

ISSUED BY CANADA FOOD BOARD
Children must have whole milk; therefore use less cream.



PRETTY SHOES FOR LITTLE TOTS

Let us help you dress up your kiddies. We really are specialists in "Kiddy Footwear" and take a great pride in the array of dainty little shoes we have for these customers.

We suggest here a few styles that are especially neat and attractive:

Patent, White, Tan, Kid or Calf Boots, Low Shoes, Slippers, Vacation Shoes, Sandals, etc.

We handle everything for Summer wear at moderate prices.

You may safely leave the fitting to us, as every children's last is carefully chosen and is orthopedic in the true sense of the word, and every Shoe sold is guaranteed to be properly fitted.

"THE HOME OF RELIABLE FOOTWEAR"

Waterbury & Rising, Limited
61 KING ST. 212 UNION ST. 677 MAIN ST.

BROAD COVE COAL
Limited Quantity for Immediate Delivery.
CONSUMER'S COAL CO., LTD.

REGAL FLOUR

Ensures Bread that is Fine and Porous of Texture and Full of the Nourishment for which Manitoba Hard Wheat is Famous

Equally Satisfactory for Pastry, Cakes and Puddings.




Dainty and Strong for Little "Tots"

Watson's Spring Needle Underwear is the correct thing for particular "little women" with sensitive skins and rapidly growing bodies. The garments are soft, warm, snug-fitting and always comfortable.

These same qualities are to be found in the underwear we make for men and women. All styles, all sizes, all fabrics.

Watson's UNDERWEAR

The Watson Manufacturing Company, Limited, Brantford, Ontario

THE CANADIAN BANK OF COMMERCE

SIR EDMUND WALKER, C.V.O., LL.D., D.C.L., President
SIR JOHN AIRD, General Manager
H. V. F. JONES, Asst. Gen'l. Manager

CAPITAL PAID UP, \$15,000,000 RESERVE FUND, \$13,500,000

Consult the Manager regarding your banking requirements. You will be met with courtesy and find our service prompt and efficient.

St. John Branch, J. M. Christie Manager.

War Garden Bulletin
PRACTICAL DAILY GUIDE FOR VACANT LOT AND BACK-YARD GARDENERS EN-LISTED IN GREAT-ER PRODUCTION CAMPAIGN

Issued by the Canada Food Board in Collaboration With Experts on the Staff of the Dominion Experimental Farm

KEEP HOING.

The gardener's best friend is the hoe—so keep it going. Nothing has done more to further the science of farming than the discovery of the fact that if you keep stirring up the soil around a plant it grows and produces better.

There is no necessity to hoe deeply—an inch is enough. Hoe every seven days at least and always after a rain or watering, in order to break up the crust which forms. The more hoeing you do the less watering will be necessary. This is because the dust or mulch, as it is called, which is formed by the breaking up of the surface soil into fine particles, keeps the moisture around the roots of the plants from evaporating.

Another of the virtues of frequent hoeing is that it does not give the weeds a chance to make any progress. As they are the gardener's worst enemy he should make it a point to combat them for all he is worth. This is where the hoe will help him.

THE AGONIES OF HADES

Aren't supposed to be worse than a bad corn. For years the standard remedy has been Putnam's Corn Extractor. It painlessly removes the worst corn in 24 hours; try Putnam's Extractor, 25c. at all dealers.

SALVATION ARMY HEAD WILL GO TO FRANCE

Commander Evangeline Booth to Investigate Needs of Her War Workers at Front

New York, June 12—After a special conference with national board members and provincial officers from various parts of the United States, Miss Evangeline Booth, commander of the forces of the Salvation Army in America, will sail for France at a very early date to inspect the equipment and investigate the future needs of the Salvation Army war workers at the front, and to confer with her representative in France, Colonel William Barker. Commander Booth will go to the furthest outposts where Salvationists are on duty and will set in motion the task of accounting to the American public for every dollar expended for war work purposes.

A group of fourteen Salvation Army war workers has arrived here from western points and are awaiting the sailing of a government ship to enter upon special duty on the other side. The party is in charge of Brigadier George H. Davis, a veteran member of the Salvation Army, principal of the territorial training colleges of the Salvation Army in this country, with headquarters at Chicago. In the party are two professional men, one a doctor and the other a dentist, who have abandoned their practices for war work and who are now members of the "Red Cross." One is Dr. Charles T. Decker and the other Dr. P. H. Howard, both of St. Louis.

Another member of the party is Envoys E. Van Sant, president of a bank at Sterling, Ill., but who has long been interested in the Salvation Army. Of the women in the party Miss Jessie Walters of Houston, Texas, left a lucrative place to go to the front, with the rank of lieutenant; Miss Swenson, who was the city nurse of Marionette, Wis., at \$200 a month, resigned to go to France and work with the Salvation Army without salary, and Miss Cecil Burdick, a telephone exchange manager at Houston, with a salary of \$110 a month, sails as a cadet.

EX-CZAR'S SISTER DGA ARRIVES IN GENEVA

Grand Duchess' Passage Through Germany From Russia Facilitated by Kaiser

Berne, June 12—The arrival in Switzerland of the Grand Duchess Olga, sister of former Emperor Nicholas of Russia, gives color to recent persistent reports that the former empress and emperor and others of the Romanoff family may take up residence here or at some other point outside Russia, where their personal safety will be less endangered by disorders in that country.

The grand duchess journeyed from the interior of Russia to Petrograd, and thence to Berlin, Zurich and Geneva. At Geneva she joined the family of former King Constantine of Greece. It is regarded here as significant of the German attitude that Emperor William gave full permission for the passage of the grand duchess through Germany to Switzerland, providing facilities on the way.

The former Russian imperial family for some time was under the surveillance of the Red Guard, but as it was feared these might resort to violence, a new guard was formed of Lithuanians, who have shown exceptional fidelity. A further precautionary measure, in view of a reported plot to free the former emperor, was his recent transfer from Tobolsk to Ekaterinburg, on the Asiatic side of the Ural Mountains.

A member of the Russian Soviet Commission to Switzerland described the entourage of the imperial family as he saw it last. Crossing Siberia from Vladivostok he had the opportunity of seeing the imperial establishment at Tobolsk. The family was quartered in a large building, formerly used as the governor's house. A strict guard was maintained, and none of the imperial persons was seen by the public, although they had ample opportunity for exercise within the garden. Their food and living conditions were exactly the same as those of the ordinary townsfolk, as the new regime was enforcing strict equality.

The members of the imperial household eat the black bread required by the regulations, and each person has the same food card and other cards used by the peasantry. Economy in the imperial expenditures is assured by a limited allowance of a few hundred rubles monthly to the former emperor and each member of his family. No wine is available, as a shipment of wine prior to the present regime was stolen while on the way to Tobolsk.

Manchester Robertson Allison, Limited
Stores Open at 8.30, Close at 5.45; Fridays 10 p.m., Saturdays 12.45 p.m.

ISSUED BY THE CANADA FOOD BOARD
Lest we lose the great cause; stand guard in your own home over Wheat, Meat, Fats, Sugar and Milk.

Boys' Wash Suit Weather



Fresh, new Cloth and Tub Suits for little boys. All the proper styles are found here, and you will be surprised how well they are made.

Let your boy enjoy to the fullest the long summer days. Dress him properly and let him revel in the sunshine. Shown in a variety of models suited to every summer occasion. The most popular styles with wear, quality and good value.

NORFOLK SUITS—1 pair pants..... \$6.50 to \$17.00
NORFOLK SUITS—2 pair pants..... \$7.25 to \$19.00
JUNIOR NORFOLK—3 to 7 years..... \$5.00 to \$ 9.00

TUB SUITS—In "Tommy Tucker," "Junior Norfolk," "Middy," and many other fancy styles. Plain effects, stripes and neat checks, very attractively trimmed. Ages 2 1/2 to 7 years..... 80c. to \$3.40

A Full Range of Sizes of the Regulation "Soldiers of the Soil" Uniform in Stock

MEN'S CLOTHING DEPARTMENT

Large Plaid Gingham
Seventeen Different Styles and Colorings
IN WASH GOODS DEPARTMENT

Manchestor Robertson Allison, Limited

Smocks and Middy Blouses

Now is the time to purchase your Smocks and Middies for the holiday season. Our assortment is complete with all the newest designs and colorings in these serviceable and stylish garments. Plain Colored Smocks and colored with white collars; also white with colored collars are with the girldle around the waist.

Also Middy Blouses in various designs in all white and combinations of colors. Sizes 34 to 42 inches..... Prices \$1.50 to \$5.00

Also a large assortment of Kiddies' "Middies," in Smocks and Middy Blouses, showing the exact features of the Ladies' style in ages 6 to 14 years.

Prices \$1.00 to \$2.50

SILK DEPARTMENT

Bargain Sale of Untrimmed Hats Flowers and Ornaments

All these Hats are new, fashionable shapes. Black and all colors, for Ladies, Misses and Children.

Two Prices, \$1.00 and \$2.00 Each
Big Variety of Flowers and Ornaments
At Three Prices, 15c., 25c. and 50c.

Sale Starts Thursday Morning in Millinery Department
NO APPROBATION! NO EXCHANGE!

June Sale of Fancy Wash Goods
Continued at the Lace Department Counter

Lunch Baskets for Holiday Outings
In Japanese, Bamboo, Wicker, Raffia, Etc.
FRONT COUNTER—MAIN STORE

Manchestor Robertson Allison, Limited

RECENT WEDDINGS

Foster-Foss.

Trinity church was the scene of an interesting event at 6 o'clock this morning when Lieutenant Frederick Lawton Foster, of Dorchester (N. B.), was united in marriage to Miss Jean Arnold Foss, daughter of Mr. and Mrs. C. O. Foss of this city. The bridegroom, who is a nephew of Premier Foster, is a graduate of Rothesay Collegiate School and of the Royal Military College of Kingston (Ont.). On the completion of his course in the latter institution he was given a commission in the Royal Canadian Regiment and left for France.

Blinding Headaches
From Catarrhal Irritation
Now Quickly Cured

The New Inhaler Breathing Treatment Does Away With All This Sort of Thing

"A study cold in the head, or an old-fashioned attack of Catarrh are simply ancient history to me nowadays," writes S. Nathan Smith, from Cornwall, Ont. "I used to have the worst kind of blinding headaches. They were torture to me on damp days when my catarrh was bad. I would still perhaps be suffering but for the fact that I saw a friend inhaling Catarrhose with apparent pleasure, and I got the dollar outfit in the Windsor Hotel Pharmacy in Montreal. I could scarcely believe the way Catarrhose cleared out my head. It let me breathe easier than I had breathed for five years. Catarrhose has cleared away every vestige of Catarrh from my system. My breath used to be rank—now it is sweet. My digestion was constantly disordered, but since the catarrh is cured I have no stomach trouble. I am a perfectly well man, and Catarrhose did it all!"

For speakers and singers and persons troubled with an irritable throat, bronchitis, asthma, catarrh or la grippe, Catarrhose is of inestimable value.

The inhaler can be carried in your pocket and may be used at any time or in any place.

Large size, guaranteed, and sufficient for 3 months' use, costs \$1; smaller size, 50c; sample size, 25c; all stockholders and druggists or The Catarrhose Co., Buffalo, N. Y., and Kingston, Canada.

LEMON JUICE TAKES OFF TAN

Girls! Make bleaching lotion if skin is sunburned, tanned or freckled

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quarter pint of the best freckle, sunburn and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles, sunburn, windburn and tan disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

FIRST DRAFT OF STATION SHEET IS PRESENTED.

The stationing committee of the Methodist conference has prepared the first draft of the station sheet, having completed their work in record time. The proposed arrangements for the St. John district are as follows:

1—St. John, Queen square, Rev. Geo. Morris.
2—St. John, Centenary, H. A. Goodwin.
3—St. John, Exmouth street, Rev. George P. Dawson.
4—St. John, Portland, Neil McLaughlan.
5—St. John, Carleton, E. A. Westmoreland.
6—St. John, Carmarthen street, Henry Prince.
7—St. John, Zion, F. E. Boothroyd.
8—St. John, Fairville, Thomas Marshall.
9—St. John, Silver Falls, J. B. Gough.
10—St. John, Sussex, J. M. Rice.
11—Newtown, T. Spencer Crisp.
12—Apoahqui, H. S. Young.
13—Springfield, J. E. Shanklin.
14—Hampton, J. F. Rowley.
15—St. Martin, supply.
16—Jerusalem, W. B. Leard.
17—Welsford, A. E. Chapman.

**18—Westfield, Robert Smart.
19—Long Reach, E. Ramsay.**

Charles McGivney and Miss Margaret McAlone were united in marriage in St. Anthony's church in Devon, N. B., yesterday by Rev. Father Murphy. The bride and groom were attended by Miss Ina McGivney and John McAlone.

Louise Marion Christiansen, daughter of Mr. and Mrs. Ludwig Christiansen of 92 Somerset street, was united in marriage to Guy Walter Harkins of Douglas, York Co., yesterday by Rev. S. S. Poole. Mr. and Mrs. Harkins left for Liverpool, N. S.

A pretty wedding took place in Main street Baptist church this morning when Rev. David Hutchinson, D. D., united in marriage Horace E. McLeese and Miss Laura Pearl Sterritt, daughter of William J. Sterritt of Hamilton's Mountains, Queens County. The bride was attired in a tailored suit of navy blue serge with black picture hat and carried a bridal bouquet of roses and carnations. They left by automobile for Back Bay to spend a few weeks with the groom's parents. The groom is a popular member of the local police force.



BOB LONG
UNION MADE
OVERALLS
SHIRTS & GLOVES

Known from Coast to Coast
R. G. LONG & CO., LIMITED
TORONTO CANADA



The Waltham Watch in the War

When the United States Government wanted a tireless and accurate timekeeper for its aeroplane service, it chose the Waltham Watch. To you, as a prospective watch buyer, this piece of news is significant. The fact that the Waltham is selected whenever a Government or distinguished scientific body requires an infallible time recorder is the best possible indication of the integrity of Waltham workmanship and quality. Your jeweler carries Waltham models at prices to suit all purses. "Ask him to show you."

WALTHAM WATCH COMPANY, LIMITED MONTREAL