up all our selfish desires and resistance, circumstances, however difficult, would have no power whatever to trouble us. To reach such absolute willingness is a long journey, but there is a straight path leading nearer and nearer to the happy freedom which is our goal.

There is no influence which conduces so much to correct living and good example. It is an inspiration to youth and an irresistible power to the mature.

How many good traits we can see in our friends when we look for them! And how much better it is to watch out for the qualities than for failings!

Be not envious of the financial success which appears to crown the efforts of the wicked. For many there is no other reward in eternity.

The use which we make of our bodily senses is a great trust committed to us, for which we shall have to give in each case a separate account. Each one is a great gift from God, meant to be used for His service; each opens to us a separate field for the practise of virtues.

You can not nail down the growing, pushing conditions of life with your hammer of facts and realities. And you can not keep that man down who realizes he, as an evolving human being, is greater than any baneful fact that may seek to brand him or break him. Men are greater than facts.—A. M.

No man can even begin to please God who does not renounce sharp practices, give up unfair dealings and start out to act equitably, to render to others their just dues and determine to be in all matters an honest man.

The more elevated in kind is the more the mercenary spirit, if it be present, makes this labor void and corrupts it. There are a thousand reasons to say that all toil merits its wage, that every man who devotes his energies to provide for his life should have his place in the sun, and that he who does nothing useful does not gain his livelihood, in short, is only a parasite.

Nothing better proves that man is not a machine than this fact: two men at work with the same forces and the same movements, produce totally different results.

There are thousands of people who have lost everything they had in the world who are just as far from failure as they were before their loss, because of their unconquerable spirit—stout hearts that never quail.

OUR BOYS AND GIRLS.

STORIES ON THE ROSARY. BY LOUISA EMILY DORRER. Carriage of the Cross. LUCY'S CARRIAGE.

She had full control of it on attaining her eighteenth year, which event happened that very week, so that she did not feel in any way dependent on the Madisons, though they were so well off they would gladly have given her a home.

Faith was charmed at the prospect of Lucy as her companion at home, and the plan answered admirably.

Mrs. Gregory did not write often to her daughter, and Lucy thought she was very silent about her second husband and step-children.

However, the invitation to Liebfeld was not repeated, and as Mrs. Gregory quite approved of Lucy's staying with her friends, there was nothing more to be done.

Lucy threw herself into her art studies in which Faith joined her, and for two years they did not go out of England. Mrs. Gregory always made some excuse or other about putting Lucy off from the long talk of visit, and she always said they never came to London, so she was afraid she could not hope to see Lucy just at present.

Faith was like Lucy's sister, and Mrs. Madison grew more and more into being a friend to whom Lucy looked up with reverence and real affection. They were practical Catholics, Mrs. Madison being extremely devout, and Lucy felt that it was a thoroughly congenial home in all respects.

When we first made acquaintance with the two girls, a tour abroad had been well thought out and in a week they were to start.

Every prospect was charming, and Lucy was looking forward to it all with great longing and the hope of studying in Italy through the next winter. It had always been one of her most cherished hopes to go abroad and see something of this beautiful world, and now the hopes were to be realized under the most favorable circumstances.

They were to be in Rome for Holy Week, and Lucy, as she packed her trunks and collected all her note-books, sometimes asked herself if it really was true that she should soon be standing within St. Peter's, which to her, as to all Catholics, seemed the centre of the world.

They were to start the next morning, and Lucy was up in her bedroom which, daintily furnished, was illuminated by electric light.

Mrs. Madison had insisted upon its being made like a home-like as possible, and had made Lucy a birthday present of the lovely furniture, while Faith had spent a good deal upon her favorite autotypes to hang upon the walls.

They had been to the church near at hand for the stations that evening, and Lucy had come to take off her walking things and get ready to go down to supper which on church evenings was an institution at 10 King's Gate Mansions.

The trunk was open and the others already strapped and labelled. Lucy looked round the room with a strange feeling of exultation. By that time the next evening they would be in Paris on their way to Rome.

"Actually a letter from mother," she said; "it will keep until after supper."

After that meal was over and they had returned to the blazing wood fire in the drawing room, Lucy drew out the letter, which seemed a long one, and read it with a very changing expression of face.

Homelewood, near Liebfeld, 21st March, 18—.

My dear Lucy—I am in very great trouble indeed, and I am sure you will be sorry for me though we have seen so little of each other for so many years. My marriage was a great disappointment to me. I never told you because I was so annoyed and disgusted at the way I had been deceived.

Confidence and exaggerated opinion of self rarely form close companionship. Self-love usually begets disgust.

always very nervous, you remember. Do pray come at once to us. The boys are in offices in Birmingham and, happily, they are provided for, and Annie married last spring. But Bella and Della are at home, and very cross indeed at being so poor.

Mr. Gregory—George is rather a rough diamond, but I daresay you will get on with him.

TO BE CONTINUED.

NOT TO CONQUER BUT TO WIN.

It has been suggested, in a very tentative way, that a number of missionaries be trained in non-Catholic seminaries to meet the work that is being done at the Apostolic Mission House. The editor of the Christian Advocate admires the training of the missionaries of the Apostolic Mission House no less than the zeal which they show in the work.

The above is of value only to emphasize what is the established policy of the non-Catholic mission movement. It is to have nothing to do with controversy. It is our belief that the days of theological wrangling are over.

Very practical and appropriate questions to ask many Catholics of your acquaintance. An excellent test for the assumed knowledge of those who never need a prayer-book to follow the Mass; who are above reading Catholic books and Catholic papers, as well as those who depend wholly upon the secular press for Catholic information.

SERMON UPON THE MOUNT.

What is it, and who preached it? Very practical and appropriate questions to ask many Catholics of your acquaintance. An excellent test for the assumed knowledge of those who never need a prayer-book to follow the Mass; who are above reading Catholic books and Catholic papers, as well as those who depend wholly upon the secular press for Catholic information.

That there are some who would fail to answer is a fact. That there are others who could not repeat them is also a fact. Of what value to all such persons are these great virtues taught by our Lord? What effect can they have upon their lives? Wherein do they materially differ from those persons who had rejected them in the days of our Lord?

These reflections, therefore, should excite all to a more thorough and ready knowledge of their faith and to an occasional review of the lessons of their little Catechism. To further this purpose we shall in our next issue offer a few explanations in details of the beatitudes.—Church Progress.

HEADACHE.

Neuralgia and Nervousness cured quickly by AJAX HARMLESS HEADACHE CURE.

No heat, no odor, no danger. Greatest cure ever discovered. Take no other, and send for it at once. AJAX HARMLESS HEADACHE CURE. Solely for sale by Dr. J. C. Southcott, Toronto, Ont.



INCUBATORS. Now is the time to secure the CHATHAM INCUBATOR. If you put it off until the last moment, the chances are that you will not be able to get them, as their past success has proven them to be the best in the market.

LIQUOR HABIT PERMANENTLY CURED. Good News. To all men and women who have become enslaved by the soul-destroying vice, drunkenness, and to those who are on the way of becoming slaves, here is indeed good news.

RUPTURE CAN BE CURED. at home WITHOUT Pain, Danger, or Time From Work by the WONDERFUL DISCOVERY of an eminent Toronto Specialist.

The London Mutual Fire INSURANCE CO. OF CANADA. ESTABLISHED 1858. HEAD OFFICE TORONTO, ONTARIO.

FITS CURED. We wish to cure you of your fits, whether you are suffering from Falling Sickness, or other forms of Epilepsy, or other forms of Fits.

\$4.50 Spring Suits. We make better suits. Our leader is a double-breasted suit, navy grey, dark red, blue, and brown and herringbone.

Confidence and exaggerated opinion of self rarely form close companionship. Self-love usually begets disgust. Prayer and patience will extract pleasure from every day, no matter what its trials or sorrows.

Farm Laborers. Farmers desiring help for the coming season, should apply at once to the Government Free Farm Labor Bureau.

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