## PATRIOTIC WORK, OPEN DOOR FOR WOMEN AND FOOD VALUES PROVIDE SUBJECTS FOR ADDRESSES TO WOMEN'S INSTITUTES HERE

Extending a welcome on behalf of a corps of Girl Guides. Bothwell, in la lot of punishment yet. We must just the Local Council of Women and affiliated societies to some 400 delegates attending the opening session of the soldiers with socks. Palmyra has a line out plows and hoes and trowels and wondered what would happen if such the larger wondered what would happen if such well are a larger wondered what would happen if such the larger wondered what would happen if such larger wondered what wondered what would happen if such larger wondered what wondered w third annual convention for Western large membership of girls. Aylmer has the implements Ontario of the Women's Institutes of raised \$329 and has held a demonstra- weapons of war." Ontario, Mrs. H. A. Boomer struck tion course in canning of vegetables what is apparently to be the key-note and fruits. of the convention when she impressed the thought that patriotic service in whatever gulse must be regarded the supreme duty at the present time.

"We are all all a guests of the day, the inembers of the institutes, paid a tribute to the institutes, paid a tribute to go to the front, those who cannot be supreme duty at the present time.

"We are all all all a guests of the day, the inembers of the institutes, paid a tribute to go to the front, those who cannot be sperred, and those who will not go, the sperred and those who will not go, the slackers."

programs at our several meetings, exerted in homes in this city, especially afternoon by a solo. Following the however long our list of have-to-be- of people from other countries, to program afternoon tea was served in dones' between whiles, we can and must and will make room for the one thing more which the exigencies of this cruel war demands of us.

of people from other countries, to whom Canadian ways of housekeeping are unfamiliar.

Open Doors For Women.

It was a characteristically humorus.

fiving up their men, Mrs. Boomer for Women," and in this connection she sided.

the remaile could learn. She passed examinations not disgracefully, and took her place as the comrade of man in vears connected with the chemistry deverse conn his gratification that Institute mem-bers throughout the province have

"Many men returning home will take up their residence in the rural districts for the first time," he said. "They will not be satisfied with office and factory life after the open, free life of soldiering. With them to the rural districts will go settlers from other parts of the Empire and from the Allied countries engaged in the war. It will be necessary in the rural life to provide social, educational and suppose the said. "How many women who are busily employed now and receive adequate financial returns, are to be satisfied to drop out after the war? In Toronto I asked for a certain kind of clock. They told me they couldn't get it any more. It had been 'made in Germany.' And stockings, Why not make the same kind of stockings formerly shipped in from Germany, only a little improved? Why in the most expensive foods we buy it to day are proteins. "Fat and carbohydrates are fat formers and heat and energy producers, fe to provide social, educational and conomic opportunities which will not turn munitions factories after the war into factories to manufacture goods.

A growing person requires more pro-

them content with the prospects formerly shipped into the country?

In connection with announcement of nt time, or will be available for the

tions of fruit, vegetables and clothing, was a splendid thing of Britain to take Prof. Harcourt submitted tables to also assisted in school fairs. From this such care of her citizen. district was sent an appeal for better protection of feeble-minded girls. The if she were foolish enough to get in, bear out his argument.

Emergency Ne if she would just have to get in, Mrs. Gordon Wright, if

Welcomed by Mayor.

Woman's Place.

"It is not the rallying of our manwood only which is imperative at this crisis of our history. Our King calls on the occasion of a reception tendered Brown of the headquarters staff and how much the boxes and on the occasion of a reception tendered the delegates attending the Western definite place which women can fill."

Touching upon the sacrifices which women are called upon to make in women are called upon to make in the delegates attending the Western Ontario Women's Institute convention by the Women's Canadian Club. The them which she chose was "Open Doors deputy minister of agriculture, pre-

and more to be done for the Red Cross in remembrance of those who have made the supreme sacrifice.

"Try to be Kinder" was a motto which she urged the Institute workers to take with them during the coming year.

In his address outlining plans of agreesive work for the present and for years to come, substituted for an any years to come, substituted for an any years.

The likenesses between women are far greater than the differences, and these greater issues and do more if required. Mrs. C. Maison of Exeter read the greater issues and do more if required. Mrs. C. Maison of Exeter read the report of the work in this district, a time when it became possible for women to get an education, and the discovery was made of the marvel that the female could learn. She passed examinations not disgracefully, and took.

The doors of education opened very slowly to women. There actually came a time when it became possible for women to get an education, and the discovery was made of the marvel that the female could learn. She passed examinations not disgracefully, and took.

To BE DOMINION - WIDE

continuing, Mr. Putnam touched upon problems of readjustment which must inevitably arise after the war, dwelling upon the responsibility of the many many men returning home will take up their residence in the rural districts for the first time," he said, than either said and returns, are to be satisfied to fithrough patriotic work, the work which of all work is the most imperative. In this connection he referred to the way in which the value of the service of the way in which the value of the service of the Women's Institutes is becoming more and more appreciated, one reason for the many patriotic calls sent out to them in the past two years of war.

Continuing, Mr. Putnam touched upon problems of readjustment which must inevitably arise after the war, dwelling upon the responsibility of the trail women in this connection.

Rural Life Popular.

"Many men returning home will take up their residence in the rural districts for the first time," he said. Chances for Women,

and of the city, Mr. Putnam do what we can that munitions may go food values are the basis out as one good thing which over for our men to combat the foe, if Meat for Protein.

the ones which were also keeping touched upon what has been and is Rolled oats show the greatest fuel at least a part of the regular In- being accomplished by the various value on the list, and as compared with You may object that you have not Council, Imperial Order of Daughters times greater as a heat producer."

disconary Society.

"They say women don't know anyincreased number in the community
interested through the courses has enthird them to courses has enthird them to courses has enthird them to course has been that the
"The wonder is to me that the poor
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that the poor the institutes which the amount of their pensions or at best were without them for years. In other cases
pensions were received that were based
on the poor the institutes which the poor
that the poor the protested.

The wonder is to me that the poor
that the poor the institutes which the poor the protested that the poor
that the poor the protested the protested the protested that the protested t

Ottawa is doing a work which possibly investigation found it did not, but he things, would not be so successfully accom- thought on the other hand it improved tiser.

beffer prices for the former and lower cost of living for the latter, through elimination of "the middle man."

Mrs. Coutts of Thamesville, substituting for Mrs. J. W. Trestain of Clachan, presented the report of the Elgin, Essex and Kent Women's In
Investigated at once, and secured for the sequence of the post of the sequence of the control of the post of the sequence of the post of the sequence of the post of the canadian with the sequence of the post of the sequence of the post of the sequence of the canadian with the pread?"

"Is rye bread any more nutritious was a question from another woman.

"I do not think so, and its composition does not show it."

Why should women want the vote? This is a subject taboo for Women's Institute members, so institute members, so institute members, and the canadian with the pread?" was a question from another woman.

"I do not think so, and its composition does not show it."

Why should women want the vote? This is a subject taboo for Women's Institute members, so institute members, so institute members, and the vote? This is a subject taboo for Women's Institute members, so institute members, and the vote? This is a subject taboo for Women's Institute members, so institute members, and the vote? This is a subject taboo for Women's Institute members, so institute members, and the vote? This is a subject taboo for Women's Institute members, and the vote? This is a subject taboo for women's Institute members, so institute members, and the vote? This is a subject taboo for women's Institute members, so institute members, and the vote? This is a subject taboo for women's Institute members, and the vote? This is a subject taboo for women's Institute members, and the vote? This is a subject taboo for women's Institute members, and the vote? This is a subject taboo for women's Institute members, and the vote? This is a subject taboo for women's Institute members, and the vote? This is a subject taboo for women's Institute members, and the vote? This is a subject taboo for women' Elgin, Essex and Kent Women's Institutes,
Clachan branch, she reported, has devoted much time to Red Cross effort, ably assisted by the young girls, and army of 20,000 might great a support of the continuous and the cont amy of 20,000, under Gen. Napier, was composited by the young girls.

Concerning child welfare, the West sent to get him out. This was accomplished; the general was made a lord, and the king of Abyssinia suicided. It as from the more expensive foods." army of 20,000, under Gen. Napier, was foods today that would be much cheapparty of the collegiate cade

the year amounted to more than \$4,000. She would just have to be smart upon the emergency corps, outlined the year amounted to more than \$4,000. mmenting upon this Mrs. Coutts "A young woman down east, having socks and shirts, but the greatest nee

Miss Blanche Rose, a well-known actress, who darkened her strey hair with a simple preparation which she mixed at home, in a recent interview at Chicago, Ill., made the following statement: "Any lady or gentleman can darken their grey hair and make it soft and glossy with this simple recipe, which they can mix at home. To a half-pint of water add I oz. of bay rum, a small box of Orlex Compound, and it oz. of spart with a small box of Orlex Compound, and it oz. of spart with can be bought at any drug store at very little cost. Apply to the hair twice a week until it becomes the required shade. This will make a grey-haired person look 20 years younger. It is also fine to promote the growth of hair, and refleves itching and daudruft."

Miss Blanche Rose, a well-known actress, who darkened her strey hair and make to serve the purpose for which it was obtained."

In conclusion, Dr. Backus touched upon the subject of the war and the importance of every woman doing her part towards bringing about a victorious mate the patriotic war and the part towards bringing about a victorious mate the patriotic war and the part towards bringing about a victorious mate the patriotic war women have done, "It would be impossible to estimate the patriotic work women have done," she said, "and it must continue on of vitient work women have done," she said, "and it must continue on for two years more. The monster Germany will not let go till he has to be well that in Canada. He will compose the growth of the work women have done in the recently returned from the front, dealt with the recruiting issue. He called a compared with that in Canada. He will compose the growth of it."

Major Thompson, of Ottawa, who will be coming the frequire the women for the structure from the front, dealt with the recruiting issue. He called a compared with that in Canada. He would be an important factor in the reconstruction of the country. A great would be coming, he thought, to Canada after the great war, and Canadians must be prepared to assist them the

the implements of peace instead of were here

Mrs. Donald McLean, president of the need all our men and resources in this Women's Canadian Club, in welcoming the guests of the day, the members of whatever guise must be regarded the supermental duty at the present time.

"We are all alike enlisted for active service in an 'universal service campaign,'" she said, "through which to serve our country. However full our serve at country. However full our serveral meetings, exerted in homes in this city, especially accomplished by the women of the country district. She gracefully extended the thanks and appreciation of the teaching of domestic science in the teaching of domestic science in the school and the refining influence it has exerted in homes in this city, especially accomplished by the women of the country district. She gracefully extended the thanks and appreciation of the teaching of domestic science in the close of the session. Extending a country district. She gracefully extended the thanks and appreciation of the teaching of domestic science in the close of the session. Extending a country district. She gracefully extended the thanks and appreciation of the teaching of domestic science in the close of the session. Extending a country district. She gracefully extended the thanks and appreciation of the teaching of domestic science in the school and the refining influence it has exerted in homes in this city, especially accomplished by the women of the country district. She gracefully extended the thanks and appreciation of the teaching of domestic science in the tanks and appreciation of the teaching of domestic science in the tanks and appreciation of the teaching of domestic science in the tanks and appreciation of the tanks and appreciation of the teaching of domestic science in the tanks and appreciation of the tanks and appreciation of the teaching accomplished by the women of the slackers."

He closed his address with a stirring appeal to the women to interest them-selves and appreciation of the tanks and appreciat

> Evening Session. Open Doors For Women.
>
> The evening's session was held in the the needs of the societ Private Jackson, of I

giving up their men, Mrs. Boomer dwelt upon the duty which falls to the lot of women workers of filling vacant niches in the ranks of bread-winners.

"A consecrated passion of patriotism," she emphasized, "alone can avert a lot of work on a work of the work of patriotism," and in this connection she paper just this morning a call for women to work on munitions issued by Sir George Foster. It would be ludicrous if it were not so trumental in assisting in many ways tracked passion of patriotism," and in this connection she sided.

In his opening remarks Mr. Road-house made reference to the splendid work done by the Red Cross. The Women's In itutes had been instrumental in assisting in many ways tracked passion of patriotism," and in this connection she spoke as follows:

"I was reading in the paper just this morning a call for women to work on munitions issued by Sir George Foster.

It would be ludicrous if it were not so trumental in assisting in many ways tracked. world's catastrophe."

Replying to the welcome Mrs. (Dr.)
Wilson of Wardsville pleaded for more and more to be done for the Red Cross and also in helping the way men are screaming and yelling now for us women to come and get to work. Strange as it may seem, the likenesses between women are far appreciated in the struggle, but he because the struggle, but he because the struggle of these ways are to every structure of these ways are to every structure of these ways are to every structure of the second structure.

years connected with the chemistry de-partment at the Ontario Agricultural

"The most expensive foods we buy nurse on

The better understanding which had "Germany has turned this into a war been generally conceded that the acabout between the women of the of munitions, and we in Canada must tual fuel values are the basis on which

They would be a great deal bet- is one of our cheapest foods considered "Proteins procured from

women's organizations, the National eggs we find the oats to be sixteen

bled them to overtake and accomplish things do. The Women's Missionary spect, but thought it depended a great deal upon the person who does the Society, numbering some 200,000 women cooking. Some cooked natureal only The importance was impressed of steresting girls in the Institute work.

In Canada, handles more money and steresting girls in the Institute work.

and at a lower percentage than any agency in the Dominion or in the world. Asked as to the effect of sugar as to "We have nothing to buy and nothi Effective Service. whether or not it did affect the flavor ing to sell. We simply want to crystine Women's Canadian Club of the oatmeal, Pro. Harcourt said his tallize public opinion and effect better

"Is rye bread any more nutritious leading military men in Canada

Emergency Needs.

Mrs. Gordon Wright, in her address

said: "Had it not been for the good passed all her examinations in law, of all she said was men to carry the said: "Had it not been for the good organization through the Women's Institutes, it would have been impossible to so effectively reach the rural women with appeals for patriotic assistance. Morpeth was designated "a small town with a big Institute."

Thamesville has successfully organized passed all her examinations in law, appeared before a magistrate to take a preson. The next week a convivial old woman was up before the magistrate. She objected to be tried. He asked her why. She told him she wasn't a person. The told him she wasn't a person. The magistrate said that didn't go, and gave her a jail term of 30 days.

A Well-Known Actress Tells How She
Darkened Her Grey Hair With a
Simple Home-Made Mixture.

She Darkened Mixture.

She Darkened Her Grey Hair With a Simple Home-Made Mixture.

Franchise Coming.

"Whether you want it or not, franchise is coming. In the hands of men, the vote has been prostituted. See that when you get it the vote is dignited. She that when you get it the vote is dignited by the pressure of the p

"There are others who have not yet risen to the great issue. They are yet obsessed with the idea that it is all madness. They think that when it is all over it will be forgotten that their sons or relatives had held back."
"We are fighting in the defence of everything we hold sacred. There has gone out these sacred. gone out from the Hun a that we give up our moral law and all

for which life stands

soldier, spoke briefly of the Red Cross work, and explained to the audience

## ASSOCIATED KIN PLANS TO ASSIST SOLDIERS' RELATIVES

New Organization To Hold

Front Is Eligible for

experienced after the American citimes greater as a heat producer."

Asked Questions.

Temperance Union, the Women's Institute of the Empire, the Women's Institute of the Empire, the Women's Institute of the Institutes which have ken these courses has been that the course of the Institutes which have ken these courses has been that the course of the Institutes which have ken these courses has been that the course of the Institutes of the Institute of the Insti

would not be so successing account plished by an organization outside the capital. All reports of casualties come "Do you think a person can eat too will be local kindred in each place. These people will be joined together in the people will be joined together demand for women to render patriotic service in agricultural pursuits, he surgested the advisability of short courses, say from two to four weeks, of systematic instruction for women in poultry-raising, bee-keeping, vegetable and fruit-growing, canning, etc.

The problem was also touched upon of establishing closer relations better for both, better prices for the former and lower cost of living for the latter, through.

HAWAIIAN QUEEN DYING. ill at Honolulu, and her death is expect

## Rheumatism Goes Quickly Its Virus Forever Destroyed EVERY CASE IS CURABLE

Good-bye to Rheumatism: Your aching joints, your stiff, sore muscles, those sleepless nights and Lady Beck sang a solo entitled "Lad suffering days-good-bye forever-your

fied and made to serve the purpose for which it was obtained."

to be present owing to the pressure of military duty. "I want to answer a line limber up." My answer was, "I'm

that we are, but we have got to take bearing their share of the burdens in remedy that never disappoints



ONE OF THE GREAT GUNS THAT POUNDS THE GERMANS TO SUBMISSION

Seldom has the serious-minded public of the city of London been impressed so deeply by any event as the coming of the official British motion pictures of the great July attack taken by British officers, passed on and commended to the people of the Empire by His Majesty King George, and recommended by Lloyd George as the antidote for future wars. This classic of truth and mirror of the Somme front fighting will go down in the records of the nation as something imperishable and glorifying for all time the magnificent deeds for humanity of the British soldier. The London Advertiser is more than grateful for the reception accorded the pictures.

# PICTURE IN THE WORLD

## ONLY THREE DAYS REMAIN

of the week's presentation of this living panorama of the British front and "back of the front." Ask any returned soldier if this film is genuine. He will tell you that it is wonderful in its fidelity to every condition existing in France.

The hours of performances are—1 p.m., 2:15 p.m., 3:30 p.m., 4:45 p.m., 6 p.m., 7:15 p.m., 8:30 p.m. and 9:45 p.m.

Patrons are asked to ATTEND THE AFTERNOON PERFORMANCES WHEN POSSIBLE, and to avoid as much as possible the earlier performances of the evening, which are always crowded.

# At The LYRIC Theatre

A RETURNED SOLDIER WILL SELL THE NECESSARY WAR TAX OF TWO CENTS.

## The Price Is 25c For All Regular Performances

THEY DESIRED OF CHARLE OF CHARLES OF THE OF CHARLES OF

Saturday morning, commencing at 9 o'clock, performances will be given for school children, with a special charge of 10 cents, with 1 cent added for war tax.

Make every effort to witness these pictures-they are the most remarkable records of British organization and the resultant victory ever shown in Canada.