

My Hands Trembled and I Could Not Sleep

By Thomas Honey, Brantford, Ont., writes—



DR. CHASE'S NERVE FOOD
GERALD S. DOYLE, DISTRIBUTOR
At all Dealers.

"When I began taking Dr. Chase's Nerve Food, I was so nervous that when I picked up a cup of tea my hand would tremble like a leaf. I could not sleep well, could not remember things, and there were neuralgic pains through my body. After taking seven boxes of Dr. Chase's Nerve Food, however, I am in perfect health."

Another Shipment OF Ladies' and Misses' Summer Hats

Usual Good
STYLES
Usual Good
VALUES

That are picked up quickly by those ladies who are discerning buyers and leaders of fashion.

Therefore endeavor to make your selection as early as possible.

HENRY BLAIR

111, 113, 115

Cohen invited Morris Ginsberg to a banquet, posting him on all rules of etiquette.

At the banquet Ginsberg appeared in a suit and tie, and was seated next to Cohen.

"Because," explained Ginsberg, "Abie Finger and his wife were sitting next to me."

"But what have they to do with you?" demanded Cohen.

"I'm ashamed of you!"

SIDETALKS.

By Ruth Cameron.

HOW TO CHOOSE A CONFIDANTE.

A man in whom many people seem to like to confide, told me this illuminating little story the other day:

"Another man opened up his heart to me one night when we were walking together and told me a whole lot of things. He wasn't the kind of man who usually does get confidential, and right in the middle of it he stopped and said: 'Darn it all, I know I ought not to be telling you this, but in all the years I've known you, you've never yet told me anything that anyone else told you—I guess that's safeguard enough.'"

His Best Compliment

"I never had a compliment," said he, "that pleased me more and never one that I had occasion to remember oftener when the temptation not to deserve it came to me."

"Then you do find it a temptation sometimes?" I asked, for he has the reputation of being exceedingly discreet.

"Was there ever anyone who didn't?" he countered. "When you know things that would make people's eyes stick out, isn't it always a temptation to make them stick? Of course you don't do it but—"

Snapshots Like Oil Paintings.

Something New for Amateur Photographers.

The writer will be pleased to answer questions if a stamped addressed envelope is sent.

Several readers of Tit-Bits have written asking me to describe the bromide photographic process.

A bromide print is a bromide print which has been bleached out and, as it were, redeveloped in oil pigment such as the oil-colour artist uses. It is, therefore, permanent, like an oil painting, and possesses also the rich depth seen in such pictures. It differs in appearance, however, from the fact that the pigment is laid on paper instead of canvas. When well done it has the appearance of a masterpiece.

The result is due to a certain extract to the technical skill of the worker, but chiefly to his artistic taste. More than any other photographic process, it allows the worker to control the lights and shadows of his picture. Therefore, the better the artist, the better the result.

What You Require.

At the same time, it is possible for the inartistic photographer to make a straight bromide print—a print corresponding exactly to the original bromide print in detail—and if well done, it will look much superior to the bromide print.

Any reader who has carefully followed the photographic articles in Tit-Bits is in a position to attempt bromide work. For economy's sake, he should not attempt anything larger than half-plate at first.

The following will be necessary for a start: A six-foot bromide brush, costing 2s. 6d., tubes of hard and soft black bromide pigment, a few sheets of clean blotting paper, and a piece of strong glass about twice as big as the size of the print to be bromided.

A bleacher is needed to bleach out the print. It can be mixed at home, and the writer will supply a formula to anyone who wants it, but the beginner would be well advised to buy a small bottle of ready-made stuff, which any photographic dealer will obtain on request.

The making of the original print is important. A negative that is full of sharp detail should be selected, and the bromide print or enlargement made from it should be exposed so that it is just right when it has been lying in the developer for three minutes. If it has got too dark in that

time, another print should be made with shorter exposure. It is useless for the novice to attempt to work on an over-exposed print.

After development, the print should be rinsed in water and placed in plain hypo solution. An acid bath must not be used.

After fixing for a quarter of an hour, the print must be washed for an hour in moving water. This is really the way to make a first-class bromide print for any purpose, and it presents no difficulty to the ordinary photographer. After washing, it should be hung up to dry in a warm or draughty place.

Right through the process of making the print, care must be taken to keep it perfectly clean and free from finger-marks. What is known as an ordinary bromide paper must be selected—not a platinum-matt paper.

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JAMES OLIVER CURWOOD'S "MAN FROM HELL'S RIVER"

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MONDAY—HAROLD LLOYD in "DOCTOR JACK" Five thousand feet of Smiles, and Cosmo Hamilton's big drama "RECKLESS YOUTH."

Study Your Tennis Faults

TIPS THAT WILL IMPROVE YOUR PLAY.

If you wish to improve your tennis, you should think over your strokes and puzzle out for yourself the reasons for your successes and failures.

When you make a winning shot, remember how you played it, the position you were in, the angle of your racket, the "feel" of the ball at the moment of impact, and so on. After a time you will be able to repeat the successful effort almost mechanically, falling into the correct position, and "tuning" your swing to a nicety.

In the same way, a mistake should never be dismissed lightly. Discover how the error was made. Then you will be able to set about remedying your worst faults, and by means of intelligent criticisms of your own play you should be successful in eliminating obvious mistakes.

In match play you should concentrate upon your strong points, but in practice give chief attention to your weak strokes.

Save Your Strength.

If you are expert at hard forehand driving and can "place" the ball with reasonable accuracy, go up to the net once or twice in order to induce your opponent either to try some high and deep lob or to run in at a short return. Then make for your true position behind the base-line and produce your hard, straight, passing drives as winning strokes.

It is of little use tiring yourself out by sending over your "killing" shots time after time if the player battling against you is in a good position to return the compliment. You will have to use guile and cunning in order to make effective use of your strong point.

Of course, if you are the more experienced performer, you will be safe in keeping to your base-line game altogether, and relying on well-placed drives to win points, but in an even match, or against a stronger opponent, this is too much in the nature of "defensive warfare," as you are simply waiting for your opponent to make mistakes, rather than hoping to win by your own superior play.

Should your specialty be "volleying," you will have to produce some "deep court" shots in order to keep your opponent back and give yourself room to reach the net for your favourite smash.

When playing this type of game, remember to keep opposite the ball, so that the amount of space for a passing shot against you is reduced to a minimum. Play for the corners of the far court in preference to placing the ball along the middle line, and then you will have plenty of room for a winning "smash."

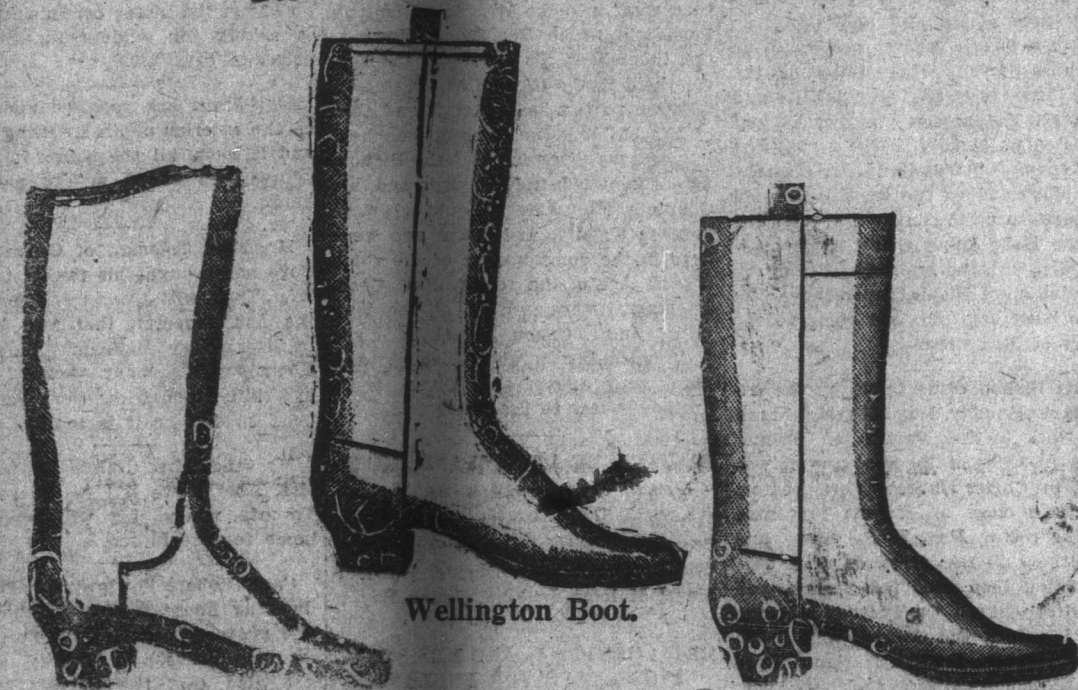
Face That Means Points.

You may find that your opponent is a better tennis exponent in every way than you are, but not nearly so active. In this case, "chop" your returns to the service when you are the striker out, dropping the ball short over the net. Keep to the middle of your own base-line, so that you will always have to move forward in making a stroke. Do not worry much about "length."

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but rather try to make the play fast and furious in the early stages. Even if you lose one or two games, it is possible that you will make the slower player ease up, and then your superior fleetness-of-foot may enable you to snatch a victory.

It too often happens when poverty knocks at the door love goes out to Glimmer with another man.

King George's new grandson is called Prince except when he cries in the middle of the night.

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BILLY'S UNCLE



Billy Had Other Important Business.

By BEN BATSFORD