yed, the heart capillary circused."

n his " Clinical ol has not, like ch makes you seems to do t deficiency of of the disease." Ve can hardly an arrester of tly a controller ne rest of the , the effect of alcohol is to hosis, to make ice in healthy crises of evacuect is a diminn general, and umber. I do e to trace any alcohol, even for the minutsearches show continued use itality. What emark is, that the secondary vitality. We conclude that essentially a f the nervous t is clear that alcohol as in

us the experwho takes a ting stomach, ed consciousoility to light, n a peculiar h swelling of the upper lip y unlike a spur a patient at e, the same ness, and the of rigidity of sensation, is re of injured in the skull, of a sensitive sense be convigor."

Professor Binz, commenting on his 49 experiments on men and dogs, says: "Two circumstances are opposed to the extensive employment of alcohol in acute diseases-its effect upon the pulse, and its effect upon the tone and diameter of the vessels. Alcohol induces dilatation of the capillaries of various regions of the body, but especially those of the head, with great precision and certainty." Alcohol is a fruitful cause of consumption. Dr. E. Smith, in his work on consumption, says that "Gin drinking is one of the causes of phthisis." Even in a special case, where Dr. Smith prescribes rum, it is "in the dose of two teaspoonsful, i. e., one of alcohol to a half-pint of milk." In the examination of 1,000 patients, he found that 24 per 100 drank freely, and 48 per 100 smoked tobacco. Professor Trousseau, of Paris, calls the accredited prescription of alcohol, "Incendiary Therapeutics." Dr. Bell, of New York, has refuted the strange fancy that the use of alcoholic drinks protects from tuberculization, and Dr. F. R. Lees, F. S. A., in quoting Dr. Bell, says: "My own experience leads me to the same conclusion." Professor N. S. Davis, M. D., of Chicago, publishes the result of 210 cases of hospital and private practice, and says: "Of these, in one-third of the whole number, the tubercular disease commenced and progressed through all its stages, while the subjects of it were at the time, and had been from one to twelve years previously, habitually using either fermented or distilled spirits. I have never seen a case in which an apparent improvement under the use of alcoholic drinks was permanent. On the contrary, after a few months, the digestive functions become impaired, emaciation begins to increase more rapidly than ever, and in a few weeks arrives at a total prostration."

Professor Lehmann, in his Physiological Chemistry, observes that "When once the fact is admitted, that the first thing in many diseases is to furnish a copious supply of oxygen to the blood, which has been loaded with imperfectly decomposed substances, and to remove

as quickly as possible, the carbonic acid that has accumulated in it, these observations will have afforded us true remedial agencies which exceed almost every other in the certainty of their action. We should forbid the use of spirituous drinks, and not even prescribe tinctures, which hinder the necessary excretion of carbonic acid." May I not ask what sort of a disease can possibly require the continued use of a depressing agent? Dr. Crichtton Browne speaking of its use in certain cases of insanity, says: "Whether the beneficial effects are due to a check imposed upon excessive tissue changes. or to the disintegration of blood corpuscle, or to a hardening of the vascular walls of the blood vessels, cannot at present be determined." Dr. F. R. Lees, F. S. A., remarks on this: "One thing may however be determined at once-the insanity of the people who use such a powerful drug without clear vision and absolute necessity."

"Public writers," says the British Medical Journal, of May 16th, 1874, "are always insisting upon the need of pure air and sanitary regulations, who yet fail to see the important fact that the use of alcoholics violates both conditions." "Excess of carbonic acid," says one of them, "is the most discernable injury inflicted by communities upon open air, an injury revenged with fatal force upon the aggressors. In different air, taken from different parts of the same town, the amount may vary as much as from 9 to 29, and in this latter discrict, says Dr. Smith, the deaths rose to 4.5 per 100 of the population. It is remarkable that this is exactly the ratio of mortality amongst drinkers, while it is only one per 100 amongst abstainers, who will not live in bad districts. Much of the scrofula and consumption arising from defective nourishment of town populations are doubtless due to an atmosphere overcharged with carbonic acid." The drinkers of alcoholic liquors always keep their blood thus overcharged, and hence the excess in their death rate of 31/2 per cent. over that of abstainers as stated by Dr. Lees.