

do it for your own." Is pledging a good thing? Try it. "Temperance is his own reward." It would be supremely worth, while even without the wealth, strength and honor it brings." Is temperance a single achievement or a continuous struggle?

Temperance in all things.—1 Cor. 7: 29-31.

Temperance in food.—Phil. 3: 17-21.
Temperance in speech.—Jas. 3: 1-6.
Temperance in opinion.—Rom. 14: 13-21.
The liquor evil.—Luke 21: 34-36.
The spirit's fruit.—Gal. 5: 22-26.
May we be always members of "Daniel's Temperance Society."

discussion with a number of the members or individual ones in the preparation of the topic or work, showing them how you would do it.

Now is the time to introduce the reference library, whether public or private, to develop within your members the ability to handle books for themselves. This work alone may mean more than repay you in the grand results of after years.

It would be well to have missionary evenings, just as the Senior League, and this would give ample opportunity for the children to show their originality in preparing art or manual training work to illustrate any missionary book, as "Uganda's White Man of Work." Through these missionary evenings they would become interested in religious work of other lands, and perhaps the desire to follow in the footsteps of some of Christ's heroes of the Cross would be created.

What can the Junior League do as a social institution? It can provide social life and enjoyment. Boys and girls love a good time, and delight in the company of one another. It should provide a wholesome social environment, but of course the means will vary with circumstances and resources. A little "festive" arrangements to the sewing classes, clubs and athletic teams.

There is a twofold good: 1. The boys and girls are kept from undesirable social pleasures and from places of amusement that are unworthy. 2. They are attracted to the Junior League, which gives "alone out of contact" with their lives and an opening to their minds and hearts. Even amid all this the atmosphere of the League should be spiritually uplifting at all times.

The architecture and furnishings of the room, the pictures on the wall, and the heating, lighting, and ventilating conditions, contribute much to the total impression made upon the sensitive soul of the child. Everything should be attractive, usable, and in good taste. Only true art is worthy of the God we serve, and only true art can help to bring our members to a sense of His presence.

In all the services there should be at some time in the session a reverent service of real worship. It should be a time of genuine devotion, when members and leader together join in praise to the Father, whose word they are studying, and in prayer that He may enlighten their minds and guide their lives. It should help the members to feel the reality of spiritual things and train them in reverent worship. It should educate them to understand and love the services of the church.

The influence of older people on the lives of children is almost beyond conception. This for the sake of the children, the Junior League should do all it can to enlist the hearty co-operation of the parents, and to help them maintain an active interest in the church and its work. Above all, the leader should see that she herself is what she would lead her members to be. She must be their friend, but more, she must in life and character command their respect and stand before them as an ideal, showing forth the spirit of the Master in her consecrated life. For out of this young army of workers are to come our future ministers of the Gospel, missionaries for home and foreign fields, social and active church workers, and, above all, the great army of Sunday School teachers for another generation.

If truth then be the highest thing
That mortal man may keep.
'Tis well to sow the seeds of truth
Then truth a harvest reap.

—Robert Hoosick Washburne.

The Purpose and Possibilities of a Junior League

MISS OLIVE HUGO.

THERE is no greater organization in the Methodist Church than the Junior League, organized on a good basis of high ideals and purposes. No other organization has such possibilities in dealing with character at the very age when lasting impressions are made, and thought and mind are turned into those channels which help to make noble young men and women, so much needed in our churches.

The Junior League may have many purposes in view, but the main one is to train and keep the boy and girl right in the church. At this stage they have reached the age of the "gang" spirit and hero worship, and the church and Sunday School have not the same direct power over them as before. They are not so willing to sit and listen to Bible stories as they were, but are anxious to be engaged in some activity themselves. They want to be doers, working out plans and ideas of their own. Life widens in a hundred unexpected ways, and they may follow any one, for they are filled with vigor, and energy, and conflicting impulses of contradictions. They enter into the heritage of instincts, ideals, purposes and ambitions which are their birthright. They become conscious of that the world is doing, and are eager to throw their energies into the things of practical life and to do what there lies, waiting for them.

It is achievement that makes the hero or heroine in their thoughts. Men and women who can do things well are their ideals. So if you would be such to your Junior League, you need only succeed in what you do before them to be absolute master of yourself and work. Teach well, live strongly, do things, get results, and you will have the reverence you wish. Heroism, like the Kingdom of God, "cometh not with observation."

In taking up the life of Christ in your League, present Him as a hero in the sheer strength of His manhood and in His achievements, talk of what He did more than of what He was. At this age children will not love Him for His goodness, but they will learn to love goodness and truth because they honor Him and His deeds.

This is the great reading age, and no greater purpose in life can a leader of a Junior League have than in helping the children in learning to love the best. It is just as important that you guide them to great fiction and poetry, to well-written biography and history, as that you teach them Bible verses or the words and books of the Old and New Testaments. It is your privilege to put your League in touch with the literary heritage of the race. Books of real insight into life, and of genuine literary value, books of truth and caught by the imagination and felt within, will grip the mind and hearts of children as they do our own. What are we doing? Helping to form habits which will make the greatest workers in the Senior League—and cultivating the memory, which will be the great delight of the man and woman in after years.

The child is approaching the time of

life-decision, if it has not already been reached, and through the training of the Junior League we may rightly prepare him for it. Happy is the boy child who has been so brought up that he has never known himself to be anything else than a child of God. With no organization between the Sunday School and Senior League, during this period of the greatest activities, we lose a great many youthful workers, who would be of inestimable value to any Senior League or church, just because their activities were not guided early into actual service for Jesus Christ.

The success and purposes of a Junior League depend largely on the leader, for she is the guiding one, who will have the privilege of piloting these little lives over many dangerous shoals. She must be watchful, tactful, skillful, patient and sympathetic, one with the boys and girls; and if such they will be willing to be led by her, often very unconsciously. But the ultimate aim all the way through must be the spiritual development of the juniors, and the equipping them for future active work in Church and League.

There are three great principles underlying the purpose of Junior League work: 1. There is no learning without mental activity on the part of the members. You cannot think for your members. They must make their own ideas and learn to think as well as do. 2. "No impression without expression." To make sure that they get the truth you should have them express it; for we learn by doing, and really never know a thing until we give it to some one else. The member's expression of what he has learned is much more than a test, for it moves his mind to act, gives him a motive to think, reveals to him of what he does really know, and strengthens the desire for more knowledge. 3. There is no expression without a social motive. It is to other persons that we tell things and for others that we do. You bid a child tell what he knows and you may dry up the springs of thought and speech which he has arranged that it may tell it to somebody and for some reason, and he will express himself in a natural and spontaneous way. So it is the leader's duty and privilege to furnish motives and material, to provide social situations such as naturally call for expression.

How is this to be done? Assign a specific bit of study to a number of the members each week and hold them responsible for it. This will secure their interest in the whole topic. Suit the assignments to the different members so far as you have studied their personality. Some will be able to read well; others do some work; others manual training work and moulding. Some of this work would be very interesting if done right in the meeting by a quick and capable member. Ont could be illustrating a story while the other was telling. If some find difficulty in preparing their work, show them how to study, by having a talk or