

THE HOME

WHEN BABY IS TAKEN QUEERLY.

A few months ago, while enjoying the comfort of tea at home with my family the bell rang furiously, and a disheveled housemaid cried: "Come, doctor, as quickly as you can. Baby is taken so queerly."

As the house was very near I was soon with the little patient, and discovered the lady of the house much disturbed during the progress of a Sunday afternoon tea.

A cursory glance through the room revealed a dozen women of ages varying twenty-five to fifty, and the young mother, the centre of an anxious group, holding in her arms a child in the throes of convulsions. To plunge the baby in a warm bath, ninety-two degrees Fahrenheit, put cold water to its head was the work of a moment, and I said to myself: "I wonder why in the world no one of these women knew what to do? Some of them are surely grandmothers."

Reader this is no uncommon experience for a physician, and I do certainly feel that lessons for mothers would be incomplete without some thought given to possible emergencies of this sort, and so this paper will be taken up with very practical details; and, in advance I earnestly hope for each one of my readers an opportunity to put the suggestions in practice.

And first concerning convulsions or fits. An attack of this sort may be the forerunner of very grave disease and, as such, indicates a severe type of the malady. Diphtheria, scarlet fever, cerebro-spinal meningitis, even pneumonia and dysentery, are sometimes ushered in. Dentition is accompanied by convulsions, especially in children of nervous temperament, and often from overloading the stomach a sensitive child may be thus affected.

The conclusion, whether arising independently or as a precursor of another disease, is usually preceded by some characteristic symptoms. The mother, if she have the habit of observing her child with care, will notice irritability, restlessness, drowsiness, and a sort of staring expression of the eyes, and she wonders why John or Harry, Ruth or Jane, has changed so much. The truth is, the little one simply feels uncomfortable, and does not know exactly what is the matter; and the convulsions may come like a streak of lightning out of a clear sky, and may even follow a little disturbance caused by the mother's ill-temper or a nurse's hasty word.

The indications are unmistakable. There is a peculiar, fixed, staring expression, a cry pitched very high, and seeming to have no reason in it, the thumbs are drawn toward the palm of the hand, and toes are rigidly fixed, and consciousness is lost; the body seems rigid, breathing irregular face at first pale, then livid and congested. This lasts what seems a lifetime to the loving mother, but it is only a minute, then all the muscles of the body alternately relax and contract, and a froth oozes from the lips. The breathing is very irregular, and occasionally the little one catches the tongue between the teeth, and with foam which exudes from the lips some little blood may come.

An attack of this sort is not necessarily grave, but it should certainly cause the mother to send at the earliest possible moment for her doctor, although the best of the work can be done long before the doctor comes, and it is my privilege to suggest some of the simpler treatments which can be attended to in the meantime.

Get some hot water quickly as possible, sprinkle a little mustard in it and be careful the water is not too hot, for fear of accident. Remember ninety to a hundred Fahrenheit is about right; better begin with ninety degrees, and gradually increase. Cold cloths should be placed on the head, and this should be kept up, with the bath, for about ten minutes, or until the child shows symptoms of recovering consciousness; then have it gently wiped, rolled in a warm blanket and put to bed.

It is always safe to use some little emetic, like salt and water; and if the pulse seems weak, rub wrists and ankles briskly, to stimulate the circulation.

In the early part of my life I had a very grave experience with a child who was never able to eat an Irish potato. One or two meals of baked or boiled potato would be quite sufficient to set the little fellow in convulsions. The frantic attempts of the family to save him from what seemed to them imminent death annoyed me very seriously, since the whole difficulty could have been avoided had only some care taken in regard to the child's diet; and this is the rule which can be too often repeated: Find out what disagrees with your child, and have the courage to forbid such diet.

So much for the convulsions. The next cause for anxiety is the colic, which often makes night hideous for many a father and mother, and makes also, of the child, who ought to be the joy of the house, a trouble and care. When a baby, apparently in perfect health, wakes from sleep with wild cries, the first thought of the mother is: "Surely baby is hungry;" and her first impulse is to supply needed nourishment. I would most earnestly beg that no one would be so unwise as to supply food to the poor little stomach which protesting by pain against some cause of discomfort. Because a baby cries, that baby is not necessarily hungry; and ordinary wisdom would lead the mother to inquire what indications there were in the movement of the child to suggest the cause of this cry.

Baby may be thirsty, therefore give him a drink. Baby may be cold, warm his feet and bowels. But if these simple remedies do not avail, then unbutton his clothing and look at his abdomen, and if you have a case of colic, you will see a swollen and sometimes knotted condition of the intestines underneath the abdominal walls. This knotted condition is due to the accumulation of gas, caused by imperfect digestion, and as the hand presses on the abdomen the pain is relieved.

Baby naturally draws his legs up when in pain; then, because this gives him no comfort, he sticks them out again; and also kicks, and throws himself about, and emits short, sharp piercing screams, and the little face indicates extreme suffering. Hands and feet may be very cold, and common sense would suggest that an extra heat should be applied; so place the baby on your lap, flat down on its abdomen; let the toes come as near as possible to the fire, rub the back gently, placing the tips of the fingers toward the sides, kneading the abdomen from behind toward the navel.

Half a teaspoonful of hot and slightly sweetened water will be a comfort to the little sufferer, and when the child is tired of lying on its face, turn it over toward the right side, but rarely to the left or on its back, because a person lying on the left side or on the back increases the tension of the abdomen. Our grandmothers used catnip tea and fennel seed tea, but the advantage derived from these decoctions was really from the quantity of heat given internally to the baby to supplement external warmth.—New York Ledger.

TO SAVE THIN STOCKINGS.

The popularity of thin stockings, which include lisle and silk, has caused individuals and firms to invent all kinds of guards to make these thin stockings wearable. The woman who indulges in them has added two or three kinds of "harness" to one pair of stockings, but she makes by it in the end, for her stockings last longer, and they do not show the large darns, which are not attractive. The first protection is a round chamois pad, which is attached to the end of each-corslet elastic and goes between the top of the stocking and the steel hook. The pulling of the stocking comes against the chamois instead of the metal, and, therefore, one does not have those unightly "Jacob's ladders" which ruin the best stockings ever made.

Another safety device is a toe guard of knitted silk. This comes in white only, and it can be worn under any color of stocking without showing because of its shortness. This catches the impression of the toe, and the silk stocking escapes.

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LAUGHING AND SMILING ARE THE KEYS TO HUMAN NATURE.

Laughing and smiling are keys to human nature. Study a man's laugh, watch him smile and you will know more about him than you could know by listening for hours to his talk.

There are frank smiles, sour smiles, crafty smiles, cruel smiles, tired smiles, sickly smiles. Study them and learn to know them. Laughter describes character. The loud laugh sometimes does betray a vacant mind out sometimes it tells of superabundant health or of another nationality. A laugh natural and pleasing in an African might surely indicate intoxication in a certain type of white man, and the charming laughter of Italy or Southern France might mean insanity in some cold Northern being. Remember also that smile and laughter tell not only of different characters in different men, but tell also of the condition of the individual.

You can learn as much about a man by watching him smile as in any other way. In anger man becomes brutal, the animal comes to the surface, and you see little of the man hidden by the animal. In tears all men seem weak and foolish. Weeping with the majority of men is a lost habit. We no longer express emotions as they were expressed in the old days, in the famous song of Roland, for instance, when "One hundred thousand men fall to the ground fainting," as they see the dead body of Roland.

Smile and laughter carefully studied will tell you more about a man than any other study, except possibly the study of man in a serious, concentrated mood, the mood that tells whether it is really a man or only an imitation that you are studying.

Laughter makes life cheerful, drives away the blues; only, like happiness, it is contagious. Cultivate contagious happiness, and thus fight contagious disease.

All Backache, and Distress from Out-of-order Kidneys or Bladder Trouble will vanish and you will feel fine. Lame Back, Painful Stitches, Rheumatism, Nervous Headache, Dizziness, Sleeplessness, Wornout, Sick Feeling and other symptoms of Sluggish Inactive Kidneys and Liver disappear, Smarting, Frequent Urination, and all Bladder Trouble ends. FIG PILLS go at once to the disorder. Kidneys, Bladder and Urinary System, and complete a cure before you know it. There is no other remedy, at any price, which will effect so thorough and prompt a cure as a 25c. box of FIG PILLS. Only curative results can come from taking FIG PILLS and a few doses mean clean, active, healthy Kidneys, Bladder and Liver—and no Backache.

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DESTRUCTION AND DEATH BY FLOOD AND FLAME.

New York, Aug. 1.—A cable from Changhai, China, received yesterday by the Christiana Era, indicates that the relief expected in the famine stricken crops had been minimized by another flood.

"All Yantse valley flooded; awful destruction and death; terrible famine this autumn," the cable read.

A well-known Des Moines woman after suffering miserably for two days from bowel complaint, was cured by one dose of Chamberlain's Colic, Cholera and Diarrhoea Remedy. For sale by all dealers.

EMPERESS A TOTAL WRECK.

(Canadian Press Despatch.)
Tokio, July 28.—It is believed that there is no hope of saving the Canadian Pacific Railway Company's Steamer, Empress of China, which struck on a submerged rock on Aug. 5, while trying to make the port of Yokohama yesterday.

Keep Off the Grass

Obedience—the Best Lesson That a Boy Can Learn—Scouts Urged to Stick to Rules.

(By A. Cooper.)

You cannot walk in any public park in England, I suppose, without seeing the sign, "Keep off the grass."

There are a good many orders like that in life—definite orders, unmistakable regulations, things which we must do, or suffer the consequences of disobedience. It is right that it should be so. Life is not a play-game. It is intermixed with play, but its main part is made up, or ought to be of self-denial, of doing hard, unpleasant, and irksome things and obedience is the best lesson which a man or boy can learn. This is why the scout movement is such a good thing for boys; it teaches them discipline, self-control, attention to details, and, above all, it rubs in the fact that without obedience and strict attention everything in this world would soon be in a hopeless jumble.

Of course, there have been cases of glorious disobedience. I would like to ask a company of boys if they can think of such a case.

If I had been asked when I was a boy, I think I should have said, "Yes, the most glorious case of disobedience in the world's history was when Nelson put his telescope to his blind eye and pretended that he could not see the signal 'cease action,'" at the battle of Copenhagen, and thereby won a great victory for his country."

But we must not forget that such a glorious instance of disobedience is the exception which proves the rule, and the rule undoubtedly is, obey orders and ask no questions.

"Theirs not to make reply, Theirs not to reason why, Theirs but to do and die."

Is not that the true spirit of the soldier? Is not that the sense of discipline which not only wins battles, but causes the country which possesses such splendid men to take the front rank in the world?

What do you think would become of our Navy if every officer in it were to take Nelson's one act of glorious disobedience as his model in his service for his country? Why, we should not be able to sleep at nights for fear of invasion, we should not be able to trust our Navy for five minutes.

It is its manly discipline which makes our navy what it is. Obedience is better than guns or armour-plate or Drednoughts. It is not so much the sun that matters, but the man behind it.

No one knows better than a soldier or a sailor the value of this respect for commands and regulations, even though they seem to be irksome and to be a fetter upon personal liberty.

You remember the old story about the Duke of Wellington and the farmer's boy at the gate. Waterloo had been fought and won long years before that little episode occurred, and you might have thought that the old Duke had forgotten the value of discipline, but he had not. He was out fox-hunting and wished to pass through a gate at which a boy stood with a hay-rfork in his hands. "Now, my boy," he shouted, "open the gate."

"Can't, zur," said the boy. "Can't said the Duke, 'but you must.'"

"Sorry, zur," said the boy "but master said if it were the Duke of Wellington himself, I wurnt to let 'um through."

The Duke laughed, gave the boy a shilling, commended him for his sturdy defence of the gate and rode round another way.

Of course, keeping off the grass is a very trivial matter, but the principle which underlies it is not trivial, it is the most important thing in life. In fact, duty is made up of pebbles and clods of earth and rocks and sand and soil. These are all very trivial things in themselves, but they make a mighty impassable barrier.

A boy who does not obey his mother or his teacher will not obey his conscience when he gets older, and will not conform to the ways, rules, and laws of his country. He will want to go his own way, and it will end in disaster. He is sure to become a cropper. He is sure to tumble into one of the ditches of life. He has never learned to "keep off the grass" and he will find that things which seemed trivial once are far-reaching in their effects on his character and his life.

There is a wise saying that it is well that a boy should feel the yoke in his youth. It is perfectly true. What good would a horse be if it was never broken in?

Depend upon it, the boy who is determined to do as he likes and obey nobody, is the boy who, sooner or later, will have to do what other people like, and obey everybody whether he likes it or not!

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20 per cent. off All Ladies' Whitewear.

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A few white Skirts left, good value, from .60 to \$1.50

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Only one left, \$2.40 marked down to \$2.00

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DAILY AIR-SHIP FLIGHTS AT HALIFAX EXHIBITION.

The Annual Nova Scotia Fair, which Opens on August 30th, Will be a Happy Blending of Amusements and Educational Features.

The dates of the great Exhibition at Halifax are rapidly approaching. On the 30th of this month the Industrial Fair, of which the Province is so justly proud, will open its gates at Halifax. For the past couple of years the Commission having the Exhibition in charge have devoted themselves exclusively to what might be called the legitimate features or the educational aspect of the Fair. This side of the Exhibition will not be neglected in the coming Exhibition. The education exhibits in manufactures and our natural resources will be magnified and made the most of, but the Commission will see to make the amusements connected with the Fair a source of real attraction. Education and amusement will be combined in a happy way without the sacrifice in any respect of the one for the other.

A salient feature of the amusement programme will be the air-ship flights by Frank B. Goodale, an aerial aviator twenty-three years of age. The newspapers of the United States have devoted a great deal of space to the splendid work of Mr. Goodale, who will make daily flights from the exhibition grounds at Halifax, and who will be seen as an aviator whenever the wind is not blowing more than twenty miles an hour. Besides Mr. Goodale the Commission have secured seven good vandaville acts.

There will be horse racing on every one of the seven days of the exhibition.

WHEN ANSWERING ADVERTISEMENTS PLEASE MENTION THE MONITOR-SENTINEL

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1897 A. No. 661

IN THE SUPREME COURT

Between

JOHN BROWN, (since deceased) Plaintiff
and
M. C. MARSHALL, Defendant.

TO BE SOLD AT PUBLIC AUCTION ON SATURDAY, the 26th day of AUGUST, at the hour of three o'clock in the afternoon, in Clarence, in the County of Annapolis, at the dwelling house on the hereinafter described premises, under and by virtue of an assignment under "The Collection Act" made by M. C. Marshall, the defendant herein, under the decision on appeal, of the Honorable Sir Charles Townsend, Chief Justice, to Bessie H. Kerr and Katie Brown, Executrices of the estate of John Brown, the plaintiff herein, now deceased, in trust for the payment of the amount due on the judgment obtained by the plaintiff herein—said assignment bears date the 18th day of July, 1911.

All the right, title and interest of the said M. C. Marshall, assigned as aforesaid, of, in, to and out of the undivided half part of all that certain piece or parcel of land and buildings thereon, situate lying and being in Clarence aforesaid, bounded and described as follows, namely—Beginning on the north side of the Middleton and Victoria Beach railway, and at the east line of lands formerly owned by John Roney; thence running easterly along lands of the said railway, until it comes to a point fifteen rods distant at right angles from said Roney's land; thence northerly and parallel with Roney's line fifteen rods distant therefrom, until it comes to the north line of said farm lots on the North Mountain; thence westerly to the said Roney's land; thence southerly along said line to the place of beginning.

TERMS.—Cash at time of sale.

BESSIE H. KERR and KATIE BROWN,

Executrices of the Estate of John Brown, deceased.

Daniel Owen, of Owen & Owen, Solicitor of Bessie H. Kerr and Katie Brown.

Annapolis Royal, July 26, 1911.

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