

not the new hospitality more satisfying, both to the host and guest, than the old? It seems to me that housekeepers are enjoying as never before the days set apart for their friends, and have learned to appreciate the saying of Brillat-Savarin, "He who receives friends, without himself bestowing some pains upon the repast prepared for them, does not deserve to have friends." And certainly there is none of us so regardless of the delights of the table that he does not respond to the warming influences of a meal prepared by a thoughtful hostess as a tribute to him as a guest.

The difficulty for the housekeeper lies in the selection of an appropriate menu. This little book is intended to meet this difficulty. May it be a help to many!

Let me ask you to remember that all the recipes have been thoroughly tested, and not found wanting. You should have in mind, too, that in all these rules of mine the measurements are made level. Measuring cups, divided into thirds and quarters, are used; also tea and tablespoons.

With these words let me leave you to the enjoyment of the new hospitality!

FANNIE MERRITT FARMER.

