Examples include: mandatory and optional invitations to observe specified activities (with information about the activity) and rules of conduct for observers and hosts)

Type B: Constraint CBMs

(1) Inspection Measures (provision of opportunity to inspect and/or monitor constrained or limited military forces, facilities, structures, and activities)

Examples include: special sensing devices, special observers for sensitive movements, on-site inspections. The "Open Skies"-type observer-inspection mission constitutes a special case, combining elements of the observation and inspection measure type. The inspection is not limited to a constrained facility or activity;

(2) Non-Interference (with verification) Measures;¹

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(3) Activity Constraint Measures (provision of assurance to avoid or limit provocative military activities)

Examples include: no harassing activities such as "playing chicken" on the high seas or near territorial boundaries;

(4) **Deployment Constraint Measures** (provision of assurance to avoid or limit the provocative stationing or positioning of military forces)

Examples include: no threatening manoeuvres or equipment tests, no threatening deployments near sensitive areas (such as tanks on a border), equipment constraints such as no attack aircraft within range of a neighbour's rear area territory, manpower limits, nuclear free zones;

(5) **Technology Constraint Measures** (provision of assurance to avoid or limit the development and/or deployment of specified military technologies, including systems

1. Note that "verification" has an ambiguous status in a confidence building agreement. Verification is a fundamentally unilateral activity that can be *facilitated* by provisions in a confidence building agreement. According to this view, verification provisions provide the opportunity and right to verify compliance but they do not constitute verification *per se*. Facilitating verification has a positive confidence building impact.