

Guide-Advocate

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FRIDAY, JUNE 10, 1921

NOTE AND COMMENT

Keep your dollars at home. Why buy imported strawberries at this time of year? If you must have some thing sour enough to twist the hind leg of a dog, why not good Canadian rhubarb, sparingly sugared.

Peterboro Examiner:—The decennial stock-taking of the Canadian people—in other words the census—begins on June 1. The importance of this collection of statistics and information it is hoped will so impress itself upon Canadians generally that there will be whole-hearted co-operation and the work of those engaged in the census will be made as light as possible.

Peterboro Examiner:—It is of general interest to know that the special fruit committee of the Ontario Legislature is not only going to deal with the export of Ontario fruit and the development of the British market, but will also pay attention to local market conditions. There is the greatest need of an inquiry into this latter question, for in recent years the Ontario fruit crop has not been handled to the benefit of either producer or consumer—vast quantities of fruit were allowed to go to waste last year while the people of the Province were paying record prices.

Short skirts are taking the romance out of life for young girls. They now have nothing to look forward to in that dress transition time that formerly marked the age when they quit being little girls and became young women. In the old days before all the gentler sex wore short skirts one of the anticipated days in a girl's life was when she would wear her first long dress. It was parallel to the small boy becoming a young man when he put on his first long trousers. This glorious moment survives to the boy, but it is denied to the girl. She has nothing to plan for the time when she "gets big." She is wearing short dresses now, and she will be wearing them short when she reaches young womanhood. But aside from the dropping of her "pig tails" and the addition of a powder puff there is no new era for her as life develops.

CANADIAN BUSINESS IS YOUR BUSINESS

Wholesalers and retailers should promote the sale of Canadian products.

Individuals should demand Canadian products; buy only necessary articles, and seek acceptable Canadian substitutes for imported commodities.

All Canadians should help their country and themselves by patronizing Canadian goods and services.

Be fair to your own country. Correct the prejudice that is curtailing national prosperity. Canadian goods need no apology. Generally they represent better value than imported products. Many commodities of Canadian manufacture are unsurpassed in the world. If even 25 per cent. of the goods imported into Canada last year had been supplied from Canadian sources, direct employment would have been provided for some 65,000 additional workers at good wages. Including dependents, such additional business would have supported directly more than 250,000 persons. Every dollar spent in Canada on Canadian products means more money for Canadian workers, improved demand for farm and factory products, and additional business for wholesalers and retailers.

"COLD IN THE HEAD" is an acute attack of Nasal Catarrh. Those subject to frequent "colds in the head" will find that the use of **HALL'S CATARRH MEDICINE** will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh. **HALL'S CATARRH MEDICINE** is taken internally and acts through the Blood on the Mucous Surfaces of the System, thus reducing the inflammation and restoring normal conditions.

All druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

Read the Guide-Advocate "Wants."

THE TORTURES OF RHEUMATISM

Happily Stopped When He Began To Take "Fruit-a-lives"

8 OTTAWA ST., HULL, P. Q.
"For a year, I suffered with Rheumatism, being forced to stay in bed for five months. I tried all kinds of medicine without relief and thought I would never be able to walk again. One day while lying in bed, I read about "Fruit-a-lives" the great fruit medicine; and it seemed just what I needed, so I decided to try it. The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me."
LORENZO LEDUC.
50c. a box, 6 for \$2.50, trial size 25c.
At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.
Sores Flee Before It.—There are many who have been afflicted with sores and have driven them away with Dr. Thomas' Electric Oil. All similarly troubled should lose no time in applying this splendid remedy, as there is nothing like it to be had. It is cheap, but its power is in no way expressed by its low price.

'Lest We Forget'

Made the Supreme Sacrifice

WATFORD AND VICINITY

- Capt. Theo. L. Swift
- Sergt-Major L. G. Newell
- Pte. Alfred Woodward
- Pte. Percy Mitchell
- Pte. R. Whalton
- Pte. Thos. Lamb
- Pte. J. Ward
- Pte. Sid Brown
- Pte. Gordon Patterson
- Pte. F. Wakelin, D. C. M.
- Pte. T. Wakelin
- Pte. G. M. Fountain
- Pte. H. Holmes
- Pte. C. Stillwell
- Pte. Macklin Hagle
- Sergt. Clayton O. Fuller
- Gunner Russell H. Tremouth
- Pte. Nichol McLachlan
- Corp. Clarence L. Gibson
- Signaller Roy E. Acton
- Bandsman A. I. Small
- Capt. Ernest W. Lawrence
- Lieut. Leonard Crone
- Pte. John Richard Williamson
- Lieut. Chas. K. Hillis
- Lieut. Gerald I. Taylor
- Pte. Charles Lawrence
- Lieut. Basil J. Roche
- Pte. Alfred Bullough

Everyone reads the "Guide-Advocate Want Column" on page 4.

Getting entangled in a rope which was tied to an enraged cow, Alex Herries, South Malahide, was knocked over unconscious and three of his ribs broken. Leading the cow down the road, Bossie was inclined to have her own way and ran around Mr. Herries and kept going until the rope was drawn taut, when the cow gave a jump, smashed the rope and threw Mr. Herries some feet in the air. He came down with such force that he was seriously injured.

See the New Style Wedding Stationery at The Guide-Advocate.

BITES

Mosquito and fly bites will not trouble you if you use Zam-Buk. This herbal balm ends the irritation, draws out the poison and prevents inflammation. Zam-Buk is also best for sunburn, heat rashes, blisters, sore feet, cuts and all skin troubles. Keep it handy at your summer cottage as a "first aid" for all injuries. Druggists and Stores, 50c. box.

ZAM-BUK

FALL FAIR DATES 1921

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|------------|------------------|
| Strathroy | 19, 20, 21 Sept. |
| Watford | 22, 23 Sept. |
| Petrolia | 26, 27 Sept. |
| Sarnia | 28, 29 30 Sept. |
| Glencoe | 29, 30 Sept. |
| Forest | 3, 4 October |
| Brigden | 4, 5 October |
| Wyoming | 6, 7 October |
| Florence | 6, 7 October |
| Wilkesport | 10, 11 October |
| Alvinston | 11, 12 October |

CLEANLINESS IS OUR MOTTO

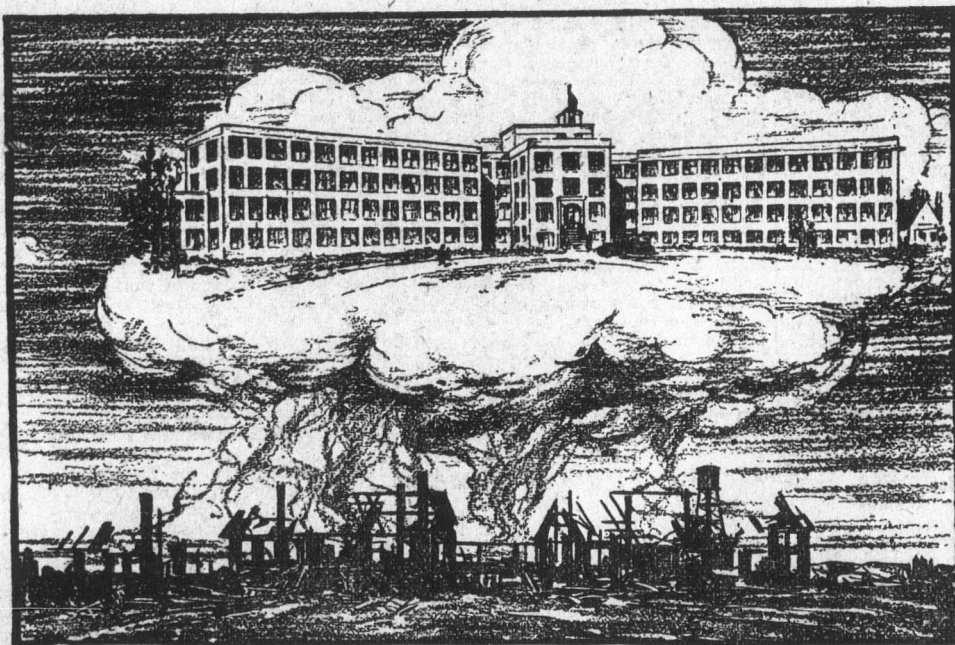
IT is our intention to handle only the very best Ice Cream that we can get. Served with fresh, seasonable fruits and syrups.

BREAD, CAKES, PASTRY ALWAYS FRESH

Your Wedding will not be complete unless you have one of our beautiful Cakes.

F. H. Lovell's

Up from the ashes!



Rebuilding a building to rebuild lives!



ON November 30th last, the Muskoka Free Hospital for Consumptives was destroyed by fire.

On January 14, this year, Sir William Gage, founder of the institution—the one man who had contributed most largely to its support,

and for twenty-five years the outstanding friend of needy consumptives—died.

To-day, more than ever before, poor, suffering consumptives need your assistance.

Give—give all you can—to the National Sanitarium Association's

Consumptives' Emergency Million Dollar Fund

The Muskoka Free Hospital for Consumptives, destroyed by fire on November 30th last, must be replaced by buildings, larger and fireproof.

Accommodation is needed at the Muskoka Free Hospital for 400 adults in early stages of the disease. This will restore 250 of them to their homes and loved ones—cured. The remainder will be greatly benefited.

A few months for each patient soon means thousands cared for.

Funds are urgently needed for this work.

Again—adults in advanced stages must be treated at the King Edward Sanatorium, on the banks of the Humber, near Weston. Extensions are necessary. Many of these patients can be saved.

And again—little children—stricken with the dread disease—must be cared for at the Queen Mary Hospital for Consumptive Children, near Weston. Ninety per cent. of these are saved to

become healthy men and women. Funds are urgently needed to cover the cost of extensions.

Further, funds are urgently needed to carry on the work of The Gage Institute in the City of Toronto, where the needy poor come for free examinations, including X-ray, and for medical and nursing assistance.

Fifteen thousand needy consumptives have been cared for to date at the hospitals conducted by the Association.

NATIONAL SANIARIUM ASSOCIATION

Headquarters: 46-48 King St. East, Toronto—Opposite King Edward Hotel
Telephones: Main 4148-4151-6353-4-5-6-7.

"Every Needy Consumptive Must Still be cared for"

Over

now

REDUCED O

Touri
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See us at
Canada's

WILLIAMS

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- 5—SAVING C classed as direct savin In certain under some fire-resistat
- 6—COST OF Asphalt Sit roof untat crack or r are built in

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