

It should be like the oratory of the brilliant and genial Sheridan, of whom it has been written :

"His wit in the combat, as gentle, as bright,
Never carried a heart-stain away on its blade."

He should emulate in his every-day bearing the self-sacrificing and noble Sir Philip Sidney, the pattern to all England of a perfect gentleman, the hero that, on the field of Zutphen, pushed away the cup of cold water from his own fevered and parching lips, and held it out to the dying soldier at his side! Shakespeare says :

"A merry heart goes all the day,
Your sad tires in a mile, oh!"

A teacher should cultivate a pleasant, cheerful, sunny, happy disposition. He must not carry any of his personal troubles into the school-room. His manner there must be pleasant and free from gloom of any kind. He must see the bright side of everything. Every thing has a bright side. Let the clouds hang ever so heavily, the sun still shines behind them. He must avoid all gloomy companions and sad and worthless literature. His recreative reading should consist of the works of Shakespeare, Swift, Dickens, Thackeray, Walter Scott, and Sydney Smith. For professional reading, the CANADA SCHOOL JOURNAL is indispensable. His temperament is greatly dependent upon his bodily health. If his health be vigorous, his spirits are elastic and buoyant. He should therefore take much exercise in the open air. One can get a good broad sweep of it on the prairies. The open air is life; the want of it, death. Lady teachers should do a little housework. The sleeping room should be light, large, airy, clean, and lofty. It is a very healthful exercise to sing and inhale lungfuls of breath frequently. Keep early hours, avoid everything indigestible, eat plain food, and have nothing to do with quack medicines. Rub the body into a glow after every bath. Night and morning, when undressed or half dressed, throw the arms and elbows back, in various ways, in such a manner as to open the chest, and fill the lungs with fresh air. Lady teachers will find it easier to swallow great doses of nauseous medicine than to perform these exercises, but the latter will do them far more good.

The teacher should fully appreciate the importance and dignity of his office. I consider it no disparagement to the pulpit to say that the profession of teaching is the highest and holiest in the world. The teacher has the honor to be the servant of the feeblest, the most inexperienced, and the most helpless; to stand, as it were, at the portico of the temple of God, guarding the house and keeping it from pollution. That was a beautiful saying of Dr. Dwight:—"He that makes a little child happier for half an hour, is a co-worker with God." A teacher should love his work, and overflow with a deep and burning enthusiasm. He should throw his whole self upon his work. He should pour into it the whole stream of his activity, all the energies of his hand, eye, tongue, heart, and brain. As a great writer, in speaking upon force of character, says:—"What you can effect depends on what you are. You put your whole self into what you do. If that self be small and lean and mean, your entire life-work is paltry, your words have no force, your influence has no weight. If that self be true and high, pure and kind, vigorous and forceful, your strokes are blows, your notes, staccatos, your work massive, your influence cogent—you can do what you will. Whatever your position, you are a power, you are felt as a kingly spirit, you are as one having authority."

Read before the Manitoba Teachers' Association and published at the request of the members.

Notes and News.

ONTARIO.

The attendance at the Ontario Business College, Belleville, during the months of November and December, was the largest the College ever had at that season. First class work will gain public confidence.

At an entertainment in connection with Tyrconnel public school, which was presided over by Mr. Butler, I.P.S., and was largely attended, Mr. James E. Orr, Principal, was presented with a copy of Worcester's unabridged dictionary and other gifts, in recognition of his talented and energetic services. Mr. Orr has been re-engaged with an increase of salary.

Mr. John Raine, of Carleton Place, for some years Master of the Perth Model School, has been appointed Principal of Tilsonburg public school, at a salary of \$700. He will be assisted by Misses Abbott, Hamilton, Hillman and Caulfield.

Mr. William Callin succeeds Mr. William Lyle in the senior department, Shakespeare school, and Miss Kate McLellan has been re-engaged in the junior department. Mr. Lyle, who goes to Hal-dimand with the reputation of being a highly successful teacher, is to receive a much higher salary. The *Stratford Beacon* in noticing this change observes: "It might be worthy of notice that as soon as it was found that Mr. Callin was likely to be engaged, another of the applicants generously offered to teach for \$50 less, but the trustees wisely concluded, not being auctioneers, that any man's services could not be worth more than he himself valued them at." The *Beacon* would have benefited the profession by giving the name of the generous applicant, as we hear a good deal about such self-abnegation lately. A list of these "bidders" would form an interesting "roll of honor."

Teachers are plentiful in supply! Seventy applications were received by the Guelph School Board for vacancies in their schools; for a vacancy in Northumberland county nearly one hundred applied, and for eight vacancies in the Almonte High and Public Schools there were one hundred and forty-one applicants! For the Orillia School, seventy replied to the advertisement! The result may be easily guessed at. Several school boards are cutting down the salaries, and many good teachers feel their positions insecure. The applicants are chiefly youths.

The new County Model School regulations are exercising School Boards somewhat. In Lindsay and Goderich the members are doubtful whether the County Councils can reasonably bear the additional expense. In the latter town it was suggested to discontinue the Model School, but no decisive action was taken. The regulations causing this trouble are that the school boards concerned are required to furnish an extra teacher during the two sessions of four months in each year. An extra has also to be provided for Model School purposes. It is further ordered that the Master of the Model School shall have a first class certificate. It is also provided that the government grant shall be \$150 per annum, and that the County Council are to furnish a like sum.

School hygiene is a subject much discussed at present, and necessarily so, because public opinion needs to be directed to its absolute enforcement. What will be thought of the following state of the school at Point Edward given by a correspondent to the *Sarnia Observer*? "The present building is nothing more than a barn, and is not worthy of the name of a school-house. It certainly is a disgrace to our rising town. The inspector visited the school, and states that he cannot allow such a state of over-crowding to exist in so small a place, as it is very detrimental to the health of the children."

Mr. James Lumsden, of Omemece, has been appointed Head Master of Mitchell High School, at a salary of \$800 per annum, in the place of Mr. O. J. Jolliffe, B.A., resigned.

The position vacated by Mr. Wm. Rothwell, B.A., in Brantford Collegiate Institute, has been accepted by Mr. I. J. Birchard, B.A. late Principal of Perth Collegiate Institute.

The Bowmanville Board of Education has decided to take no action at present on the separation of the High and Public Schools. The step was suggested by the Head Master, Mr. Wm. Oliver, B.A., on solid grounds no doubt.

The *Almonte Gazette* states that "the programme laid down by the Council of Education embraces far too many subjects." Query, how many of them may be omitted with advantage to the pupils?