

are *ex-officio* Vice-Presidents of the Provincial Association, provided, of course, that they are members of the latter body.

Will Secretaries of Local Associations, therefore, send me official notice of the formation of such bodies, together with the names and addresses of Presidents thereof?

A. W. KNEELAND,
Corresponding Secretary,
P. A. of Prot Teachers.

32 Belmont street,
Montreal.

OUR FLAG.—We are asked by an esteemed correspondent to give the meaning of the emblems or designs upon our Union Jack and to give the origin of the three crosses.

Until the year 1606 the red cross of St. George, the patron saint of England, was England's flag. In consequence of the union of 1603, King James the first ordered that a new ensign be used which should blend the red St. George on a white ground with St. Andrew's white diagonal cross on a blue ground.

This flag is known as the first Union Jack, it being said that its name was derived from King James, or Jacques.

In 1801 our present Union Jack was designed by blending the red, diagonal, cross of St. Patrick, on a white ground, with the previous crosses.

It would be a good idea to have the pupils draw the Union Jack, indicating the colors, or displaying them with colored crayons.

Practical Hints and Examination Papers.

The talent of success is nothing more than doing what you can do, without a thought of fame.

LONGFELLOW.

"We are so busy *earning a living* that we have no time to *live*," says some thoughtful student of life.

We live in deeds, not years; in thoughts, not breaths;

In feelings, not in figures on a dial.

We should count time by heart throbs.

He most lives

Who thinks most, feels the noblest, acts the best.

BAILEY.