

trained and manly graduates. Outdoor athletic sports form a not unimportant part of the University training, and when properly conducted under the supervision of an experienced physician should result in much good. There has always been a danger that young men suddenly changing their mode of life, from perhaps one involving great physical activity to the sedentary life of a college student, should thereby suffer in health. Athletic sports tend to encourage out of door exercise, and by insuring a better physique, enable the student to do better brain work. The advantages are very tersely stated in a pamphlet by President Harfield, who says:—"Most outdoor games, not merely strengthen the limbs, give certainty to the movements, make the hand skilful and the eye sure, but also give great command to the will over the actions of the body. A true athlete cultivates self control, prudence, discretion, and later also the higher virtues of sobriety and chastity." It also enables him, in the language of Holmes, to determine his "weight of metal and his size of ball." It should not, however, be an object in athletic sports to furnish material for surgical clinics. Injuries to wind and limb are becoming only too frequent. Joint injuries are occasionally received that incapacitate the player for weeks and months, and unfortunately fatal results are not unknown. This rough play, which may cause serious accidents, is not sport. The true sportsman should take more pleasure in the exhilaration of contending than in the winning, and it is to be earnestly hoped that fine scientific sport may be soon purged of that violent play that causes physical injury.

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E. B. Treat, Publisher, New York, has in press for early publication the 1896 *International Medical Annual*, being the fourteenth yearly issue of this eminently useful work. It will be the conjoint authorship of forty distinguished Specialists, selected from the most eminent Physicians and Surgeons of America, England and the Continent. It will contain reports of the progress of Medical Science at home and abroad, together with a large number of original articles and reviews on subjects with which the several authors are especially associated. In short, the design of the book is, while not neglecting the Specialist, to bring the general practitioner into direct communication with those who are advancing the science of medicine, so that he may be furnished with all that is worthy of preservation, as reliable aids in his daily work. Illustrations in black and colours will be used wherever helpful in elucidating the text. Altogether it makes a most useful, if not absolutely indispensable, investment for the medical practitioner. The price will remain the same as previous issues, \$2.75.