

in the hope of becoming Buddhisattwas and the Taoists sat in contemplation in order to attain life of longevity. What did the Neo-Confucian philosopher hope to become through his quietistic meditation ? They sought to find through introspection that rapturous state of freedom from all emotions and desires, not knowing that that was the most sterile heritage of the mediaeval religions they had fought to overthrow. The more they looked inward, the less they knew the world with its real suffering, misery, and agony. And for seven or eight hundred years they have continuously laboured to perpetuate the effort of the mediaeval religions to create a static and lifeless nation and civilisation.