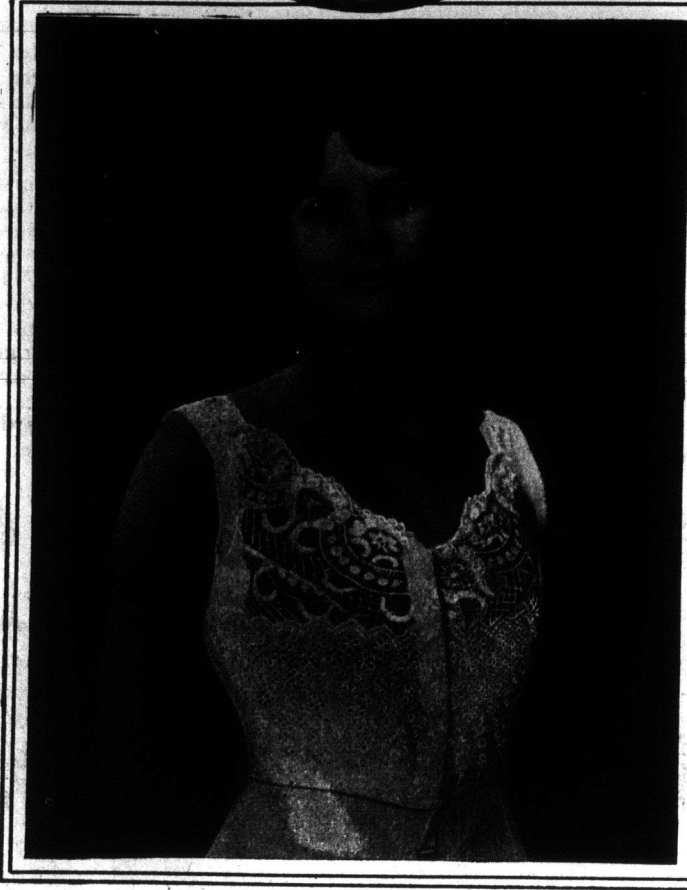






A very dainty piece of lingerie, designed to impart beauty and grace

D & A Good Shape Brassieres

are regarded as the last word in luxurious lingerie. They have the style, beauty and elegance so essential in these garments

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by the use of a good reliable cream and this you will find in my "Ideal" Velvet Cream which is neither sticky, greasy nor irritating. It will not grow hair on the face, prevents blackheads and chapping, rendering the skin clear, white and smooth. I make it myself and positively guarantee that nothing but pure oils and waxes are used in its composition. Try it and you will use no other. Price 50c per jar. Send for booklet "Health and Beauty" for further particulars.

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Stop all laundry troubles. "Challenge" Collars can be cleaned with a rub from a wet cloth—smart and dressy always. The correct dull finish and texture of the best linen.

If your dealer hasn't "Challenge" Brand write us enclosing money—25c for collars, 50c per pair for cuffs. We will supply you. Send for new style book. Made in Canada.

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the arm under a tab. The dress is finished at raised waistline. The pattern is cut in 3 sizes: 16, 18 and 20 years. It requires 7½ yards of 36-inch material for an 18-year size. The skirt measures about 3 yards at its lower edge. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

1786—A Neat and Simple Style. Gaiters, gingham, chambray, lawn, percale, drill, linene, corduroy, pique and linen, serge and silk are desirable materials for this style. The waist fronts are gathered under a square yoke. A wide box plait finishes the centre front, and under this the closing is effected. The sleeve may be in wrist or elbow length. The pattern is cut in 4 sizes: 6, 8, 10 and 12 years. It requires 3½ yards of 44-inch material for an 8-year size. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

Removal of Stains

Fingermarks and stains on porcelain, wood and windowpanes can be easily removed with coal oil and a soft rag.

To remove a fresh mildew stain wet in strong suds, cover with a paste of salt and soap, and put in the rain.

Remove grease stains on silk by rubbing gently with a piece of flannel saturated with benzine.

Very bad grease spots can be removed by soaking them in benzine and then placing them between double layers of blotting-paper and pressing with a medium hot iron.

To remove iron rust, dampen cloth, rub on cream of tartar, rub well, and let stand an hour, then wash.

Yellow spots on clothing are often due to acid; try immersing them in a weak solution of ammonia and warm water.

To remove stains and discolorations from tinware, try rubbing with a damp cloth, dipped in soda.

Ink stains may be removed from wood by washing the spot with a solution of oxalic acid. The deeper the stain the stronger the solution should be.

To remove paint from linens rub with turpentine then clean with French chalk dampened with alcohol.

When cleaning stained knives take a piece of new potato, dip it into brick dust and scour the knives; in this way the most obstinate stains will be removed.

Finger-mark stains on doors and cupboards vanish as though by enchantment when lightly rubbed with a piece of flannel dipped in kerosene oil. In order to take away the disagreeable odor of the oil, rub the door down with a clean flannel wrung out in hot water.

Refreshing Summer Drinks

A cool refreshing drink makes the hottest summer day seem, if not cool, at least less warm; and there are many kinds of summer drinks besides the well-known iced tea and iced coffee. Here are some of the best of them.

Fruit Punch.—Mix together one cupful of each water and sugar, boil them ten minutes, and skim the syrup carefully. Add one cup of hot strained tea, one cupful of any fruit juice that you prefer, and the juice of five lemons and six oranges. Add sufficient water to make a gallon, and serve it ice-cold.

Ginger Ale.—Put one quart of chipped ice into a gallon jug, add one pound of sugar and one tablespoonful of strong ginger, and shake the mixture well together. Add one pint of good cider vinegar, and fill the jug with water. Keep it on ice until it is very cold.

Raspberry Vinegar.—Pour two quarts of vinegar over four quarts of raspberries. Cover it, and put it in a cool place for two days. Strain the juice through cheesecloth, and pour it over four quarts of fresh berries. Set the mixture aside again for two days, then strain it a second time through cheesecloth, and add three quarts of sugar. Heat it slowly, and skim the liquid until it is clear; then boil it twenty minutes. Seal it in sterilized bottles. When you serve it, use tablespoonfuls of the syrup to a glass of ice water. It is a most refreshing drink on a hot day, and will keep for years.

As a vermicide there is no preparation that equals Mother Graves' Worm Exterminator. It has saved the lives of countless children.

HEALTHIEST ONE IN THE FAMILY

No Sign Of Dropsy And Kidney Trouble Since Taking "FRUIT-A-TIVES"



HATTIE WARREN

Port Robinson, Ont., July 8th, 1915.

"We have used "Fruit-a-tives" in our house for over three years and have always found them a good medicine. Our little girl, Hattie, was troubled with Kidney Disease. The Doctor said she was threatened with Dropsy. Her limbs and body were all swollen and we began to think she could not live. Finally, we decided to try "Fruit-a-tives". She began to show improvement after we had given her a few tablets. In a short time, the swelling had all gone down and her flesh began to look more natural. Now she is the healthiest one in the family and has no signs of the old ailment. We can not say too much for "Fruit-a-tives" and would never be without them".

WILLIAM WARREN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit a-tives Limited, Ottawa.



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Sent on request. Ask for my "pay-when-reduced" offer. My treatment has reduced at the rate of a pound a day. No dieting, no exercise, absolutely safe and sure method. Let me send you proof at my expense. Dr. R. Newman, Licensed Physician, State New York, 286 Fifth Ave. New York, Desk C-1

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