

CONSTANT PAIN AFTER EATING
 The Tortures of Dyspepsia
 rected by "Fruit-a-lives"

St. Maurice, N.B., for two years, I suffered terrible Suffering. I had constant pain after eating; pain in the sides and back; and a bitter stuff often came up my mouth.
 I tried doctors, but they did not help. But as soon as I started taking "Fruit-a-lives," I began to improve and this medicine, made of fruit juices, relieved me when nothing else failed."

W. Rose: "The Commission at the request of the Council of Elson. "Would it not be better to bring something before the Council?"

W. Rose: "I can request the Council to enquire into this question. I have the request of the Council promised to take this matter up."

Industrial Home
 Chairman of the Executive Committee
 (Continued on page 3)

GREEN
 ONLY
 GENUINE

egg's

FLAKES
 CANADIAN FOOD

good variety—And
 Toasted Corn Flakes
 made by

LONDON, ONT.

N SHEDS

PROPOSED SWIMMING RINK
 THE ROYAL MILITARY COLLEGE
 KINGSTON

has taken charge of the
 in connection with the carrying
 of the scheme. The rink, when
 let, will be substantially as
 in the above illustration. The
 building will be 240 feet by 88
 feet, and the height from the
 inside of the roof trusses to the
 level will be 18 feet. Commod-
 itious and locker rooms, 25 feet
 wide, will be provided at one end,
 which a gallery for spectators,
 capable of seating 300 persons, will
 be provided. The main sheet of ice
 will be 215 feet by 88 feet wide and
 will, in the opinion of well-
 known hockey experts (Messrs.
 "Horn" and "Cox" Watson,
 of Hamilton), make a most satisfactory
 rink. The building will be
 lighted by windows all round,
 with electric lights for the even-
 ing. The outside will be made of
 in cement rough-cast and pre-
 sent a generally attractive appear-
 ance. The originators of this project
 received many congratulations
 from a host of friends interested in
 the Royal Military College.

**The Evening Journal's
 Business Directory**

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 No. 84 St. Paul Street, St. Catharines
 Regulating teeth with a special-
 ty. Phone 135.

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 St. Catharines. Phone 15. Residence
 22 Welland Avenue.

TEETH—TEETH
DRS. MOYER AND MOYER, 1407
 Main Street, Moyer Bldg. Niagara
 Falls, N.Y. Guaranteed painless den-
 tistry. Good set of teeth \$7.50, heavy
 gold crown \$5. Write for our free
 dental price list. We pay your car
 fare. Business established over 25
 years. Work guaranteed. 54 dtf

WILLIAM J. CHAPMAN, M.D.C.M.,
 F.T.C.M., Trinity; M.R.S.C., Eng-
 land; L.R.C.P., London; late resi-
 dent Physician and Surgeon Prince
 of Wales General Hospital, Lon-
 don, England. Office, corner James
 and Church Streets. Phone 692.

CARPET CLEANING
 NOW IS THE TIME TO HAVE
 your carpet cleaned. We do your
 work first-class by vacuum ma-
 chines. Furniture crated and stor-
 ed. Upholstering in all its branch-
 es.—**CARPET CLEANING CO., 18**
 St. Paul Street. Phone 605. W. J.
 Westwood, Proprietor.

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 Hair Cut 25c
 Special Attention Given to Children
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ONE HORSE CARTING
 and delivery work.
 Phone 361. Cheapest Rates.
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 and try our line of first-class
 goods. Absolute purity guar-
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 Try My Special Line of Fruit Cake
30c Pound
 Made with pure butter and
 fresh eggs.

Dr. R. M. Calder
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 land Avenue and Thomas streets
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 If you want
To Sell Hogs
 Either alive or dressed,
 call, write or telephone
 for our prices before
 selling elsewhere.
MOYER BROS., Ltd.
 87 Frank St. Telephone 197
 ST. CATHARINES

CALL CHARLES JOY
 For carting, also cellars
 back yards cleaned up.
16 Elm street - Phone 1689

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 H. Dine supplies it. Special attention to
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 First class equipment. Day and night
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ROBERTS & BARDSEY
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 Our facilities for handling furni-
 ture or Pianos are unexcelled.
 We will undertake to do teaming
 of any kind. If it's to be moved
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 Also Sand and Gravel.
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 Boot and Shoe Repairing promptly
 and reasonably executed.
 94 Lake Street
 at the Fruit Store. m24

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 VULCANIZING WORKS**
 Rubber tires for all vehicles.
 Tire repairing of all kinds.
 We sell tires of all makes.
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 buy or sell property of all kinds
 buildings raised, moved or altered
 as required, we do all lines of me-
 chanical work, build your house,
 sell you the land and furnish it if
 desired, our aim is to supply your
 wants. Edward Finn & Sons, No.
 6 St. Paul St., St. Catharines, Ont.

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 Phone 2078
**BAGGAGE TRANSFER,
 CARTAGE AND
 MOVING**
 Auto Service at all hours.

DON'T WASTE RAGS, PAPER
 Metals, Rubbers or anything in the
 Junk. M. Morris pays the best prices
 and orders promptly attended to. 53
 Geneva Street. Phone 257. m22

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 REPAIRS AUTO TIRES AND
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 General Contractors. Italian
 Interpreter
 Importers of Macaroni, Cheese
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 Dealers in Domestic and Foreign
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 Made of highest grades Pennsylvania
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PETROLEUM PRODUCT CO. LTD.
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 Carpets Cleaned—Yards Cleaned—
 Ashes Removed.
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 Phone 760. 71 North St.

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 Furniture and
 Household Goods**
 BOUGHT AND SOLD
J. WILLIAMS
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 Loan for laws delivered to
 any part of city or vicinity
Telephone 1227

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 Furniture of all kinds
 bought, sold or repaired.
 Highest prices paid for
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MY LUNCH, 11 James Street
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 131 Albert St. - Phone 1136
 Returned Soldier m5

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 building lot, or will exchange for
 auto in good condition. Lot 35x111
 feet. No. 2 Sunnyside Gardens,
 Paer street. Clear deeds. Address
KNOWLES
 28 Cameron Avenue, Windsor, Ont.

CITY COUNCIL GRANTS \$500

(Continued from page 2)
 Mayor Elson gave a verbal re-
 port saying: "An article appeared in
 one of the local papers on the Indus-
 trial Home and I feel that it is my
 duty to call attention to certain fea-
 tures in that report that may not be
 quite clear. The statement was made
 that the cost of maintenance per in-
 mate has been reduced from \$2.61 per
 day to 51c or \$2.57 per week. The
 City has twenty two inmates at the
 home and last year paid out over
 \$6,000 for the maintenance of them
 and if there has been a reduction in
 the cost of operation, we as a munici-
 pality should know it. And if this is
 the case we should take steps to
 find out why our rate should not be
 reduced. I would also point out that
 this Council should consider at an
 early date the advisability of having
 our industrial home however. I think
 we should ask the County Council
 for a reduction of our rate. I wish to
 compliment the management of the
 Industrial Home on their fine report."

Ald. Rifer: "This matter was
 brought to the attention of the Fi-
 nance Committee some time ago. If
 this reduction in the cost of mainte-
 nance has been made we are paying
 over \$2,500 in excess of what we
 should."

Ald. Rose: "This question came
 to my attention at the first meeting
 of the Finance Committee and at
 that time I advocated that the City
 should establish an Industrial Home
 of its own. We have a farm on our
 hands that is lying waste and such
 a home might be established there.
 There is a brick building on the
 farm and while it may not be any
 good now for such a purpose it could
 be made suitable with perhaps a
 small addition. We would not re-
 quire as large a building as is now
 in use for this purpose."

Ald. Eagle: "I feel sure that if we
 had an interview with the County re-
 presentatives some adjustment could
 be made. I don't like the idea of an
 Industrial Home in the City as such
 an institution cannot be looked upon
 as an asset."

Resolutions
 Moved by Ald. Eagle, seconded by
 Alderman Westwood: "That Mr.
 Henry F. Nicholson be re-appointed
 assistant assessment commissioner
 from May 1st to Sept. 30th, next."
Ald. Smith: "May I ask what his
 salary is to be?"

Ald. Eagle: "I will bring in a re-
 port on that at the next regular meet-
 ing."

Resolution carried.
Ald. Westwood: "There was a letter
 appeared in one of the local papers
 from a returned soldier who is an
 exciteman in which he complained
 that he was not given his position
 back again. In order to adopt the
 two-platoon system it was necessary
 for the committee to appoint eight
 new men. Six of those appointed are
 returned men and out of that num-
 ber, four and possibly five are mar-
 led. The reason this man was not ap-
 pointed was because he was not re-
 ported upon favorably by the Fire
 Chief. The reason was that his re-
 cord on the department was not very
 favorable. I made this statement in
 defence of the Council and of the
 Committee. We had all the applicants
 on the floor and examined them and
 I believe we made a good selection
 as the Chief tells me they are hard
 workers and are doing their best to
 give value for what they received.
 The firemen are all grateful over the
 adoption of the two-platoon system
 and say that they feel like free men
 now."

Takes Exception
 Rising to a point of privilege Ald.
 Dakers said: "At the last meeting
 of the Council a Committee was ap-
 pointed to attend the banquet to the
 returned men at Toronto. The next
 day an item appeared in the Stand-
 ard quoting Ald. Hill as saying that
 if he went to Toronto he would pay
 his own expenses. The item would
 lead people to believe that we also
 wanted our way paid. Ald. Hill never
 made such a statement in this

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 stoves, clothing, everything
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 d m 7

Liberated by Canadians

Residents of Soudemont, France, are glad to be released by the Canadians, after living in the village with the Germans for four years.

French civilians released by Canadians leaving for a village far from German shells and Kultur after living four years under German rule.

French civilians released by Canadians leaving for a village far from German shells and Kultur after living four years under German rule.

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WAR-SAVINGS STAMPS

Thrift Stamps cost 25 cents each

Thrift Stamps are stuck upon a Thrift Card on which are 16 spaces

A filled Thrift Card represents \$4.00 in buying a War-Savings Stamp

Each War-Savings Stamp will be bought back by the Dominion of Canada on Jan. 1st, 1924, for \$5.00

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