## "How Delicious"

If YOU have not tried it, send us a post card for a free sample, stating the price you now pay and if you use Black, Green or Mixed Tea. Address Salada, Toronto

## Merchants Bank of Ganada **Reports Record Progress**

sustaince to growing and expanding businesses and the report now issued shows that it has been particularly active in this direction during the past year. This is reflected by the increase in current loans and discounts to customers to \$129,515,403, mark. They now total \$209,450,44° as compared with \$102,346,514, a gain of \$18,168,889.

counts to customers to \$120,510,405, against \$198,506,572.

as compared with \$102,346,514, a gain of \$18,168,889.

Increase in Capital

With a view of increasing its facilities to the farmers and merchants and the manufacturers of the country, the Bank has provided for an increase in capital and as a result the paid-up capital now stands at \$9,955,970, an increase to date of \$1,614,431. At the same time the reserve has been increased by \$1,-400,000 and now stands at \$8,400,000.

Both these amounts will be further increased by the instalments still outstanding.

ASSETS

Shareholders will take particula pride in the steady expansion shown the country. This development has been the result entirely of the rounding out of its organization and ser vice throughout the country. With more active trade conditions, the Bank as now in a position to reflect the benefit of the complete organization which has been gradually built up over the entire Dominion.

The general statement of assets and liabilities, with comparisons with the previous year, shows as follows:

Assets

The close association established by The Merchants Bank of Canada with the expansion of the business and industry of the Dominion is thinkingly shown by the semi-annual statement of the Bank, to October 20th, 1920.

The Merchants Bank, with its complete organization throughout the Dominion, is known for the special assistance to growing and expanding businesses and the report now issued

\$209,450,448.23 7198.506,573.90

	1920	1919
Gold Coin, Dom. Notes and Cr. Balances with Banking Correspondents. Deposit in the Central Gold Reserve. Government and Municipal Scentities. Rallway and other Bonds. Debentures and Stocks. Call Loans in Canada. Call Loans in Canada. Loans and Discounts. Loans and Discounts are and Discounts. Loans and Discounts are and Discounts. Labilities of Customers under actives of Credit per centra. Real Estatio other than Bank Premises. Real Estatio other than Bank Premises. Mortgages on Rasi Estate sold by the Bank. Deposit with Dominion Government for purposes of Circulation Fund.	\$ 30,630,351.09 7,500,000.00 21,114,908.29	\$ 25.642,136.33 8,000,000.00 36,240,352.41
	3,837,377,14 8,254,586,81 4,179,236,55 120,515,463,60 1,340,428,69 4,635,381,80	3,870,611.01 6,843,017.57 3,418,846.99 102,346,664.37 329,334.27 3,578,382.16
	2,491,664.35 3.192,784.42 602,748.47 705,567.02	757,606.04 5.663.251.78 911.291.19 528,177.93
	\$209,450,448.23	\$198,506,572.90
Capital Paid sp. Reserve Fund and Undivided Fronts. Notes in Circulation	\$ 9,955,970.00 8,660,774.98 17,707,977.00 170,684,061.90	\$ 8,341,535.30 7,574,043.32 15,827,873.00 166,006,015.24

curiosity decided that he must investigate. He dropped to his hands and knees and crawled forward. Sheek against the earth, he peered into the room from which the light came.

A young man sat beside the light reading and about his ankle was an iron band, from which a chain led to a huge staple driven in the wall!

Wardell studied the man and the place of his confinement thoroughly before he decided to make his presence known. The fellow seemed about twenty-four or five and Guy felt immediately that he did not belong to the crowd on the other Island. The room itself was small, possibly twenty feet square, and man-made, being mostly below the level of the rocky earth.

Wardell jumped to his feet and

## SPECIAL CLUB

When you buy in quantity fou set closer prices. By our factory to home club offer we make possible the large quantity price to the first 35 buyers of style 150W. Oak. Also the first 30 buyers of style 110E. Oak or Mahogany. First 25 buyers of 150W. Oak. Regular, each, \$145.00, for \$100.00.

First 30 buyers of 110E. Oak or Mahogany. Regular, each, \$110.00, for \$78.00.

All machines fully guaranteed. Packing \$3.50 extra. EGAN PHONOGRAPH CO.

909 Bloor St. West,



be power for activity and if the activity be football plus some field work vegetable which we desire to see at the power furnished must be large.

The other day a notice was posted in a poultry show stating that a hen to be efficient must have eighty-one pounds of food each year. This food of lettuce salad and know that with

Marked Expansion in Assistance Bank Has Given to Canadian
Trade and Commerce. Saving Deposits Show Large Increase.

The close association established by The Merchants Bank of Canada ings deposits indicates that the Cana of a heavy meal, a tidbit to serve with nie, already overloaded with fat. Dreams and nightmares wild may well be expected to result from such a combination, for fats delay the digescombination, for lats delay the diges-tion of foods taken with them doub-ling or even quadrupling the time required for the digestion of plain simple foods.

Pie a la mode is a complete meal

so far as fuel is concerned, for riangle of pie, three inches at th outer edge, is equivalent to three-lices of buttered bread, and the ice ream is equivalent to a glass of milk.

A plain lettuce salad will make the

pie a la mode meal perfect. More and more must women put time into the study of foods and their combinations and know how foods combinations and know how toods react in the human body. In this way we shall be able to meet the needs of our families and we ourselves shall escape the agony of mind of those must reduce weight to increase

Have You a Pretty Hat Box?

form during a meal, but now often breakfasts like this are served: wheat farina and toasted white bread. The milk taken with the farina and the sors, a brush, and a can of paint. Perhaps you would like one all black and shiny and decorated with tiny growing child but the average woman bunches of fruits. This is the way I

growing child but the average woman past thirty-five years of age, converts her body into a storehouse (food stored in the form of fat) when she takes both the cereal and the bread.

Bread may often be omitted by adults from the noon meal. In it are repeated the starch of potato, corn and a starch dessert such as rice buckle opening in the centre of the starch of the starch dessert such as rice buckle opening in the centre of the starch of the starch dessert such as rice buckle opening in the centre of the starch dessert such as rice buckle opening in the centre of the starch dessert such as rice buckle opening in the centre of the starch dessert such as rice buckle opening in the centre of the starch dessert such as rice buckle opening in the centre of the starch dessert such as rice buckle opening in the centre of the starch was I purchased a medium-size round hatbox at a clothing store for ten cents. An old patent leather belt which had long since been discarded made the handle. This I cut into a narrow strap and fastened the ends securely to each side of the box. The pudding. Some European nations do strap makes it easy to remove the not serve bread at dinner and those cover to take out a hat and the handle

who deem a double chin a tragedy would do well to adopt this custom.

Macaroni, which is a splendid potato substitute, is often served with meat and potatoes as a second vegentation.

Macaroni, which is a splendid potato substitute, is often served with meat and potatoes as a second vegentation.



He will like the self-stropping device that gives him a fresh new shaving edge each day; he'll be glad of the simplicity that enables him to clean his AutoStrop Razor without tak-

ing it apart; above all, he will be apt to boast of the way in which the AutoStrop blade removes his tough, barbed-wire beard (and he's secretly proud of that, you know) without the slightest pull or, irritation. Every day of his life he will have reason to be grateful for his AutoStrop Razor — a gracious and continual reminder of your thoughtfulness.

# Auto Strop Razor

-sharpens itself

On sale at all drug, fewelry and hardware stores, the AutoStrop Safety Razor is priced at \$5 and up, for razor, strop and 13 blades. Sold always and everywhere with a money-back guarantee.

AUTOSTROP SAFETY RAZOR CO., LIMITED AUTOSTROP BUILDING, TORONTO, CANADA

On Rasors, Strops, Blades, etc., hereafter manufactured by us we shall apply the trade mark "Velot" is addition to the trade mark "AutoStrop" as an addition I side after that they are the greenic products of the AutoStrop Softy Reserv Co., Limited, Terento, Canada.

