

JOIN THE **LADLAW** TEAM

FOR APPROX. 3 HOURS WORK A DAY

If you are 21 years of age or over and have extra time on your hands **YOU COULD EARN EXTRA MONEY**. The average school route takes only approx. 3 hours out of your day. If you have children, there is no need to hire a babysitter as you may take your children with you.

- Full training provided by competent staff (including a Defensive Driving Course).
- A 5-day work week gives you Saturdays, Sundays & Holidays free.



- If you have a valid driving licence.
- Extra charter-work available
- Work shifts, or attend class with time before or after classes or work.

30 Heritage Rd., Markham
294-5104
(routes available in Richmond Hill, Thornhill, Unionville and Markham areas)

For More Information, Call
LADLAW

120 Doncaster, Thornhill
764-6662
(for North York routes)

A New Experience Awaits You at
The "New" Alar

FLOAT CENTRE

168 Eglinton Ave East, 2nd Level, Toronto
(416) 483-9906

PUT PEACE BACK INTO YOUR BUSY HOLIDAY SCHEDULE

Imagine . . . lying in a spacious open basin filled with a warm solution of water and an old medicinal favourite — Epsom salts. The high density of the crystal-clear solution enables you to float on top like a cork. Suddenly, for the first time, you are no longer subject to the forces of gravity. Your muscles relax to levels never attained before, allowing you to enjoy a profound state of relaxation. Floating can rapidly and significantly decrease stress and anxiety by sharply lowering the levels of bio-chemicals related to stress, anxiety, tension, heart disease, and other stress-related illnesses.

The floatroom . . . equipped with audio and visual facilities, offers the perfect milieu to view neuromuscular sports training and relaxation videos. Audio programs, ranging from self-hypnosis training to personal and career development, enhance the individual sessions.

Emerging . . . from the floatroom, the floater experiences a heightening and intensifying of all senses, an increased ability to withstand and deal with stress, and a feeling that both the inner and outer world are renewed. **You will love it and so will your family and friends. Try it THIS HOLIDAY SEASON**



GIVE THE PERFECT GIFT OF PEACE
1 float session/gift certificate \$35 • 3 sessions \$90 •
• 5 sessions \$145 • 10 sessions \$250 •
\$5.00 off York community valid until December 31

1 HOUR REFLEX MASSAGE \$50 - 1/2 HOUR \$35
MASSAGE FLOAT COMBO \$75

We also offer you
a complete line of SYBERVISION AND NIGHTINGALE CONANT programs
Plus Reflex Massage and Accupressure—Float/Massage Combo

ALAR
FLOATATION CENTRE

OPEN
TUES—SUN 10-10

YA RIGHT!

BY AHM. N. OPTAMYST

The administration at York You has made a significant and progressive step to better the university experience of its students. Noman Crankles, the head of the Homeless and Fools Department at York You, held a press conference yesterday to announce two major changes.

First, BuyMeOut Foods (aka Marriott Foods) no longer has a complete monopoly on the catering services provided to York's community. While they do maintain control of the cafeterias, BuyMeOut no longer has the only authority on campus. Crankles said he did some personal shopping to gauge for himself the fairness of BuyMeOut's catering policies.

'I went to the grocery store, and saw that I could buy a case of 24 pop for under \$10. I was shocked to find out I'd have to pay \$19.20 for the same case from BuyMeOut.' Crankles went on, 'The crux of the matter came when I invited a guest lecturer to dinner with me on campus. For a simple dinner, I had to pay BuyMeOut close to \$60. That's when I decided we should talk, especially since the food didn't taste like \$60.'

The new policy liberates student groups to cater their own events with a company of their choice. This is especially welcome by those groups who desire non-Canadian foods. ButMeOut did not effectively service this community, since they could not prepare other cultural foods with any sort of authenticity.

The second change was in regard to the time limits of events held on campus. In the past, all events had to end at 1:00 a.m. Now, any event which is non-licensed, and held on a weekend (Friday or Saturday night) may end at 3:00 a.m. Said Crankles, 'We would like to believe that students on this campus are usually well behaved when not intoxicated. As such, we would like the students to enjoy themselves a little longer on the weekends. This time limit is probationary, however; if somebody messes up, it's back to 1:00 a.m.'

The administration, however, should be commended for finally making some humane movements. Hopefully this is the beginning of providing solutions for the concerns voiced by members of York's community. As it is, this is the first good thing we've seen all year.