

**ASTHMA** USE  
**RAZ-MAH**  
Just Swallow a Capsule  
**RAZ-MAH is Guaranteed**  
to restore normal breathing, stop mucus  
discharges in the bronchial tubes, give  
you nights of quiet sleep; contains no  
habit-forming drug. \$1.00 at your drug-  
store. Trial free at our agencies or write  
completely, 143 King W., Toronto.  
Local Agent—J. W. McLaren

## Central Business College

STRATFORD, ONTARIO

The leading commercial  
school where you can get  
thorough courses under  
competent instructors in  
Commercial, Shorthand and  
Telegraphy Departments.  
Students get individual in-  
struction and may register  
at any time. Graduates are  
assisted to positions. Get  
our free catalogue.

D. A. McLachlan, Principal

WINTER TERM OPENS JAN. 3rd.

## ELLIOTT Business College

Yonge and Charles sts., Toronto.  
Is noted throughout Canada for high  
grade business education. Graduates  
readily obtain employment. Write  
for handsome catalogue. Enter any  
time.

W. J. ELLIOTT, Principal.

## MURKAI

JAMES NEWELL, PH. B., M. C.

L.R.C.P.S., M.B.M.A., England

Coroner County of Lambton

Watford, Ont.

Office—Corner Main and Front Sts.

Residence—Front st., one block east

of Main st.

C. W. SAWERS, M. D.

Phone 13, Watford, Ontario.

Office—Main st. Residence—Ontario

street, east.

Office Hours—8.30 to 9.30 a.m.;

to 4 and 7 to 8 p.m. Sundays by

appointment.

W. G. SIDDALL, M. D.

WATFORD, ONTARIO

OFFICE—Next to Public Library.

Day and Night calls, phone 26.

Office Hours—8.30 to 9.30 a.m.;

to 4 and 7 to 8 p.m. Sundays by

appointment.

## DENTAL

GEORGE HICKS,

D. D. S., TRINITY UNIVERSITY, L. D. S.

Dental College of Dental Surgeons, Post graduate

of Bridge and Crown work. Orthodontia and

Pericoronitis work. The best methods employed to

preserve the natural teeth. Special attention

to Crown and Bridge Work.

Office—Over Dr. Sawers', Main st.,

Watford.

## Veterinary Surgeon.

J. McILLICUDDY

Veterinary Surgeon.

HONOR GRADUATE ONTARIO VETERIN

ary College. Dentistry a Specialty. All

diseases of domestic animals treated on scientific

principles.

Office—Two doors south of the Guide-Advocate's

office. Residence—Main Street, one door north

of Dr. Siddall's office.

## Auctioneer

J. F. ELLIOT.

Licensed Auctioneer

For the County of Lambton.

PROMPT attention to all claims, reasonable

terms. Orders may be left at the Guide

Advocate office.

## INSURANCE

## THE LAMBTON

Farmers' Mutual Fire Insur

ance Company.

(Established in 1875)

JOHN W. KINGSTON, PRESIDENT

JAMES SMITH, VICE-PRESIDENT

ALBERT G. MINIBLY, DIRECTOR

THOMAS LITHGOW, DIRECTOR

GILFORD BUTLER, DIRECTOR

JOHN PETER MCVICAR, DIRECTOR

JOHN COWAN, K. C., SOLICITOR

J. F. ELLIOT, FIRE INSPECTORS

ROBERT J. WHITE, AUDITORS

ALEX. JAMIESON, AUDITORS

F. J. MCWEN, AUDITORS

W. G. WILLOUGHBY, MANAGER AND

WATFORD SEC. TREASURER

PETER McHEBRAN, Wainstead P.

Agent for Warwick and Plympton.

## Novel Christmas Salad Bowl.

By the time that the salad course  
arrives at the Christmas dinner all  
that surround the festive board are  
apt to be warm. It will be refreshing  
to see the salad come to the table in  
a block of ice. Smooth the ice square  
with a hot flat iron and make a cavity  
in the center with the same utensil.  
Border with crisp lettuce and sprigs  
of holly and fill with salad. Place the  
block on several thicknesses of cloth  
or a deep platter and put around it a  
wreath of holly.



## DO IT EARLY

Buy—Doing  
your Christmas  
shopping now?  
Why it's a long  
time off.

Mrs. Small—I

know, but the

store is half a

block away.

## An Easy Gift.

Small boy, running up and display-  
ing slate:—“Just look, uncle, what I've  
done with my example! Got a whole  
million! I'll give it to you as a Christ-  
mas present.”—Flegende Blatter.

## SHE TOOK HER MOTHER'S ADVICE

Now is in the Best of  
Health because she took  
Lydia E. Pinkham's  
Vegetable Compound

Keswick, Sask.—“My mother has  
taken Lydia E. Pinkham's Vegetable  
Compound and upon learning of  
my troubles advised me to try it  
as I seemed all run down after the  
flu and had leucorrhoea very bad.  
I have taken Lydia E. Pinkham's  
Vegetable Compound and Lydia  
E. Pinkham's Blood Medicine  
and used the Sensitive Wash also Dr.  
Brown's Capsules and Prescription and  
am much better in every way. I am  
willing for you to use my letter as a  
testimonial as I recommend your  
medicines.”—Mrs. IRENE NELSON,  
Keswick, Sask.

It is not always in business that a  
woman is forced to give up her work  
on account of ill health. It is quite as  
often the woman who does her own  
work at home. When backaches and  
headaches drive out all ambition, when  
that bearing-down sensation attacks  
you, when you are nervous and blue,  
the one great help for such ailments is  
Lydia E. Pinkham's Vegetable Com-  
pound.

## SPARKLING EYES

Follow Good Health

London, Ont.—“I have taken Dr.

Pierce's Favorite Prescription and it

has proved a beneficial tonic.

After having ty-

phoid fever I was

in a very weak-

ened condition,

could not regain

my strength, so I

decided to take

the 'Prescription'

and by the time

I had taken one

bottle I was com-

pletely restored to health and

strength. Dr. Pierce's Favorite Pre-

scription can be relied upon as a

builder and strengthening tonic.”—

Mrs. John Shuler, 225 Clarence St.

IF YOU'RE A YOUNG WOMAN

OR EVEN IN MIDDLE LIFE

Here is Some Good Advice for You

From a Prominent Woman

London, Ont.—“When I reached

middle age I was in very poor health,

was rundown, nervous, would have

fainting spells and heat flashes, I

was a physical wreck. I tried many

different medicines but the only

medicine that gave me any relief

was Dr. Pierce's Favorite Prescrip-

tion. Before I had taken a half bot-

tle I was feeling like a different

person—the more I took the stronger

I got. What 'Favorite Prescription'

did for me I am sure it will do for

other women at this critical period of

life if they will give it a fair trial.”—

Mrs. M. M. Taylor, 569 Hill St.

Better go now to your neighbor-

hood drug store and obtain Dr.

Pierce's Favorite Prescription in

tablets or liquid. Write Dr. Pierce's

Invalids' Hotel, Buffalo, N. Y., for

free medical advice, or send 10c for

trial pkg. of tablets to Dr. Pierce's

Laboratory in Bridgeburg, Ont.

It has Many Qualities.—The man

who possesses a bottle of Dr. Thomas'

Electric Oil is armed against many

ills. It will relieve a cough, break a

cold, prevent sore throat; it will re-

duce the swelling from a sprain, re-

lieve the most persistent sores and

will speedily heal cuts and contusions.

It is a medicine chest in itself, and

can be got for a quarter of a dol-

## Christmas Journey

A True Story for Grown-  
Ups

Mary  
Graham  
Donner

HE had no children. At

Christmas time she especially

seemed to feel the

need of them. It seemed

as though every time she

turned around she should

see a daughter or a son

or a small chubby child of

her own—one of those she

had dreamed of and who had never

stepped outside of her dreams.

Yes! She, Gertrude Harding, was a

“born mother” to whom no children

had been born.

But this year she had forgotten

something most important to be done.

And it was only several days before

Christmas.

She went down town, made her pur-

chase after quite a delay and left the

shop.

Outside were three small children,

their faces close against the window

pane, their eyes gleaming, their small

“licked” bodies tense and quivering

with emotion.

“Aw, gee, look at it stop at the sta-

tion! There, she's off the track now!

No, she ain't. She's back on again.”

The second child was reading a sign.

“They says that in this here shop

that it's the land where the dreams

of children come true. D'ya suppose

they's kiddin'?”

The third child, a little girl, who

was clutching what once had been a

doll was looking at one in the shop's

window.

“If I could jes' touch her hair,” she

sighed.

“Would you like to go inside the

shop?” Gertrude Harding asked the

children.

They looked at her abruptly. “D'ya

mean it?”

And through the shop, straight to

the children's department she took

them.

It was a revelation to her to realize

the joy that was derived by these

children from the intimate contact

with toys they knew they could never

own.

They had gone inside one of the big

shops and had been treated as well as

anybody; they had not been afraid.

They had looked to their heart's con-

tent.

“It's true—what they's said,” the

children agreed afterward, “in there it

is the land all right, where children's

dreams come true.” For the reality of

Fairland had been expressed by the

marvelous and magical toys and games

and gay decorations of the Christmas

shop.

If Gertrude Harding told herself

afterward, these children had so loved

a trip into the gayety of a children's

shop, were there not others who would

like to journey forth into the world of

toys, too?

She thought it over. And did not

stop there. She rang up a certain

number and asked for the matron.

“You're the matron of the Children's

hospital, aren't you? Well, I won-

dered if any of your children would

care to go with me tomorrow and take

a trip through the children's toy shops?

They're most attractively fixed up

this year and some of them have special

attractions, a Santa Claus and many

other wondrous features!”

So Gertrude Harding called for the

children. There were 15 who were

able to go and of that 15 the majority

were motherless.

Such an afternoon as Gertrude

Harding had. And such an afternoon

as the children had.

Those in the shops seemed especial-

ly anxious to do what they could for

the children who were so obviously

from a home or hospital. The mechan-

ical toys even seemed to put more

spirit into their performances Ger-

trude Harding thought.

As they were coming home several

little hands found their way into both

ing, hoping she would not refuse.

“That would be the best ‘pretend’

of all,” she smiled at them.

So they “pretended” and so they

went back very happily from their

Christmas shopping trip.

Once again she took them, on the

day before Christmas. It was hard

getting through the crowds, but it was

worth every effort.

In one of the shops a gayly dressed

clown led the children in a proces-

sion. Once in a while he turned and

winked at them as though to say:

“We know what fun all this is.

Don't we? We're in the secret of the

fun that children can have at Christ-

mas time that the grown-ups know

nothing of. They must just let us go

along and share our secret together,

eh?”

And then the clown bent upon his

drum and the children all marched

stiffly behind.

When a magnificent Santa Claus

asked the children to sing with him

and the voices of the hospital children

sang out with the rest Gertrude Har-

ding felt herself swelling with pride.

Later when Santa Claus perceived

that one of the hospital children had

an unusually lovely voice he asked

him to sing alone.

And there in the shop he sang,