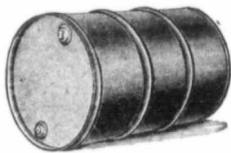


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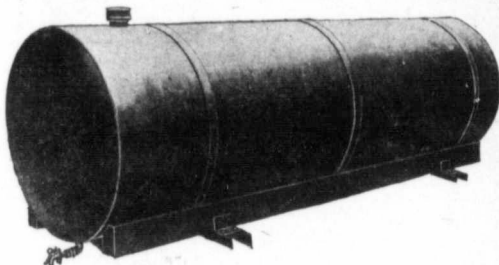
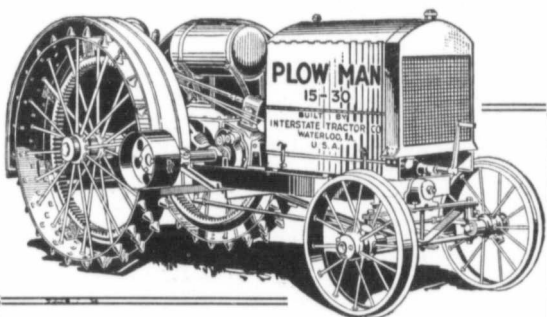
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Every farm where work is done by hand that a machine could do better is losing money. To any farmer, whether he has or has not used other tractors, The Plow Man will be a wonderful advance over his present methods. Don't look on it only as a means of plowing or threshing or other field work, but as a handy helper that will handle any machine on the farm cheaper, quicker and better than can be done in any other way.

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There are two sizes, a 13-26 h.p. (2-3 plow size) and a 15-30 h.p. (3-4 plow size). There's no room here to tell you all their good points, or their economical running—write for these details to-night, get our illustrated catalogues and folders.

ANNOUNCEMENT: The Plowman Tractor Company, Limited, Regina, is an associate company of the Minot Auto Co. Inc., of Minot, N.D., who have bought the factory of the Plow Man Tractor (The Interstate Tractor Co. of Waterloo, Iowa), and from now on every attention will be given to making the Plow Man the one best tractor with the one best service in Western Canada.

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Don't Fail to Renew your subscription if it has run out. There are Great Things Coming!

Picture Stories Are Aids

WHEN children get tired of their souvenir post cards, they can cut them up into odd shaped pieces to be put together again as puzzles.

My children get so much pleasure by making picture stories they have read or heard. They do it in this way: If the story is "Jack and the Bean Stalk," they look through different magazines and catalogues to find the pictures suitable to a certain character. In a flower catalogue they find a bean vine. In the advertising section of almost any magazine they find a boy for Jack. If they find one climbing he is fastened about half way up the bean vine. Then they look till they find a picture of a very large man which serves as the giant. If a picture of a castle can be found, that is placed right back of the giant at the top of the bean stalk. Another picture they enjoy making is Red Riding Hood. They find her in a fashion catalogue as a little girl in a rain cape which they color red with crayons. And the other characters and animals they find as I have described. This game has a value aside from amusement as it teaches them to observe closely and gives them good ideas in the placing of the objects.

We have lots of fun making tissue paper butterflies. Even my little five-year-old girl makes them. We get crinkled tissue paper and cut ovals about five inches long and two and a half broad. These we decorate with circles and spots and borders, with water color paint. When dry we run them into a clothes pin opening as far up as you can push them with the scissors, then spread out the wings and ruffle out the edges. Two ovals should be placed together to make the front wings double. We tie these about midway of the clothes pin with silk cord and they look as though they are flying.—Mrs. W. H. B.

I find that old catalogues from different mail order houses furnish pleasant occupation for children. The pictures may be cut out and pasted into home-made scrap books; they may be colored with crayon or water colors. The pictures of men, women and children may be cut out and used for paper dolls, and extra waists, hats and dresses can be cut for these dolls. Houses may be built out of blocks in which these paper dolls may be imagined to keep house. Children with their vivid imaginations can often act out regular stories with their paper dolls. My little boys like best to build barns, and cut out wagons, houses and automobiles to occupy them, although they rather enjoy furnishing stoves, milk separators and such things for the girls' kitchens. Mothers should find mail order catalogues very useful on rainy days.—Mrs. W. L. G., New York.

Artificial Food for Baby

IF baby's natural food fails for any reason, cow's milk suitably modified is the only practical substitute. The following formula is used by the New York city department of health:

Age three days to two weeks—Milk, 1 tablespoon; barley water, 3 tablespoons. Feed the baby 2 tablespoonfuls at first and increase until full amount, two ounces, is given at the end of two weeks. Feed baby every two hours.

Age two weeks to three months—Milk, 1 ounce; barley water, 2 ounces (two tablespoonfuls make 1 ounce). Feed baby this amount every 2 or 3 hours. Give only 7 to 8 feedings in 24 hours.

Age three to six months—Milk, 3 ounces; barley water, 3 ounces. Feed this amount every three hours. Give only 6 feedings in 24 hours.

Age six to nine months—Milk, 6 ounces; barley water, 3 ounces. Feed the baby this amount every 4 hours. Give only 5 feedings in 24 hours, the last one at 10 p.m.

Age nine to twelve months—Milk, 8 ounces; barley water, 2 ounces. Feed this amount every 4 hours. Give only 5 feedings, the last at 10 p.m.

Warm the bottle to about body heat, before giving it to the child, by placing the bottle in a dish of hot water. Use certified milk. Wash your hands before touching the nipple. XShake the bottle before using. Test the temperature by squeezing a drop on your wrist. Hold the baby in your arms while feeding and do not allow it to drink from the bottle longer than twenty minutes. If it does not take the whole feeding, throw it out and do not save it for the next time.

Barley water is prepared as follows: Take four heaping tablespoonfuls of clean pearl barley, add one and one-fourth pints of cold water. Boil in a covered dish, preferably aluminum, until reduced to three-fourths of a pint. Remove and strain through sterile gauze, macerate residue and strain again into a wide-mouthed bottle or a Mason fruit jar which has been properly sterilized. Cover and keep in a cool place. This may again be diluted with boiled water. Make fresh every day.

Sarcastic Cabby to stout old lady who has just paid the minimum fare, with no tip)—"Excuse me, madam, would you mind walking the other way and not passing the horse?"

Old Lady—"Why?"

Cabby—"Because if 'e sees wot 'e's been carrying for this 'e'll 'ave a fit."

Lady—"What is your aim in life, my good woman?"

Good Woman—"Me 'usband, gen'rally."