Lloyd－George Illuminates
Russo－Polish Question．
Poland＇s Independence to Be Pre served－－－Combatants Must Ne gotiate Their Own Armistice．

Dominion－Co－Operative Building Assn Have Number of Dwellings in Course of Construction．

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Cut Down the Sugar Bill by eating a cereal that contains its own sugar selff－d
grain in maliciss
Grape－Nuts As a breakfast or luncheon cereal with cream
or milk；pr spribilect over fresh fruit or berries， or milk；pr sprigkec over resh fruit or berries，
Grape－1uts adds to the meal＇s pleasure－and ts economical．
$\mathfrak{y s =}=$ Diamond Dust


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To－day＇s
Messages． rmmair wemis summox．




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