Piles and Costiveness.

The bowels should be emptied at least once a day by a natural evacuation, yet some persons (usually females) often fail of such evacuation for several successive days. Consequently the bowels or intestines are filled with partially digested food, which ferments and sours, and develops a foul gas that rises into the mouth with a belching sound and action. This nauseous mass presses upon and congests the blood-vessels, producing various forms of piles—bleeding piles, blind piles, itching piles, etc. What suffering is thus caused we need not describe. The only mode of relief and cure is to soften this disease-breeding accumulation, and expel it from the bowels by the natural passage, and then to tone up the intestines so that they may do their own work. Seigel's Curative Syrup does this by promoting the secretion of bile by the liver, and stimulating the nervous and muscular power of the bowels. A few doses give relief, and perseverance will effect a cure.

DUNBAR, ONT., Mar. 15, 1897.
A. J. WHITE & CO.,
No. 71a James St., Montreal.

Gentlemen: Some time ago my health was very bad, my appetite failed me, my food did me no good. I was troubled by wind and pains in my stomach, and also pains in my head which nearly drove me crazy. My sleep at night was troubled, and I awoke feeling no more rested than when I retired. At this time I commenced to use Seigel's Syrup, and I immediately began to feel better. My appetite improved and my sleep was sound and refreshing. At the present time of writing I am enjoying good health, I sleep well and my appetite is splendid. I can truthfully state that Seigel's Syrup has done me more good than any medicine I ever took, and I am glad of this opportunity of telling others what it has done, and recommending it to them. With good wishes, allow me to remain,

Your friend and well-wisher,
(Signed)   F. D. BARKLEY.

Clogged bowels mean sickness—keep them open with Seigel's Pills.