

The Birthday That Anna Gave Away.

(By L. W. Reilly.)

Anna's mother said to her: "When you're twelve years old you may have a birthday party."

An Ancient Foe

To health and happiness is Scrofula—so ugly as ever since time immemorial.

"Two of my children had scrofula sores which kept growing deeper and kept them from going to school for three months."

Hood's Sarsaparilla

will rid you of it, radically and permanently, as it has rid thousands.

"I don't like doctor," she said to herself, quite low, as she pulled the coverlet half way over her face.

"What will you do?" asked her mother, who came into the room just then.

"I'll keep my birthday after all," said Anna, with a smile.

"I didn't say I'd celebrate it, mamma, but only that I'd keep it," objected Anna.

"They mean the same," said the mother.

"By giving it away."

"That's a new way to keep a thing. I don't understand."

"I want to keep it by giving it away to the crippled children in the hospital that doctor just told me about, and let them celebrate it for me."

"O my!" laughed the mother goodnaturedly.

And papa helped, as soon as he was told about it over the telephone.

Anna's one dollar for the purpose, Aunt Elizabeth helped by offering to go down town and do the necessary shopping that very afternoon.

Anna, active child that she was, did not like to be cooped up in one room.

She had to take a bitter medicine to reduce the fever, a syrup to ease her cough, and another mixture that left in her month a taste of chalk.

And, my, but she was cross! Her irritability became almost unbearable.

It reached its worst the day before her birthday.

On that morning her mother had a headache from Anna's fretfulness.

Frank who had crept up to her door to see how she was, was ordered by her to go away.

Miranda, the colored cook, who came from Virginia, said:

"Dad an' deed, dere's somefen' wrong wid dat child sence she's sick."

Seems as if de old black boy got into her, I do declare!"

When the doctor came, he was told of Anna's petulance; so when he went up stairs to see her, he was thinking of it.

But he did not "let on" to her. He was just as cheery as usual, related to her a little story about his office out, and gave her a carnation from his buttonhole.

After he had seen what he could do for her that day, he sat down and told her this about some of his other patients:

"I've just come from the hospital for crippled children. It's crowded. I have three cases among the pay patients and two of the free wards to attend to. In those wards there are now—let me see—fourteen girls and nine—no, ten boys."

"Fourteen and ten make twenty-four," thought Anna.

"Why, that's the very number I was to invite to my party!" And her face clouded.

"It would make your heart bleed," continued the doctor, "to see those poor little creatures, with their faces white and thin from pain, and with their bodies torn and twisted by disease, brighten up when I come in. They smooth their wrinkles out of their forehead and put on their most cheerful look, as I pat this one on the cheek, or smile at the one across the room. They have no comfortable home, no fond parents able to give them every care, no hope of a speedy cure. One little girl, just your age, the only child of a widow, has a terrible case of hip disease. There she lies on her back all day, with a weight stretching her limb. I love that child she is so patient always. Her name is Agnes. I think of her many times a day; and the thought of her courage always gives me courage, and the remembrance of her sweetness helps to make me a little sweet to my other patients."

Seeing a look of wonder in Anna's blue eyes, he went on:

"Yes, indeed, even doctors have their troubles, and sometimes it's hard for them not to be cranky like sick folk."

Not another word said the doctor. He had seen a seed of thought and he'd that it would grow. He got up, kissed his hand airily to his little patient and went out.

FOR SALE BY ALL DRUGGISTS

SCOTT & BOWNE

The Simple Life.

Doctors often have many opportunities to study the habits of the wealthy at close range, and particularly are they competent to pronounce on the effects of luxurious viands and choice wines on the unaccustomed stomachs of the new rich who furnish medical men so many patients.

By and by, came wealth, an ample and generous table, and a coach; later, came the doctor with his drugs and wise hygienic counsels.

Doctors for the most part, while not ascetics, commend the simple life, and this with a truly noble disinterestedness; and so we note with some interest an article in a northern medical journal wherein the doctor editor remarks:

"In respect to the sociological and health problems created by excessive fortunes the physician, in an individual way, has opportunity to work for society through his intimate professional relations with the very rich. He can honestly assert that the creation of unduly great fortunes is a benefit neither to their possessors nor to the race. Ability habitually to over-indulge in such indigestible food and drink and to avoid physical labor, combined with the excessive nervous strain and business competition and the complexities of social life, have their results in the steadily rising rates for disability and death from neurasthenia, gout, rheumatism, and the diseases of the kidneys, heart, and circulatory apparatus. The poor man, with all his ill dependent on malnutrition, fortunately escapes that of corpulency, a condition which as recently shown had never in the experience of the two largest life insurance companies, existed in risks who survived to a good old age. Both extremes in the social scale have their special perils."—Exchange.

A year ago Sir Christopher Farnese, the well-known English ship-builder, entered into a co partnership arrangement with his workmen at West Hartlepool. It was to be tried for a year, and then the question of continuing it was to be voted on. It has now been rejected by the men by a majority of 106 in a total vote of 1,000. Many did not vote. Several reasons are alleged for its rejection; but the real reason seems to be the opposition of the unions and the Socialists. Speaking of the former Mr. Barnes, M. P., said the system is inconsistent with unionism. Had it succeeded the men would have come to regard their position in the works as secure, and would have been detached from their fellows, as in the case with the men of the South Metropolitan Gas Co., who live selfishly in a world of their own, knowing nothing of the outside world of industry. On behalf of the Socialists Mr. Keir Hardie, M. P., spoke in the same tone, adding that the profits had been divided unfairly. The large number of abstentions shows the pressure the unions put upon the men, and how little care Mr. Barnes and Mr. Hardie have for the poor is shown by their words.—America.

The election of Marshal Hermes da Fonseca to the presidency of Brazil was viewed with great alarm by the Catholics, but he has stated in an interview that he contemplates no interference with the Church. When asked his opinion on divorce, which Catholics feared he would introduce, the new President declared that he is entirely opposed to it, for he belongs to the old school, the school of morality." President Fonseca added that he had reached the eighteenth degree among the Freemasons, but when he found that they had other objects than those of beneficence, he had broken off all relations with them. He has donated the material for the construction of a chapel in the town of Sapobemba.—America.

Aunt Spinstery—I hope that your opinions uphold the dignity of our sex, Mamma, and that you believe that every woman should have a vote.

Mamma—I don't go quite so far as that, auntie; but I believe that every woman should have a voter.

Minard's Liniment cures Diphtheria

The globe-trotter, it seems to me, is very much like a restless flea; He doesn't eat in one place, you see, But takes a bite anywhere he may be.

Muscular Rheumatism.

Mr H. Wilkinson, Stratford, Ont., says:—It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Minburn's Rheumatic Pills. Price a box 50c.

"Well, sir, I am beginning to take hope."

"What's happened?"

"I managed to go through last week without having to borrow money."

Beware Of Worms.

Don't let worms gnaw at the vitals of your children. Give them Dr. Low's Pleasant Worm Syrup and they'll soon be rid of these parasites. Price 50c.

First Golfer (who is beating the curate all hollow)—"Never mind, Sanders. You wait till you are saying the burial service over my grave."

Sanders—"But, my good man, even then it will be your hole!"

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"Mebby it has," rejoined the old farmer, "but I reckon it'd run down a heap sight more if yew had stayed on it."

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A. L. Fraser, M. P. | A. F. McQuaid, B. A. Nov. 10, 1909—2m.

Heart Trouble Cured.

Through one cause or another a large majority of the people are troubled with some form of heart trouble.

The system becomes run down, the heart palpitates. You have weak and dizzy spells, a smothering feeling, cold clammy hands and feet, shortness of breath, sensation of pins and needles, rush of blood to the head, etc.

Whenever there are sickly people with weak hearts Milburn's Heart and Nerve Pills will be found an effective medicine.

Mrs. Wm. Elliott, Angus, Ont., writes:—"It is with the greatest pleasure I write you stating the benefit I have received by using Milburn's Heart and Nerve Pills. I suffered greatly from heart trouble, weakness and smothering spells. I used a great deal of doctor's medicine but received no benefit. A friend advised me to buy a box of your pills, which I did, and soon found great relief. I highly recommend these pills to anyone suffering from heart trouble."

Price 50 cents per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

A man shouldn't be such a cheerful giver that he'll put himself in the hands of a ready receiver.

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"It is, indeed. Now an actress sailing for Europe can quarrel with her impresario all the way across."

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