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There are as many different varieties of tea as of roses—but only ONE Red Rose Tea.

Red Rose is a blend of about a dozen varieties of teas, chiefly hill-grown ASSAMS—the richest and strongest teas grown.

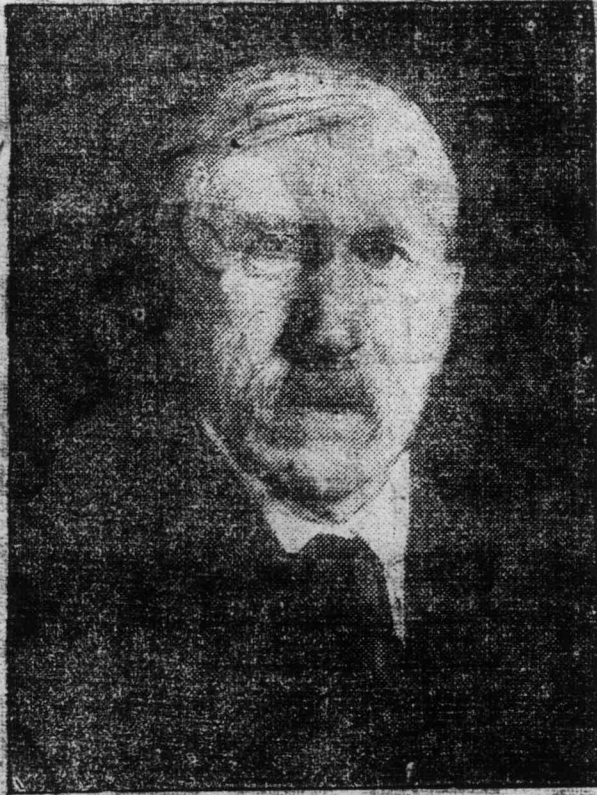
The skilful blending of these teas produces the delightful and distinctive Red Rose flavor.

The rich, strong ASSAM leaves in the Red Rose package are so full of tea essence that three teaspoons go as far as five of ordinary tea. The Red Rose combination of Quality and Economy is obtainable only in the Red Rose package.



Mark Twain of Canada

In the days when interesting people came to Canada to find it really interesting there was nobody could reveal the spirit of the land to them like George Ham of the C.P.R. It is said he put Major Pond of the United States out of business. Why go on a weary lecture tour under that impressive guidance when you could transport you to Winnipeg and on through the delights of the Rockies in all the comfort of a sumptuous coach? Great personalities beseech him to call them by their first names. He has hand matches to them and potentes and autographed photographs of his features for admiring authoresses of best sellers. There did once seem to be a time when the truly great would not venture to come to Canada without first ascertaining whether George Ham could receive them. He is said to have got so "fed up" with dukes and royal bodies that he did not mind, for a change, escorting nutcases and personalities of international fame. Many men whose signatures command imperious power would no more think of forgetting to send him their Christmas cards than they would dream of neglecting a royal command. He is so very much persona grata with all kinds of people in Who's Who, when he arrives in London the court circular has to be enlarged to publish the invitations issued in his honor. Now he has achieved the signal honor of an unpaid-for mention in the exclusive Morning Post. It feels relieved to know that even if the League of Nations be jeopardized, the official entertainer of the C. P. R. is keeping his health and reveling in his high spirits. This bright though aristocratic London paper says George Ham is the Mark Twain of Canada. It claims his jests are beyond computation. "He will yet go down to fame as having originated one joke. He has been as generous with his humor as he has been a profitable acquaintance for professional jokesters. As he never has patented any of his inimitable quips he often laughs at them when he hears them on the stage, until he realizes that they were of his own making. You may have heard of the Cincinnati millionaire he took to Muskoka. While there the plutocrat was attacked by brigands from Toronto. The chief brigand later complained to the police that in the encounter his watch and chain had been stolen. It should be added that George Ham was not out with his Cincinnati charge when the watch and chain were stolen. Thousands of persons who have enjoyed seeing Canada have testified to how much their enjoyment was due to his kindly wit and indefatigable attention. They have paid tribute to the courtier who knows so well how to extend in behalf of his railway. But perhaps one of the best tributes ever paid this incomparable humorous eccentric of the railway was a copy of verses by Mr. Nell Munro, the Scottish author." He sang how George Ham had "freighted laughter ten thousand miles." When acting as uncle, aunt, brother, father and grandfather to a party of British scribes. They think in Britain that not to have known George Ham of the C. P. R. is to display ignorance of the Empire's geography.



MR. GEORGE HAM

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ZARA RULED BY VENICE.

Winged Lion of Saint Mark Caps Gate In the Town Wall.

Zara, where Gabriele d'Annunzio is reported to have landed, and its location relative to Fiume, already occupied by the soldier-poet, is described in a U. S. Geographic Society bulletin, based on a communication from Kenneth McKenzie, follows: "Starting from Fiume, one sails down the channel called Quarnero; leaving Istria and the Gulf of Quarnero to the right. The Island of Arbe, about half-way to Zara, has an old cathedral with a twelfth-century tower. Coming from Trieste one skirts the western shore of Istria, stopping perhaps at Rovigno and at Pola. The stay of an hour enables one to get a hurried glimpse of the great amphitheatre and other Roman remains of Pola, under Austrian rule an important naval station and strongly fortified. The language here is chiefly Italian. Istria would well repay the time devoted to a trip of several days, but we pass on, stopping at one or two of the islands, to Zara, the most northerly town of importance, in Dalmatia.

"Zara is noted all over the world for its marshmallows. Aside from this, however, the town has many attractions to offer. On landing from the steamer in the land-locked harbor, we find ourselves in front of a gate in the town wall. Over the gate is the winged lion of Saint Mark, often met with here and elsewhere in Dalmatia, and a symbol of the former dominion of the Republic of Venice. Passing through the gate, we enter the narrow paved streets of a typical Italian city, such as we may imagine it to have been two or three centuries ago, except that the hotels are more comfortable. There are many mediaeval churches in the town, interesting architecturally, and containing works of art. The cathedral in particular, a majestic Romanesque church, is richly adorned outside with many arcades of little columns and inside with marbles and paintings. It is in the best Italian style of the middle ages. Its campanile is a landmark.

"Wandering among the narrow streets, we come upon several open squares and market-places, where in the morning scores of peasants may be seen in the brilliant-colored costumes. There are Roman remains, too—columns and statues.

Leaving Zara, the steamer comes out of the harbor, encircles the point of land on which the city stands, skirts low-lying shores, passing among innumerable islands. All at once a narrow opening appears; we go through it, and find ourselves in the spacious harbor of Sebenico, with the town rising from the water to a fort crowning the hill."

Loyal to British Crown.

There are a number of diminutive water-surrounded monarchies off the coast of Scotland. They each have their kings, but are subject to the British crown. One of them is the Isle of Bute, in the Firth of Clyde, which is owned by the Marquis of Bute.

The kingdom contains only fifty square miles, but has a population of 11,000 people. There are six lakes within the island, the largest being Loch Fad, which is about a quarter of a mile wide and about nine times that in length. The famous old home of the marquis dates from the year 1608.

Arran is another of these kingdoms in the same fifth. The Marchioness of Graham rules over its 5,000 inhabitants. It is nineteen miles long and ten miles broad. It was on this island that Robert the Bruce is said to have hidden in a cave for some time and there planned one of his expeditions to recover the crown. The ruins of a castle, once the home of one of Scotland's kings, is on the island.

Sir John Bullough rules over the island of Rhuth, which is one vast game preserve. Nearly all this island is deep forest and moorland, and all of it is mountainous. Only 800 acres are tillable, and there are 160 inhabitants. The island provides deer and other game for the nobility.

The largest of these island groups is doubtless Lewis Island, one of the outer Hebrides group, off the west coast of Scotland. It covers an area of nearly 700 square miles and boasts a population of 37,000 people. It has splendid lochs, where splendid fishing is to be had, and red deer still roam over the moors and forest land.

This land has a stirring history, for the people have always been fighters and have many times defeated the royal troops.—Answers.

Solved Labor Problem.

The Malays and Bataks of Sumatra have solved their labor problem in a unique way. An important part of their food is the coconut, and this also forms an important part of their commerce. They have trained monkeys to pick nuts, in which they show great dexterity. Carl D. La Rue of Sumatra writes to Science saying that trained coconut-picking monkeys sell at from \$4 to \$20, according to their skill. He adds that they are very savage, and will inflict a serious bite whenever they get a chance.

Mirrors.

In the early part of the sixteenth century mirrors first became articles of household furniture and decoration. Previous to that time—from the twelfth to the end of the fifteenth century—pocket mirrors, or small hand mirrors, carried at the side, were adjuncts to ladies' toilets. The pocket mirror consisted of small circular plaques of polished metal fixed in a shallow circular box covered with a lid.

Norway Extracting Salt from Ocean. Experiments in Norway have led to a new method of extracting salt from ocean water by means of electricity. The process is being started for this purpose in the near future.

Drinking a Glass of Hot Water is a Splendid Habit

Cleanse and sweeten the system each morning and wash away poisonous, stagnant matter.

Those of us who are accustomed to feel dull and heavy when we arise; splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, lame back, can, instead, both look and feel as fresh as a daisy always by washing the poisons and toxins from the body with phosphated hot water each morning.

We should drink, before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it to flush from the stomach, liver, kidneys and bowels the previous day's indigestible toxins, thus cleansing, sweetening and purifying the entire alimentary tract before eating more food.

The action of limestone phosphate and hot water on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a fine appetite for breakfast. A quarter pound of limestone phosphate costs very little at the drug store, but is enough to make anyone who is both ere dwith biliousness, constipation, stomach trouble or rheumatism an enthusiast on internal sanitation.

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