## * The Farm. *

Evergreen Hedges for the Farm.
In the vicinity of cities, where the homes of the wealthy are more often located than they are in the country, an evergreen hedge is to be found on almost every estate. Often it is to form a boundary division, sometimes along the highway, or lining a driveway to the dwellivg, or again in forming a division between the ornamental grounds and the vegetable garden. The farmer is not often in a position to plant hedgee for other purposes than profit, otherwise to have them as his richer neighbor may have would be very gratify. ing. But as a boundary to an orchard or to a fruit or vegetable garden a hedge of evergreens is of much profit, because of the protection fro and early spring.
Every one knows the pleasure of getting on the lee side of some bushy evergreeti of a cold, windy day in winter. Ts get from the windy side of a hedge to the opposite means being where the temperature is many degrees warmer, besides freedom from the wind, which is as hard on many trees as it is on human beings. The three ev rgreens commonly used are American arbor vitæ, Norway spruce and nemlock spruce. There are others which would do as well, but these are to be had at a cheaper rate than most others. The Norway spruce is a strong and vigorons grower and I have seet it used in New-York State and in other places as a protection hedge to fruit orchards; and when it is of from six to twelve feet high it is indeed a great protection. Hemlock is of less rugged appearance, and ie not quite as good for very windy places as the Norway, but where it is used it forms one of the most pleasing of hedges. The arbor vitæ, like the hemlock, is better fitted for less trying places. For boundaries where space is limited, owing to its columinar habit of growth, it is the very thing. When growng alone on a lawn a tree twelve feet high will be no more than three feet in diamete of branches at the ground. It is, therefore ust the thing to plant where height is wanted withont breadth. - It is common to see it used as a boundary to a small garden or which purpose its natural habit of growth eminently fits i
These evergreens, as well as any others, may be pruned in almost any way deaired. The tops may be taken off if getting too all, or if more breadth and less height ar desired. The sides, too, may be nipped cff rom time to time, to thicken the growth which it will do to a great degree. A
pruning when growth is in full swing in pruning when growth is in full swing in early summer is a great promoter of buahiness, as two ar three smaller shoots take he place of the one whose growth ha been arrested. As to the planting season,

## NURSING IN ALASKA.

Need of Proper Food and Care for Mines.
The charseter of the food tsed in the mining campe is such that many strong very common disease. They drink quantities of coffee and that does its work with thonsends.
A nurse, Mra. L. Lovel1, who has been employed in different places in Alanka for.
the paat three years, writes to say that she he paat three years, writes to say that she
has. Induced many patients to leave off coffee and take Postum Food Coffee, which Is very popular mow in many of the mining
caups, for they have learned its value
She says of herself that she has been great sufferer from the uae of coffee, ard She anys, "I not only suffered from the Sooks but hat a very serinns atomach rouble. When I finally quit coffee and began using Pootum Food Coffee my stomach began to recover ite normal condition, and my complexion gradually changed, until now, after a moni hor more ase of roatum, my complexion is as fair I send you a niners that have given mp coffee and are using Postum, and in ench case there has I I had one patient impoment in health. I had one patient almost gone from lived on Postum nutil strong enough to Iake other food and got well. I am going to take wp a learge supply of Postum next trip.
athorities differ somewhat as to the best me, but all agree that early fall and early pring are good times. My own preferenc is for early fall. Trees become settled and sew roots formed before cold weather comes, and if a good mulching of some hivd. leaves or long manure, be placed about them, to keep frost from the roots, rarely fail to live. Early spring is goor, especially if great heat does not come antil few roots have been made. Besides, for hedglog, single specimens of evergreens hould be planted about the place, both or protection and for beauty sake. Their green foliage is certainly a cheering sight when deciduous trees are showing thei bare branches. - (Joseph Meehan, iu Prac tical Farmer.

## Footpaths.

Seven years ago I tried to induce farmers in this locality to construct good footpaths at one side of the highways, so that people, specially school children, would have a good dry place to walk on when the road rere well nigh impassable. To show how his could be done at little cost, I induced live road overseer to assist me, and to gether we constructed a quarter of a mile over some difficult kround. I built up the grade four feet wide, placing the sods on the outside next to the ditch, and hollowng out the surface of the pathway from two inches at the onter edge to four inche in the centre. This hollow was then filled with coal ashes, obtained ai a mill icely rounded over. When the path icely rounded over. Wheu tae path was inches deep at the outer edges and five or inches deep at the outer edges and five o ix deep in the centre. The actual cost o the work and material was very little, and the path is smooth and hard as a rock co-day. We offered this work as an object esson to show how easily suck paths could be constructed, that others, seeing what an excellent convenience such a path is would continue the good work But though a great many people walk over it almost every day, not another foot has been coustructed in the township. Where the expenditure of some labor and a little money for the public good is involved the thusiast. - (Fred Gundy in Werm) Fireside.

## Rolling to Secure Molsture

Rolling is an advantage in preventing the loss of mosture from soils not compact enoukh to hold much water. The compacing of such soils by repeated rolling decreases the amount of water that passe through them and beyond the reach of roots. When the object of rolling is to save soil moisture, a tooth harrow should be used, if possible, after rolling, so as to form a layer of loose soil on the surface otherwise rolling will decrease the soil moisture. The roller should be used with caution on clay lanids.
The purpose of ualug the roller after seeding during dry weather is to com aet the foil, thus facreasing the capillary action, which carrien the necessary a mount of molature to the seeds to cause germins tion. The roller in sometimes usied after the plants are up, which, of course, favors the rise of water to the young roots. The addition of humus to soil deficient in organic material will greatly increase its capacity for holding water. This may be supplied by using vegetable mould, cover crops, rotations, green manures and atable mapures. Soll moisture may be asved by other means, but those mentioned above are the most inportant. - (Tennessee Em periment Station.

## Veal Loaf,

Use two pounds of veal, one-half pound of salt pork, two egge, salt and pepper one cup of milk, and one cup of brea crumbs, and make into a well-shaped loaf. Bake for two hours,' It ls nice for a luncheon served with peas around it.-L E. S.

The girls in the box-coats they are wearing this winter look about ns graceful as
cinnamon bears. - Atchison Globe.


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