## The <u>Real</u> Cure for Constipation and Piles

No, this does not consist of some special or new form of Drug, because drugs are not a permanent cure for Constipation. The *real* cure for Constipation is something that will appeal at once to your commonsense, because this cure consists simply of pure sterilized water.

The sufferer from Constipation usually realizes the danger of his affliction because from Constipation arises the vast number of more serious diseases brought about by the retention and promulgation of germ life in the system, in turn caused by our failure to get rid of this waste.

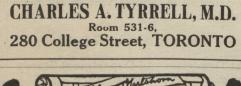
Such a sufferer has probably tried all kinds of drugs and his experience is enough to prove that drugs form only a temporary relief and require constant use in constantly increasing doses to be at all efficacious. The sufferer greatly adds to his illness by becoming a slave to this drug habit.

How much simpler and saner is this method of Dr. Charles A. Tyrrell, inventor of the J. B. L. Cascade—an appliance now endorsed by physicians everywhere and used by over 300,000 people. With this system of the internal bath. you dispense with drugs entirely and you secure a perfectly natural treatment that brings about immediate relief and gradually attains a sure and permanent cure.

Hundreds of people have enthusiastically endorsed this treatment as Mr. E. Nighswander of Green River, Ont., who writes:

"For years I have been troubled with constipation, ulcers in the bowels, and piles which all the money and doctors only seemed to relieve temporarily. The J. B. L. Cascade has completely cured these troubles and I feel it a duty I owe my fellow-men to endorse the Cascade, in the very highest terms. No amount of money could estimate the value it has been to me. No home should be without a Cascade,"

Write today for Dr. Charles A. Tyrrell's book, "Why Man of Today is Only 50% Efficient." We will gladly send you this free if you will address



Stewart Hartshorn on label. Get "Improved," no tacks required.

**Tin Rollers** 

HARTSH

SHADE ROL Bear the script name of

Wood Rollers



THE "KALAMAZOO" Binder has practically overcome every objection that has ever been offered against the loose leaf idea.

There is no comparison between it and any other binder now known. Its capacity is greater than any other. It requires no padding with unnecessary sheets.

The writing surface is firm and flat. Sheets are easily inserted and removed.

Leaves are kept in perfect alignment.

There are no exposed metal parts to injure the desk.

Don't remain dissatisfied with Loose Leaf Systems. Let us show you what the "Kalamazoo" binder will do.

Booklet "C.M." describes it and tells you who are using it. Any of them can tell you why.

