present at the meeting for her tea, the proceeds to go towards the Red Cross Society. We adopted a similar method, by unanimous const unanimous co

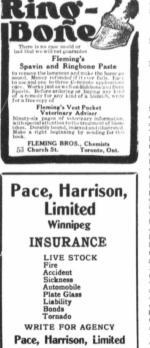
Mrs. McDonald gave an account of Mrs. McDonaid gave an account of what she had seen and heard at the H.E.S. convention, mentioning particu-larly some especially fine butter exhibits, larly some especially fine butter exhibits, and the large display of very beautiful needlework from different places, Lunch was served by Miss Hawkins and her two friends, Miss Hayes, and Miss Waite, all of whom we hope, are pros-pective members of our society. Mrs. W. Jones, Sec. Treas.

SUPERVISED PLAYGROUNDS

SOFEWIGED FLATGROOMDS By Mrs. II. A. McKinnon, Deloraine. One of the times when a mother is particularly anxious about her child, is when he first starts to school. Not that she does not care to have him associate with other children, but on account of the existing evils in most public schools, But to the child, it is the most eventful time of his life, and he so quickly falls into line, and imitates everything he sees into line, and imitates everything he sees and hears, especially from the older boys and what, is sometimes the re-sults? Why he comes home, using the most profane language and vile expres-sions, that are meaningless to him for a time, and when his mother, so painfully shocked chartisons him he save why time, and when his mother, so painfully shocked, chastises him, he says, why mother, what is wrong? That is what the boys say at school. I did not know that was wrong. This is one of the many evils that confronts the child at

Play is educative, and when properly Play is educative, and when properly supervised tends to overcome these wrongs. Every school should be well equipped with indoor and outdoor games, the former resorted to, only on wet or extremely cold days. The children in the lower grades can easily be interested in hide and seek, ring games, or in a good sand pile, but for the higher grades, there should be basket ball, baschall, swings, horizontal bars, and a sheet of ice for winter shorts. ice for winter sports.

Supervision greatly increases the pleasure of play, rather than decrease. So often a great deal of harm comes from little groups gathering in the clock room, halls, or playgrounds, gossiping or planning mischief, but when the



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teacher comes along and says: "Hurrah, boys" or "come along, girls," how quickly they will disperse and respond to the call and very soon they will need no incall and very soon they will need no in-vitation for they enjoy the games so much because the teacher plays.

Much because the teacher pays. We all know that the closet problem is the most serious one the teachers bave to deal with. It is hardly possible for a good, pure boy or girl to go to one of these places, and remain pure, on ac-count of the vile writings all through the building on account of those who linger around just for the purpose of making others as bad as themselves. But on supervised playgrounds, they go only when necessary, and return as speedily as possible, so as not to miss any of the fun

It is absolutely necessary to have some one in charge during the noon hour. That difficulty might be overcome by engaging the janitor as overseer, in the ab-sence of the teachers, but have the teach-ers return in time for at least fifteen minutes' play. They are required to be at school a quarter of an hour before the time of opening. If that time, with the fitteen minutes at noon, and the two

time of opening. If that they take the fitten minutes at noon, and the two recesses, was devoted to play, that would mean an hour each day, with teachers and pupils on the playground, which would inspire each one to do his best in the school room. Physical activity tends to stimulate greater mental activity, and to counter-act sensuality, which is most promin-ent in people of luxurious and inactive habits. The girls who fall are seldom those of the athletic type, rather those who are to be seen idle and strolling about. about.

It was at a woman's meeting that Mrs. John Dick was inspired with a thought of Join Dick was inspired with a though of supervised playgrounds, and through her influence the first public playgrounds in Winnipeg opened on the grounds of one of the public schools, as an experiment, during the summer vacation. The good results were so marvellous that every year the number has been increased until

year the number has been increased until at this time there are over twenty such playgrounds in the city. Our boys and girls should be encour-aged to play, and besides having super-vised play at school, if during the long summer evenings and summer vacation, we could provide for them playgrounds with qualified supervisors, the money would be well invested, and the results for good, quite as great as in the cities.



Ladies of Home Economics Society Arranging Fitting Celebration for this Interesting Event—Seek How to Turn Waste Paper into Money

The members of the Home Economics Society met on Saturday to dispose of certain matters of business also to hear an address by Miss Sara Simmonds on "Infant Welfare." After the usual pre-liminaries a short report was given of the annual convention in February. The meetings had proved interesting, especial-ter when discussion areas over net form meetings had proved interesting, especial-ly when discussion arose over rest rooms, medical inspection in schools and other matters of educational and social im-portance. The competitions had not proved so successful, though in the case of bread the judges had made no mistake in awarding the first prize to our Mrs. W. A. Elliott. It was not the judging, however but the arrangement that was so poor. The authorities had hen deso poor. The authorities had been de luged with exhibits—one society alone having sent articles of all sorts, from baying sent articles of a society anon-having sent articles of all sorts, from rugs to onion pickles, and paid §30 to get it packed and taken to the M.A.C. Another sent in quantities of home-made wines, cured meats and all possible varieties of baking. No wonder that the authorities were bewildered and that some of the exhibits did not get display-cd, including the Pilot Mound exhibit of Red Cross work. This competition in Red Cross work was the one urged by the advisory board in December last as pro-viding an incentive to a high standard of excellence in that line. The president announced that the Dominion Conserva-tion Commission had appealed for the saving of waste paper which was valu-



MONEY

or property left for the family should imply that the principal will be invested to yield an But is it invested to yield an income? income. More often it is lost in some foolish venture. This cannot happen to a guaranteed regular monthly income.

A large sum, when placed in the hands of an inexperienced person, is a temptation rather than a blessing.

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able as material for new paper. The Winnipeg Local Council of Women, with whom the Pilot Mound Home Economics Society was affiliated had undertaken to find out: (a) Who was to receive the waste paper, if saved?

paper, if saved? (b) What was its worth? It had been discovered that certain mills would buy the waste paper at the

rate of \$5.00 per ton for newspapers. \$12.00 for heavier paper, such as the la dies' Home Journal. Mr. Hicks had est solid in bran sacks, would weigh about 30,000 lbs. or 15 tons. He had offered storage room in his left

and was enquiring the terms on which the C.P.R. would forward the car-load for the benefit of the Red Cross Funds

August, 16

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