POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., SATURDAY, FEBRUARY 7, 1920

WHAT HAPPENED FROM A COLD

St. John Woman's System Became Weakened and Her Health Was Threatened Until She Took "Liv-rite."

A cold in these days of rapidly changing weather may result very seriously in ing weather may result very seriously in its effects to the system and may leave its victim in a weakened state. That was what happened to Mrs. Amy Wood of Erin street. She had had a cold for some time and it continued to hold on until it began to sap her strength. "I began to get worried about it," she writes. "It held on so long that I was suffering very much from it. I began to writes. There of so long that I was suffering very much from it. I began to lose my energy and strength. My appetite left me, my system became weakened. Then I thought it was time to take something more than mere medi-cine for a cold. I felt I needed a tonic to build me up again so I started on 'Liv-rite.' It has helped me wonderfully and I am now again in possession of my proper state of health."

proper state of health."

There is great danger from such cases as this. It is easy to catch a cold but difficult to get rid of it and one never knows when it may develop seriously. In order to offset its effects it is advisable to have "Liv-rite Tonic" handy and to take it when the system is threatened. This medicine will build one up again, strengthen the inner organs, stoutagain, strengthen the inner organs, stouten the muscles, and purify the blood of its poisons. It can be had from almost 17th St. John Troop (Trinity.)

Sal

manitow

EFFERVESCENT SALINE

Martin's Manitou Health Salt (milder form) In Tins.

STANDARD REMEDIES LTD., Winnipeg, Man.

Few Drops When Corns Hurt.



THE BOY SCOUTS

rater at Little Manitou Lake. Records show that

Sal Manitou Effervescent Saline

is a refined powder preparation of the medicinal compounds of this water. It has all the healing and

Those with stomach, liver

and kidney trouble will find Sal Manitou

Pain Stops! Corns Lift Out

Don't let corns ache twice! Lift any corn or

callus off with fingers—Here's magic!

No humbug! Any corn, Put a few drops directly upon whether hard, soft or between the toes, will loosen right up lus. Instantly the soreness dis-

and lift out, without any pain.

This drug is called freezone and is a compound of ether discovered by a Cincinnati chemist.

This drug is called freezone or callus will loosen and can be lifted off with the fingers.

Freezone doesn't eat out the

Ask at any drug store for a corns or calluses but shrivels

small bottle of freezone, which will cost but a trifle, but is sufficient to rid one's feet of every corn or callus. It is the most marvelous drug known.

Some or canuses but shifted without any irritation.

Wossen! Keep freezone on your dresser and apply a few drops whenever a corn begins aching. Pain stops, corn goes!

the Indians coming from miles around used this

TURN HAIR DARK

of his own savings. He is a very energetic little worker and at the present

J. Hawkins gave a very pleasant address to the boys, followed by J. S. Flaglor. A very pleasant evening was spent.

Next Wednesday Coburg troop will organize a troop of Wolf Cubs under the

AMERICAN COLONEL GIVES FREE ADVICE

SAYS IT'S SHEER FOLLY FOR ANYONE TO SUFFER THESE DAYS.

and attention shown me as a member of this troop. As a true scout I will always do my best for the troop. Thanking you, dear sir, for your permission to present this flag, I am, Yours obediently, (Sgd.) ROLAND M. KRANT. It might be well to note here that Scout Krant purchased this banner out of his own sayings. He is a very ener-

of his own savings. He is a very energetic little worker and at the present time holds a number of proficiency badges.

The boys are very pleased to receive such a suitable gift and they wish to thank Scout Krant again in this column for his kindness to them all.

On Monday, Jan. 26, 1920, the regular meeting was held with almost a full attendance. The troop experienced one of the best meetings they have had. A new programme was adopted and proved a great success. Similar programmes will be carried out in the future. The starman's badge work is progressing rapidly, as a number of scouts will soon be ready for the final test. Signalling is also coming along well, as is the ambulance work. Games, without questions are nearly labor party movement along political lines was decided upon at a meeting of the St. John Trades and Labor Council at a meeting in Oddfellows' building last night. A special meeting will be held next week to perfect plans.

A committee was appointed to wait on the city commissioners for the purpose of having a labor man placed on the stomach retards digestion and starts food fermentation, then our meals sour fluids and gases which inflate the stomach retards digestion are nearly always due to acidity—acid stomach the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council at a meeting of the St. John Trades and Labor Council a

rapidly, as a number of scouts will soon be ready for the final test. Signalling is also coming along well, as is the ambulance work. Games, without question, are eagerly and effectively carried out, the old ones and some new ones being always ready at hand.

The Wolf Cubs are also progressing favorably, many having passed for their second star badge. The Girl Guides are gradually coming to the front. In a few weeks an interesting report of their progress will be given.

Coburg Troop No. 13.

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Coburg Troop No. 13 had its usual meeting Wednesday evening. The meeting opened with roll call, games and scout work. Miss Hughes of the Girl Guides gave a very interesting programme of first aid. The troop had a surprise visit from the officers and members of Coburg street church. W. J. Hawkins gave a very pleasant address to the boys followed by J. S. Flag-

Catarrhal Deafness

work in order to demonstrate what they are doing and what they have learned in scouting so that they can show what TO RHEUMATICS The second which mean much for their physical development and the parts of scout work in being prepared which is

the scout motto.

Several proficiency badges have been awarded during the week. Patrol Leader Stanley Goodwin, son of the Rev. H. A. Grandma kept her locks dark, glossy and youthful with a simple mixture of Sage Tea and Sulphur.

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandmother's recipe, and folks are again using it to keep their hair

Stanley Goodwin, son of the Rev. H. A. Goodwin, has now passed his first class and king scout with grade A card. He ranks with the higher scouts and is to be congratulated on his success, Ronald Hart has also passed for his pathfinder badge and is well up for first class. For excess the Uric Acid and the poisons that cause rheumatism.

It is proved right here that Ferrozone passed their tests and firemen's badges.

formed up in horeshoe formation and to the surprise of all present was preant you, send his name to the Maritime Drug Company, 108 Prince William attendance was not as large as usual, a street, or send them a dollar and they wery enjoyable evening was presence of H. O. Eaman, maritime seep it read as follows:

An Aperient Since The

Time of The Indians

Nature provided Canada with natural saline water at Little Manitou Lake. Records show that

formed up in horeshoe formation and to the surprise of all present was presented up in horeshoe formation and to the surprise of all present was presented with a standard by Scout Krant. The banner is a very beautiful one with a tenderstoop and tenderstoop and tenderstoop. The Mission Troop held a meeting was held Jan. 21, 1920.

An unofficial meeting was held Jan. 21, 1920 the boys Scout emblem upon it. Just before presenting the banner Scout Krant handed to Scout master Loweth a letter which the latter read to the troop. It read as follows:

Jan. 21, 1920.

Dear Sir—Permit me to present the Boys Scout Troop (Trinity) with this banner, which I hope they will earry with honors through their many marches and contests.

I also wish to thank you as well as my fellow scouts for all the bidden and they of regular scout the hope in the catarrhozone Co. Kingston.

The Mission Troop Meeting the deadership of W. Dunlop, who is to be cubmaster. The Cubs will start at 6.30 and dismiss at 8 o'clock.

Troop No. 15, Centenary Methodist.

The troop met Friday evening and tenderfoot and second class work was taken up, after which the cubmaster. The Cubs will start at 6.30 and dismiss at 8 o'clock.

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AN INDEPENDENT LABOR PARTY IS

TO BE LAUNCHED The launching of an independen

Constipation, health's worst enemy, can be easily conquered with Purgative Water, which acts mildig, yet surely, without causing colic, cramps or weakness. Distributors for the Maritime Provinces. NATIONAL DRUG & CHEMI 'AL CO. OF CANADA LIMITED, St. John and Halling.



How Present Methods of Living Sap the Iron From the Blood---



That Deafness

And Head Noises

Alarming Increase in Iron Deficiency Among Men and Women of Today Leads Physicians Below to Explain Why They Now Prescribe Organic Iron—Nuxated Iron—to Help Build Up Weak, Nervous, Run-Down People by Giving Them More

out my experience on Hospital Staffs and as a Medical Examiner, I have been astonished at the number of patients who have doctored vainly for various put me in a superb physical condition."

The effects were apparent after a few days and within three weeks it had virtual astonished at the number of patients who have doctored vainly for various put me in a superb physical condition."

Weeks' time in many instances.

Manufacturers' Note: Nuxated Iron, which is prescribed and recommended by physicians and which is now being used who have doctored vainly for various put me in a superb physical condition."

I have been astonished at the number of patients who have doctored vainly for various put me in a superb physical condition."

No matter what other tonics or iron not a secret remedy but one which is well one which is prescribed and recommended by physicians and which is prescribed and recommended by physicians and which is now being used which is prescribed and recommended by physicians and which is prescribed and recommended by physicians and which is prescribed and recommended by physicians are which is prescribed and recommended by physicians and which is prescr run-down state was simply the result of remedies you have used without success known to druggists everywhere. Unlike lack of iron in the blood, frequently —if you are not strong or well, you owe the older inorganic iron products it is brought on by modern methods of cook—it to yourself to make the following test: easily assimilated and does not injure ery and the strain of the present day high See how long you can work or how far the teeth, make them black nor upset tension life. Time and again I have you can walk without becoming tired the stomach. The manufacturers guar-prescribed organic iron—Nuxated Iron— Next take two five-grain tablets of Nux—antee successful and entirely satisfactory and surprised patients at the rapidity at a trongly and surprised patients at the rapidity at a trongly and surprised patients at the rapidity at a trongly and surprised patients at the rapidity at a trongly and surprised patients at the rapidity at a trongly and surprised patients at the rapidity with which the weakness and general for two weeks. Then test your strength refund your money. It is dispensed in debility was replaced by a renewed feelagain and see how much you have gainthis city by Ross Drug Co., S. McDiaring of strength and vitality. I took ed. Nuxated Iron will increase the mid, E. Clinton Brown, Wassons Drug Nuxated Iron myself to build me up strength, power and endurance of deli-Store and all good druggists.

A BRIDGE OF SAFETY

TO STRONG, VIGOR-OUS HEALTH Like a crashing avalanche of mighty rocks the conditions of modern living are threatening the health and strength of many a man of today. It is for

such men that Nuxated Iron serves as a bridge to safety by helping to build up red blood power and endurance.

where the properties of the pr