

## THE ONLY WAY TO GOOD HEALTH

Is to Keep the Blood Rich, Red and Pure by Using Dr. Williams' Pink Pills.

The only way for every girl and woman to be well and at her best is to keep her blood rich and red and pure. Impure, weak blood is the cause of the wretched feeling of languor and faintness, pains in the back and sides, headaches and all those other indescribable sufferings which make the lives of so many growing girls and women a daily torture. There is one sure way to be well, and that is through the tonic treatment supplied by Dr. Williams' Pink Pills for Pale People. These Pills actually make the new, rich blood which growing girls and women need to make them well and keep them well. Thousands of mothers and their daughters have found an effectual cure for anemia, general weakness, indigestion, palpitation, nervous disorders, skin troubles and other ailments in Dr. Williams' Pink Pills. Mrs. J. C. Moses, Brenton, N. S., says: "Last spring and summer my daughter's health gave out. She had no energy, was very pale and nervous, and had no appetite. As the usual remedies given in such cases did not help her, we became much alarmed, and on the advice of a neighbor began giving her Dr. Williams' Pink Pills. We could soon see an improvement, and as she continued to take the Pills she gained in weight and vigor; her color returned and her whole system seemed to be built up again. She is now the picture of health and joins in recommending Dr. Williams' Pink Pills.

These Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for \$2.50 by addressing The Dr. Williams' Medicine Co., Brockville, Ont.

### BLACK BEESWAX.

The black wax of Burma is made by a small wild bee of the genus *Melipona* (*M. laevis*). This bee nests in hollow trees and forms a peculiar trumpet-shaped entrance to its hive. It is very commonly found in the canyon trees, in which large holes are made in tapping them for resin. The bees find these artificial hollows suitable for their nests. According to D. Hooper the wax is similar in composition to the resin of various trees, while that forming the vestibules of the hive, is almost certainly the resin of the canyon tree.

### LIFE SAVERS.

Many times during the past year or so, we have gratefully considered the splendid work done in saving life and property by our various servants and inventions engaged in their duties. Some receive more praise than others but one of the most popular of the many property saving devices shown this year at the Toronto Exhibition was the "Nugget" shoe polish which saves millions of shoes annually for people strictly speaking the "Nugget" shoe polish is a leather preservative which will double the life of your boots and needs only to be tried to convince the most sceptical.

Intense interest in its superior qualities was created at the Toronto Exhibition where shoes were immediately afterwards washed with a clean towel, but the polish did not rub off and soil it, which is conclusive evidence that it will not come off on the clothes in wet weather.

At all dealers, 10c per tin.

**NEVER OUT OF SIGHT.**  
 Wife (excitedly)—"If you go on like this I shall certainly lose my temper."  
 Husband (calmly)—"No danger, my dear. A thing of that size is not easily lost."

Pills That Have Benefitted Thousands.—Known far and near as a sure remedy in the treatment of indigestion and all derangements of the stomach, liver and kidneys, Parmelee's Vegetable Pills have brought relief to thousands when other specifics have failed. Innumerable testimonials can be produced to establish the truth of this assertion. Once tried they will be found superior to all other pills in the treatment of the ailments for which they are prescribed.

Mrs. Gillet—"So there is a tablet in your transept to her memory. Did she do anything to bring people into the church?" Mrs. Perry—"Well, she wore a new hat every Sunday for three years."

**WE GIVE YOU A TIP!** Buy the genuine "The D. & L. Menthol Plasters." Unprincipled manufacturers are trying to take advantage of the great sale of "The D. & L." by putting up a substitute. The genuine only made by Davis & Lawrence Co.

The smile that is honest is the one that won't come off.

**Don't Grow Old.**  
 By going around with gray hair when Dr. Williams' Natural Hair Restorative will bring it back to its natural color, even though it has been gray for years. Two persons might use from the same bottle and the hair of one become black and the other blonde, just as they were in youth. So it is not a hair-dye; it will not injure the scalp, and is no trouble to apply. We guarantee satisfaction or money returned. Price one dollar (Postage paid). THE TREMAIN SUPPLY CO., 15 Wood St., Toronto.

## RIVALRY OF THE AIR.

Keen Competition of the Command of the Skies.

France and Germany have just begun a terrific contest for the mastery of the air. Both countries are devoting their finest brains, their energies, and huge sums of money in the hopes of eventually obtaining that mastery in the air which Britain has hitherto held at sea.

It was France who began it, for France has always been a pioneer in the development of aerial navigation. It was a Frenchman who made the first successful balloon ascent that was ever made. It was a Frenchman who invented the first navigable balloon.

Then, again, the French were the first to make use of balloons in war, and quite recently the French were the first to make use of balloons in aerial warfare. They boast that in aerial progress they are five years ahead of any other nation.

The Germans have started more than a hundred years behind their rivals in the fight for aerial supremacy. But they are nobly making up for lost time, and experts are divided at the present time as to which of these two nations can claim to have the finest aerial navy in the world.

So rapidly has the process of theoretical experiment been replaced by actual realization by both nations, that few people have yet grasped its significance.

France has now twenty-four officers and 432 men engaged in airship experiments or in manning the ships she already has. She has five fine military airships already finished, and six others being completed, and for which "stables" are already being built at various points along the frontier.

Germany has six military airships built and six others building. She already has the twelve airship stations completed, mostly along the frontier, ready for their reception. She has twenty officers and 465 men engaged in the aerial branch of the army. She has also a number of specially constructed guns to bring airships "on the wing," some of which, of a very light type, are mounted on swift-moving motor-cars.

So long ago as 1905 experiments were undertaken in France with the "Lebards" under war conditions. It was found that photos could be taken without trouble, and the movements of troops and the nature of fortifications easily inspected, and sent to earth. At a height of over a thousand feet aerial torpedoes were discharged whilst travelling at a rate of about thirty miles an hour.

One of the German airships, which was secretly constructed about two years ago, is believed to be armed with light guns as well as aerial torpedoes. This would enable it to fight any other airship it might meet, whilst others could only fire on them by going much higher in the sky to discharge their missiles.

The French Minister of War has just offered a big prize for the construction of aerial cruisers capable of a speed of over thirty miles an hour; whilst Germany announces that in the forthcoming autumn manoeuvres her three finest airships, the "Gros," the "Parseval," and the "Zeppelin," will take a large part.

All the military airships of both nations have accomplished successful flights in various kinds of weather of more than a hundred miles. And so the contest goes on. In 1907 France spent \$1,000,000 on her aerial navy. Last year she increased her expenditure to \$2,500,000. Germany spent \$665,751. The rapid strides made by the latter may be gauged by the fact that two years ago she had only five officers and 150 men engaged in airship experiments.

To realize the strenuous nature of the struggle which these two nations are making for the contest of the air, it should be remembered that last year Great Britain only spent \$250,000 on aerial experiments! This year \$95,000 has been set aside for the purpose! We have one airship and one aeroplane complete, but neither of them yet proved efficient, and another aeroplane, of which secret trials have been made, and of which nothing is known.—Pearson's Weekly.

**THE GREAT HIGHWAY.**  
 Traffic on the Thames About the Year 1600.

The characteristic of present-day London, writes Mr. P. H. Ditchfield in "Memorials of Old London," at which all foreigners marvel, is the amount of traffic in the streets. In Elizabethan London this characteristic existed in the chief highway, the river Thames. It answered the needs of commerce and furnished the chief means of transit.

The passenger-boats were generally described as "wherries," and were likened by Elizabethan travellers to the gondolas of Venice; for instance, by Corynnt, in his "Crudities," who thought the playhouses of Venice very beggarly compared with those of London, but admired the gondoliers because they were "altogether as swift as our

## RRR

Radway's Ready Relief cures the worst pains in from one to twenty minutes. For Headache, Toothache, Neuralgia, Rheumatism, Lumbago, pains and weakness in the back, spine or kidneys, swelling of the joints, and pains of all kinds. Radway's Ready Relief will in a few days effect a permanent cure.

rovers about London." The maps of the period reveal the extraordinary number of "stars" for landing passengers along both banks of the river, besides the numerous wharves for goods. John Stow, the author of the "Survey of London," published in 1598, and again in a second edition in 1603, describes the traffic on the river.

"By the Thames," he says, "all kinds of merchandise be easily conveyed to London, the principal storehouse and staple of all commodities within this realm. So that, omitting to speak of great ships and other vessels of burthen, there pertaineth to the cities of London, Westminster, and borough of Southwark, above the number as is supposed, of two thousand wherries three thousand poor men at the least be set on work and maintained."

Many of these watermen were old sailors, who had sailed and fought under Drake.

The Armada deliverance was recalled by Drake's ship, which lay in the river below the bridge. The voyage of the Earl of Essex to Spain, the expeditions to Ireland and to the Low Countries, formed the staple of the gossip of these old sailors who found employment in the chief means of locomotion in Elizabethan London.

**DEATH IN A SCRATCH.**  
 Simple Injuries with Serious Results.

Morris Quatman, an eleven year old Windsor boy, has just died as the result of a scratch on his wrist. Poison entered the wound, which was caused by falling off his bicycle, and despite the physicians, the boy died. Such incidents as these—by no means infrequent—ought to make people realise the danger that may lie even in the smallest flesh wound.

Take a simple illustration. When a dirty knife, a rusty needle, a splinter of dirty wood, a barbed wire fence, or a thorn, scratches the hand, the latter is inoculated with germs, which the air about us is full. Directly these germs are introduced through the breach in the skin, a battle royal ensues between them and certain organs in the blood.

When the invading germs are too strong for Nature's defences, in a few hours the wound will become hot and throbbing. A little later the wound will exhibit a whitish appearance in the middle of the swelling, and we have what is known as a festering or poisoned wound.

The way to avoid such serious results is to cleanse the wound and apply Zam-Buk. Zam-Buk is a powerful yet painless germ killer, and when applied to the broken skin is absorbed into the tissue, instantly destroying the germs that spread disease and inflammation.

The flesh is thus soothed and purified, the wound made perfectly healthy, and all poison and cause of festering removed. Having done this, Zam-Buk then proceeds to heal the wound or sore with perfect tissue, in a quick, painless, and perfect manner.

Zam-Buk must not be confused with ordinary ointments. Zam-Buk is a unique preparation, possessing antiseptic, soothing, and healing qualities that are not to be found together in any other preparation. It is not only a unique healing balm, but it is also a skin food. For all skin diseases and injuries—cuts, bruises, burns, eczema, chafing, ulcers, ringworm, etc., it is without equal. It is also used widely for piles, for which it may be regarded as specific. All druggists and stores sell it in fifty cent boxes, or post free from Zam-Buk Co., Toronto, for price.

"Women must consider it a dreadful fate to be old maids," mused Mr. Chugwater. "They do, Josiah," said Mrs. Chugwater. "Look what terrible noodies they sometimes marry to escape it." And Josiah rubbed his chin, but said nothing.

**Don't experiment with unsatisfactory substitutes. Wilson's Fly Pads kill many times more house flies than any other known article.**

**PRINCE'S MARKSMANSHIP.**  
 Ex-Crown Prince George of Serbia, says a Vienna report, once shot a pair of pearl pendants from a woman's ears at a distance of ten paces. His aim was so true that the bullets merely severed the gold wire on which the pearls were suspended, and the gems dropped on the woman's shoulders and thence to the floor uninjured. The two shots were fired in quick succession without a tremor on the part of the wearer of the gems, at whose breast the prince had consented to exhibit his skill.

**ASPECTS TO ORDER.**  
 In a certain manufacturing town it is a common thing for skilled workmen to save sufficient money wherewith to build houses for themselves. A great deal of money exists among these men as to who should have the best house, with sometimes curious architectural results.

A and B were two rivals. A having built a house, B, whose turn soon afterwards came, determined to outdo him. So he called in a well-known architect to prepare plans.

Asked what aspect he would like to his house, B, scratching his head, inquired: "Aspect! What's that? Ha. A got one!"

"Why, of course," said the architect, "he couldn't possibly."

"Then put me on two!" was the prompt and emphatic reply.

## BLUE LIGHT FOR NERVES.

French Doctor Keeps Patients in Blue Atmosphere.

A French doctor, so one hears from abroad, has recently established in Touraine what is probably the "denier act" in rest cures. He has a theory based on observations by Lumiere, of Lyons, that people employed in work shops illuminated by red light became nervous and were quickly tired, and that these effects ceased when blue light was substituted.

To carry out his theory the doctor keeps his patients in a blue atmosphere; the glass in the window is blue, and all the decorations and furniture of the room is of the same hue. At night the electric light shines through blue globes. Absolute silence is enjoyed throughout the establishment. His aim is to make his patients spend as much time as possible in sleep, waking up at intervals to take food.

He relies on physical agents, such as fixing the eyes on a bright object or the monotonous ticking of a clock, to lull the senses of his patients.

**GOOD NEWS FOR THE DEAF.**  
 A celebrated New York Aurist has been selected to demonstrate to deaf people that deafness is a disease and can be rapidly and easily cured in your own home.

He proposes to prove this fact by sending to any person having trouble with their ears a trial treatment of this new method absolutely free. We advise all people who have trouble with their ears to immediately address Dr. Edward Gardner, Suite 914, No. 40 West Thirty-third street, New York City, and we wish to assure them that they will receive by registered mail, absolutely free, a "Trial Treatment."

We feel sorry for the poor man whose wife talks in her sleep, too.

**Wilson's Fly Pads, the best of all fly killers, kill both the flies and the disease germs.**

"How many people work in your office?" asked one man of another. "Oh, I should say, at a rough guess, about two-thirds of them," was the reply.

**Red, Weak, Watery Eyes.**  
 Relieved by Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes, and At Your Druggists. Write For Eye Book. Free. Murine Eye Remedy Co., Toronto.

Jack—"That young Simperly seems such a fragile fellow I should hesitate to touch him, for fear he would break." Sam—"He wouldn't hesitate about touching you if he was broke."

It is only necessary to read the testimonials to be convinced that Holloway's Corn Cure is unequalled for the removal of corns, warts, etc. It is a complete extingisher.

A man's stillness may border on the ragged edge of lunacy, but you can't make the woman he is in love with believe it.

Kindly mention the name of this paper in writing to advertisers.

"I hope you are not angry with papa for kicking you, dearest?" "Oh, no; I never pay any attention to what goes on behind my back."

**Mother Graves' Worm Exterminator** has the largest sale of any similar preparation sold in Canada. It always gives satisfaction by restoring health to the little folks.

A critic is a person who is unable to do a thing the way he thinks it ought to be done.

A little knowledge is a dangerous thing if it swells a man's head.

Through indiscretion in eating green fruit in summer many children become subject to cholera morbus caused by irritating acids that act violently on the lining of the intestines. Pains and dangerous purgings ensue and the delicate system of the child suffers under the drain. In such cases the safest medicine is Dr. J. D. Kellogg's Dysentery Cordial. It will check the inflammation and save the child's life.

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# BOVRIL

is pure concentrated beef.

A spoonful of Bovril in a cup of boiling water makes a cup of strong nourishing beef-tea, for Bovril contains all that is good in beef. Bovril is easily digested by even the most delicate invalid.

The weak anaemic girl, the tired housewife and the harassed business man, can each obtain vitality and strength from an occasional cup of Bovril.

A cup of hot Bovril will remedy a chill or a cold and prevent a serious illness.



VANKART & WARING'S GUARANTEE "SPAVIN CURE" Mailed on receipt of \$1.00. Send for booklet—FREE. The Veterinary Remedy Company, Limited, Box A, 75 Adelaide St. E. Toronto, Canada.

**WENT ONE BETTER.**  
 "Did you hear how Mrs. Winnot got the better of Mrs. Getthere on her new hat?" "No. How?" "When she learned that Mrs. Getthere's hat was as big as hers she took the trimmings off the hat, put it on the box the hat came in, and wore the box."

A Pill That is Prized.—There have been many pills put upon the market and pressed upon public attention, but none has endured so long or met with so much favor as Parmelee's Vegetable Pills. Widespread use of them has attested their great value, and they need no further advertisement than this. Having firmly established themselves in public esteem, they now rank without a peer in the list of standard vegetable preparations.

**THE HEASON.**  
 "But," protested the young housekeeper, "the milk is sour." "Ye'es'm," replied the honest milk-man "it's shameful how lazy their farmers is gettin'." Ye see, ma'am, they've been oversleepin' themselves lately, an' before they git their cows milked the stuff turns."

The microscope in the hands of experts employed by the United States Government has revealed the fact that a house fly sometimes carries thousands of disease germs attached to its hairy body. The continuous use of Wilson's Fly Pads will prevent all danger of infection from that source by killing both the germs and the flies.

**FROM THE CYNIC.**  
 "Father," said little Rollo, "what is appendicitis?" "My son," answered the cynical parent, "appendicitis is something that enables a good doctor to open up a man's anatomy and remove his entire bank account."

**IN EARLY FALL** as in Midsummer Painkiller Ends a use in every home. Externally, for cuts, burns, sprains or bruises; internally for diarrhoea and dysentery. Avoid substitutes, there is but one "Painkiller"—Perry Davis—25c. and 50c.

**SURE.**  
 School Teacher—"What lesson do we learn from the busy bee?" Tommy Tuffnut—"Not to get stung."

It Reaches the Spot.—There are few remedies before the public today as efficacious in removing pain and in allaying and preventing pulmonary disorders as Dr. Thomas' Electric Oil. It has demonstrated its powers in thousands of instances and a large number of testimonials as to its great value as a medicine could be got were there occasion for it. It is for sale everywhere.

A retired naval chaplain became rector of an English country parish. On one occasion his parishioners, wishing to give him a surprise, bought a flag for the church tower. When the rector saw it hoisted on the tower he at once ordered it to be taken down. On being asked his reason for doing so, he indignantly answered:—"Alow that flag to fly over my church? Never! Do you know what that particular flag signifies? 'In distress; want a pilot!'"

**OUR HEAVE CURE** cures where other fail. Sells on its own merits. Best of testimonials furnished on application. Write for our catalogue. Price \$1.00 per package. Charges paid to nearest express office. None genuine without our trade mark. FOUR BROTHERS, on each package. Try a package and be convinced. Because others have failed is no reason why Heaves cannot be cured by using Four Brothers Heave Cure.

**OHENILLE CURTAINS** will stand of hours hanging, also dyed & cleaned like new. Write us about yours. BRITISH AMERICAN DYING CO., Box 112, Montreal.

**REMINGTON BUSINESS COLLEGE**  
 250 College St., Toronto, and get by return mail a copy of their handsome catalogue.

**DODD'S KIDNEY PILLS**  
 CURES ALL KIDNEY DISEASES. RHEUMATISM, BRUISES, DIABETES, GRAVEL, GOUT, SANDS, STONES, NEURALGIA, MIGRAINE, HEADACHE, BACKACHE, LUMBAGO, SCIATICA, PAIN IN THE BACK, SPINE OR KIDNEYS, SWELLING OF THE JOINTS, AND PAINS OF ALL KINDS. RADWAY'S READY RELIEF WILL IN A FEW DAYS EFFECT A PERMANENT CURE.

**QUEEN CITY OIL**  
 HAS NO EQUAL

**FOR MACHINERY**  
 QUEEN CITY OIL COMPANY, TORONTO

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