resignation. No doubt their loving Master has accepted their sacrifice and given them the reward of the religious obedience and good works." There were many tributes to these faithful priests noted by our Catholic contemporaries. The best, which seems to be unnoticed, appeared over the name of Alban E. Ragg, in a secular newspaper—the News, of Toronto, Ontario. Therein we were told that

"Heroes they died at their post, Brave and true to the last; Helping the weak to abide Till the darkness had past.

Alone they stood and were strong When the Angel swept by; Comfort they gave to the souls Who were waiting to die.

Nobly they offered their lives
To the God they loved best,
And humbly awaited the end,
Then sank to their rest."

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On August 28 we celebrate the Feast of the Most Pure Heart of Mary—the titular feast of the Carmelite Province of the United States and Canada.

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A famous French physician, Dr. Maurice de Fleury, gives among his rules for the cure of indolence the following efficacious recipe: "To regulate, as the monks do, the twenty four hours. Therein lies the condition of intellectual peace." So, after all, we look to the lazy monks for our model.

## Mary the Model.

Many are the tributes paid to the holy Mother of God. Amongst the latest we find the Blessed Virgin pictured as the model of true womanhood by the rector of St. John's Episcopal Church, in Waterbury, Conn., Doctor Riley. Some of the words are worth

quoting. Mary is the model of human society-for "she was gentle, retiring and modest." says the Doctor. "She was a true woman, while never weak, The example of Mary has made womanhood what it is. True womanhood devotes itself to the silence and the sweetness of the home. She was always Mary, and even though she were a reigning princess, she would be the same. I commend to you Mary, that most blessed among women, whom all generations call good, as the model, the woman to love and keep before you. Young men and women have no idea of how they are drifting. If one has the ideal of honor, how thankful he or she may be to God. The ideal may be the brave and true, the chivalrous : or truth, dignity or uprightness. Use your gifts well, and to whatever place you are called perform the duty with the sweetness of Mary, so that you may be a benediction. A good woman is the companion and solace of man. Womanhood is beautiful, when one thinks of it on all of its beautiful sides. Beware of false ideals. Womanhood is content to abide where God has wished to place woman. Remember the model, Mary, and you cannot have a false ideal."

## The Church Triumphant.

The present war has laid bare the truth in many quarters. Indeed, we have the key to the hatred towards the friars and the Catholic Church, which exists in the Spanish colonies, particularly the Philippine group. Freemasonry, the secret and malignant foe of the Church in all places, especially in the Spanish Americas, has done its best "to undermine the religion of the people," says the Catholic Union and Times, "inspiring the young men with