

HEALTHY DIGESTION.

A Boon and a Blessing to Mankind.

The Life of a Dyspeptic one of Constant Misery—One Who Has Suffered From Its Pangs Points the Way to Renewed Health.

From the Cornwall Freeholder.

The life of the dyspeptic is proverbially a miserable one, eliciting universal commiseration. Not so much because of the actual painfulness of the ailment, but largely because it projects its possibilities shadows upon all the concerns of life, and here they sit like a deadly incubus upon every enterprise.

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THE WHITE RIBBON.

"For God and Home and Native Land."

Conducted by the Ladies of the W. C. T. U.

OFFICERS.

President—Mrs R. V. Jones. Vice-Presidents—Mrs Hale, Mrs R. Reid, Mrs A. Johnson.

Recording Secretary—Miss Knowles. Cor. Secretary—Miss Minnie Pitch. Treasurer—Miss Annie S. Fitch.

Auditor—Mrs Roscoe. SUPERINTENDENTS. Evangelistic Work—Mrs DeWitt.

Literature—Mrs deBlois. Press Work—Mrs Tufts. Flower Mission—Mrs Woodworth.

Social Purty—Mrs R. Bishop. Systematic Giving—Mrs Kempton.

Narcotics—Mrs Vaughn. Health and Heredity—Mrs Trotter. Mother's Meeting—Mrs Hammon.

The Girls' Friendly Society—Mrs Davison. Next meeting in Temperance Hall Thursday, Nov. 6th, at 8.30 p. m.

The meetings are always open to any who wish to become members. The Armenian Refugees.

In a recent letter to the Union Signal dated, Hotel du Louvre, Marseilles, France, Miss Willard writes: "Why am I here? Because the awful massacres in Constantinople have cast in at this great port—hundreds of Armenians who took refuge from the Turks on ships then lying in the harbor. They have nothing in the world but the clothes on their backs; more are coming continually; they lie on benches at the workhouse and a few cents, once in three or four days are given them for bread."

Lady Henry Somerset and I read of all this in the London Daily News as we set out on a brief bicycling tour in Normandy, hoping to get a little strength for the heavy work of autumn and winter, for Lady Henry is very weary and I have not been able to do anything all summer owing to almost total failure of appetite. But when we read the accounts of these refugees we came here at once, for our hearts were deeply stirred.

I wish I could put before you the sight we saw last night. A great, gray, barn-like room in the workhouse, the light so dim that nobody's face could be seen save in outline; in one corner of this place a group of thirty Armenians of all grades, from a bank clerk with his gold corded eye, to a wretched porter, with his heavy shoulders; all of these men huddled together on bare benches, utterly penniless and forlorn, with bread and water only for food, and a board to sleep on, in this land of plenty and peace.

Why were they here? Because their devoted nation has cherished the name of Christ and held to the purity of the home Gospel since the days of the apostles. Like unto them, we would not speak one word to them, but we smiled and waved our hands, whereat those good men rose, smiled, bowed and gave us the military salute with much dignity and the whole scene was one of such unrepeatable pathos, that we saw almost dimly to make our way back to the street."

The Daily News, of London, has opened its columns for subscription to the Armenian Relief Fund, and the correspondent of that great paper—Mr Crawford, son of Mrs Crawford, the well known English journalist at Paris, has been the chief ally of Miss Willard and Lady Somerset in their work at Marseilles. An article from his pen in the Daily News says: "Lady Henry Somerset is unequalled as an organizer, and worth all the officials of Marseilles put together. She works quietly and with a clear, practical head that sees round difficulties, and how to turn them."

Horticulture.

Common candy tuft seeds may be sown in the fall to give flowering plants for winter use in the window. Nasturtium plants, taken from cuttings in the open ground and rooted before cold weather sets in, also make nice plants for indoor flowering during these dreary months.

If fresh soil be now given to the small tea or Bourbon roses to encourage them to grow, they will be in nice condition for winter windows. If given good heat they will bloom nicely. As to the old June roses, cut away the old shoots, the seed pods and the weak branches, and they will begin a fresh effort to give flowers another season. This is true of nearly all roses.

Do not mistake for trimming the young hedges, whether deciduous or evergreen, the first or second year after planting. Instead, measure them and cultivate them, that the plants may become strong at both root and top. The production of a few berries out of season does not entitle a fruit to the name of ever bearing, and yet this is about the best that can be said of such fruit plants. Uniformly they disappoint one; especially is this the case with the ever bearing strawberry and raspberry.

Where the hardy orange will stand it will make a good hedge plant, but it is not trustworthy hardy north of Southern Pennsylvania. Do not count on its fruit for it is not an orange to be eaten, as many suppose, but the fruit is bitter and unpalatable. Berry plants have cast of their summer garb, and are prepared for a long winter's sleep. They should be nicely tucked up in the bosom of mother earth. Do not delay this. If there is doubt about the value of this protection, even in mild climate, make a comparative test. As soon as the ground is well frozen cover the strawberries with clean straw, and this, in the spring, can be placed between the rows for a summer mulch.

The object in pruning grapes is to get a well formed vine and a large yield of the best fruit. Two-thirds of the year's growth should be cut away. If not severely pruned more fruit will grow than can be matured. We must remember that grapes grow upon the new wood only, and this year's branches bear next year's fruit. Let the vines be trimmed in the autumn.

So train the grape vine that it may be laid down in the fall and covered with dirt. In the spring it can be raised again and tied to the trellis. Remove all weeds, trimmings and rubbish from the garden, and see that every plant is properly protected by its warm blanket of earth, and then cover the ground with finely composted manure; for a fruitful restoration may be looked forward to in the spring.

If a young trumpet vine is fastened to a stake it grows to form a woody stem, which in the course of a day or two sustains itself without the stake, and it becomes a bush. This drooping shrub is so unlike anything else that it is admired without its bloom; but when it is full of flowers, amid the other trees and shrubs on the lawn, it is a dazzling sight. One can select the red, scarlet or orange.

THE CHIEF ORGAN OF THE BODY. When Rebellious and Out of Order Paine's Celery Compound is Your Only Hope. It Brings Comfort, Happiness and Health.

Too few recognize the fact that the stomach is the chief organ of the body. When this great and guiding organ is out of order, every other organ depending on it for nourishment is affected by sympathy. So long as digestion is properly performed, an healthy fluids circulate from the food, the body is nourished, the stomach is inactive, the system is impoverished, and disease rapidly develops.

If your stomach is rebellious and out of order, be assured your whole system will soon give evidence of trouble, and your life will be a miserable one. When you suffer the tortures of indigestion and dyspepsia, just remember that Paine's Celery Compound has brought ease, comfort, happiness and health to thousands in the past. This unsullied and wonder-working medicine when used for a short time restores perfect digestion, and gives to every organ a new life and activity.

Thousands of the strongest testimonials are on file from our best Canadian people testifying to the efficacy of Paine's Celery Compound in cases of stomach troubles that could not be cured by any other medicine. These letters of testimony can be inspected any time.

If you, dear reader, to continue in the grand success of the School of Horticulture at Wolfville, in an interview with W. C. Archibald, of that place, who on Saturday a guest of his brother, Mr Arthur Archibald. Mr Archibald, as is well known, was one of the strongest promoters of this school, and in conjunction with the Director, Prof. E. E. Faville, has done much to work this highly creditable institution up to its present standing. It is the first school of its kind started in the lower provinces and is a great boon to young farmers.

Last winter it turned out some 40 graduates. One of the greatest needs now felt is a farm of some kind on which the students can learn to put into practice the theories which they obtain in the college. Mr Archibald informs us that a large attendance has been secured for this winter's course; and that the prospects for a successful year for the institution, are good.

For sale by C. H. Borden, sole agent for Wolfville.

DODD'S KIDNEY PILLS ALWAYS CURE AFTER TEN YEARS SUFFERING. Two Box Cure. MILVERTON, 27th JULY, 1895. I have been troubled with kidney disease, being so bad at intervals that I could not lie in bed at night nor stoop to the ground. I had tried all the remedies I could find without effect, but heard of Dodd's Kidney Pills and procured a box. I was much happy to say that for my own sake as well as for others that I am perfectly cured after using four boxes. JOHN BILEY.

"BELL" PIANOS AND ORGANS. We have a large stock of the above instruments, in the latest styles, which we are selling at about one-third less than is usually asked around the country for these instruments. Don't fail to write for prices to THE W. H. JOHNSON CO., LTD. 157 GRANVILLE ST., HALIFAX, N. S.

WE DO NOT CLAIM TO SELL House Finish, Doors, Sashes, Blinds, etc. more cheaply than our competitors, but we do claim to use better stock, and give you better value. Write for Catalogue. HALEY BROS., & CO., ST. JOHN, N. B. F. W. WOODMAN, Wolfville, is our agent.

MONUMENTS In Red and Grey Polished Granite and Marble. Strictly first-class Work. GRIFFIN & KELLIE, 323 BARRINGTON ST., HALIFAX.

Fire Proof "The Slater Shoe" Saturate the average shoe if snow water, throw it beside a stove or heater to dry, and you've got a burnt up parody, comfortable as a metal shoe. It'll last thus a chrome plated Slater Shoe, and it comes out smiling, pliant, tough and smooth as before. Can be boiled half an hour without injury. Is sweatproof and waterproof. Goodyear Welt. \$3.84, \$5. Stamped on soles.

Who'd Wear Two Coats... when one is warmer? That is if the one is interlined with Fibre Chamolis. It gives such a wholesome comforting warmth without adding weight or bulk, that you can enjoy outdoor exercise or labor as much again as if you were all muffled up. Besides you know it is only a matter of time till the piercing wind gets at you even through three ordinary coats, while neither the frostiest winds, nor rain, nor sleet can penetrate this invaluable Fibre Chamolis. See that it is put in your ordered clothing and had the Fibre Chamolis Label on every ready-to-wear garment you buy. Then you're sure of perfect satisfaction. SELLS FOR 25 CENTS A YARD.

Granby Rubbers. Honestly made of pure Rubber. Thin, Light, Elastic, Stylish, Durable. Modelled each year to fit all the latest shoe shapes. Extra thick ball and heel. Sold every where. They Wear like Iron.

ROBERT STANFORD, LADIES' AND GENTLEMEN'S Fine Tailoring. 154 and 156 HOLLIS STREET, Halifax, N. S. My ladies' department is under the supervision of Mr. Edward Dickey, late cutter with Vornbork, of Paris. Nov. 29th, '95. 1 yr Fruit Trees for Sale! Weston Nursery, Kings Co., N. S. (HEBREW R. B. STATION.) I have for sale a good stock of trees for planting, comprising Ben Davis, Spigg, Blenheim Pippin, Fallwater, Nonpareil, Wagner, Pevaks, Banks Red Gravenstein, and the common Gravenstein, and Moore's Arctic Plum—fruits. Persons ordering direct from the Nursery will get this stock at first cost—saving agents' profits. ISAAC SHAW, PROPRIETOR.

DR. E. N. PAYZANT Will continue the practice of Dentistry as formerly, at his residence near the station, Wolfville. Appointments can be made by letter or at residence. Special fees on lower sets of teeth. March 20th, 1895. W. W. HOWELL & CO., 121 LOWER WATER ST., Halifax, N. S. Mechanical Engineers, Machinists, Builders of Marine, Stationary and Hoisting Simple and Compound Engines, Mill and Mining Machinery, Steamship Repairs. 1896. STEEL STEAMERS "YARMOUTH" AND "BOSTON" UNTIL further notice, commencing June 30th, one of these steamers will leave Yarmouth for Boston every TUESDAY, WEDNESDAY, FRIDAY and SATURDAY EVENINGS after arrival of the Evening Express from Halifax. Returning will leave Yarmouth, Boston, every MONDAY, TUESDAY, THURSDAY and FRIDAY at 12 noon, making close connections at Yarmouth with Dominion Atlantic Ry. and Coach Lines for parts of Nova Scotia. Regular mail carried on steamers. Tickets sold to all points in Canada, via Central Vermont or Canadian Pacific and Boston & Albany Rys., and to New York via Fall River Line, Stoughton Line, New England and Boston and Albany Rys. For all other information apply to Dominion Atlantic, L. C. and Nova Scotia Central Railway Agents or to W. A. O'HASE, L. E. BAKER, Secretary and Treasurer, Manager, Yarmouth, June 23d, 1896.

PYNY-PECTORAL Positively Cures COUGHS and COLDS. In a surprising short time, it's an authentic certainty, tried and true, soothing and healing in its effects. W. C. McCORMACK & SON, 100 St. John Street, Montreal. Mr. J. H. Heury, Chemist, writes: "I had a severe cold and very dry throat. I used Pyny-Pectoral and in a most remarkable manner it relieved the throat and cleared the chest. I had tried all the other remedies but they did not do the work. I feel much obliged to you for the relief you have given me. I will be glad to recommend your medicine to all who are suffering from a cold and dry throat." DAVIS & LAWRENCE CO., LTD. MONTREAL.

NOTICE. Having secured the Shop recently occupied by Mr. W. Regan, I am now in a position to supply the public with all Goods in my line: Custom Boots & Shoes. Men's, Women's and Children's Boots and Shoes made to order. Repairing neatly and promptly done. Thanking the public for past favors, and by close attention to business I hope to receive a fair share of patronage. E. B. SHAW. Terms strictly cash on delivery of work. Hol Bicyclists. We deal in best grades of Bicycles and sell on favorable terms. Call or write us for prices, etc. When your Wheel Needs Repairs... you will need our help. We do all kinds of repairing thoroughly and correctly. WE GUARANTEE SATISFACTION! Make note of this. Hantsport Bicycle Co. Hantsport, Aug. 20th, 1896. Commencing July 13 & 14 LEWIS RICE & CO'S PHOTO STUDIO AT WOLFVILLE will be open for business Every Monday & Tuesday. We thank you all for the many letters of the past, and trust that our work will continue to merit your approbation, also that the new time-table will be found as convenient to the old.

JOHN W. WALLACE, BARRISTER-AT-LAW, NOTARY, CONVEYANCER, ETC. Also General Agent for FIRE and LIFE INSURANCE. WOLFVILLE, N. S. W. J. BALCOM has secured an Auctioneer's license and is prepared to sell all kinds of Real and Personal Property at a moderate rate.

Scrap for Odd Moments. "You may count on me," as the slats whispered to the schoolboy. De pumons what sets on de ags ob borrowed trouble will at last succeed in hatching the generous chicken. Brown—I have some bad news for you de folks dat. Your wife has sloped. Jones—How you frightened me! I thought somebody had stolen my wheel. Minards Liniment Cures Diphtheria. Hunker—Beer since I can remember, Miss Flynn, I have searched for the beautiful, the true, and the good. Miss Flynn—Oh, Mr. Hunker, this is a sad day, but you may speak to papa. "One of de great troubles 'bout some of de folks dat is de reform de human race," said Uncle Eben. "If dat dey done water, de reform 'bout some of de folks dat is de job while under people does all de work." Minards Liniment Cures Diphtheria. Teacher—Yes, and what did I do, do that? Scholar—(sneezing)—Oh, she had behind and got turned into a salt post, well, those girls needn't laugh, I want to be a cellar, I know. Judge Gray has a dry wit with him that is occasionally the cause of his court-room being pervaded by a very audible sizzling. The other day one of the attorneys was airing his indignation. He had been robbed. Yes, sir, robbed. It was shameful the way things went as right there under the eyes of the law. Friendly Judge Gray noticed the fuming and fretting one, "What's the matter now?" he asked. "Matter? It's an outrage. Had my coat stolen right from this room." The judge smiled a little. "Overcoat, eh?" he said. "Pah, that's nothing. Whole suits are lost here every day."

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THE SHORTEST AND MOST DIRECT ROUTE between Nova Scotia and the United States. THE QUICKEST TIME, 16 to 17 hours, between Yarmouth and Boston! STEEL STEAMERS "YARMOUTH" AND "BOSTON" UNTIL further notice, commencing June 30th, one of these steamers will leave Yarmouth for Boston every TUESDAY, WEDNESDAY, FRIDAY and SATURDAY EVENINGS after arrival of the Evening Express from Halifax. Returning will leave Yarmouth, Boston, every MONDAY, TUESDAY, THURSDAY and FRIDAY at 12 noon, making close connections at Yarmouth with Dominion Atlantic Ry. and Coach Lines for parts of Nova Scotia. Regular mail carried on steamers. Tickets sold to all points in Canada, via Central Vermont or Canadian Pacific and Boston & Albany Rys., and to New York via Fall River Line, Stoughton Line, New England and Boston and Albany Rys. For all other information apply to Dominion Atlantic, L. C. and Nova Scotia Central Railway Agents or to W. A. O'HASE, L. E. BAKER, Secretary and Treasurer, Manager, Yarmouth, June 23d, 1896.

Mr W. W. Robson has recently made some photographs from a plate exposed to the cathode rays by Prof. Haley, of Acadia College. The method of making the exposure by Prof. Haley was as follows: The prepared plate was cut with a black cloth and laid, sensitive side up, in a cardboard box, over the box was placed a half-inch oak board, and the subject, a boy, was laid on the board with his chest and shoulders over the plate. The crooks tube was suspended a foot or so above the boy. The boy had all his clothes on. The photograph shows the boy's ribs, the bones in his arms, the shape of his heart and liver. It also shows the buttons on his suspenders and the buttons on the back of his trousers. These are very distinct. This, we understand, is the first attempt at cathode ray photography in the provinces, and may be regarded as most successful. (W. W. Robson Tribune)

When Inferior Dyes Are Used. The Diamond Dyes Make Work Easy and Pleasant. It is admitted by all that the good wife and mother has, in her management of home affairs, many trials and tribulations. These trials and tribulations are very frequently increased when the dyes are either made up of some of the many deceptive and worthless packages dye put up for home dyeing. Merchants who sell such dyes are certainly deserving of public censure and condemnation. The women of Canada who use dyes with the view of economizing should never be deceived: it is cruel and heartless to do so. However, the case is plain to those who know: the greedy dealer thinks more of his big profits than he does about the welfare and happiness of his best customers. All troubles and losses in home dyeing are avoided when the Diamond Dyes are used. By their use, work is well and quickly done; results are perfectly satisfactory, as the colors are as at times fresh, clear, brilliant and fast. In order to guard against all future trouble, you must watch the merchants who recommend the something and as good as Diamond Dyes. Tell him plainly that you other dyes are as good as the "Diamond." Take only the "Diamond" and your work will be done easily and well. Minards Liniment Cures Colds, etc.

Modesty! Makes thousands of women suffer in silence, rather than tell all their troubles to anyone. To each Indian Woman's Balm is a perfect boon. It cures all kinds of troubles, corrects monthly irregularities, abolishes the agonies of child-birth, makes weak women strong, adds to their life worth living.

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Published on WOLFVILLE \$1.00 (IN CLUBS of 10 or more) Local advertising or every insertion... The Acadian steadily receiving and will continue to do so all work turned in by the publishers of the county, of the day or name of the party, and will not be published unless the publisher's name is on it. If a person wishes to be published in the Acadian, he must send the publisher's name and amount, whether the office or not. The cost of taking out of the Post, leaving them in evidence of title.

POST OFFICE OFFERS HOUSE. Made are made for Halifax. Express west. Kentville club. PEOPLE'S. BAPTIST. Presbyter. Church, Wolfville. Sunday at 11 a. m. School at 3 p. m. Lower Horton at 3 p. m. H. H. Prager Methodist. METHODIST. Hale, Pastor. at 11 a. m. at 10 o'clock on Tuesday. Seats are free. All the services at 3 p. m. on meeting days. ST. JOHN'S. at 11 a. m. at 3 and 8 p. m. Serv. 9 a. m. REV. KE. ST. GEORGE. at 11 a. m. at 3 and 8 p. m. Serv. 9 a. m. ST. GEORGE. at 11 a. m. at 3 and 8 p. m. Serv. 9 a. m.

WOLFVILLE every Mon at 7.30 o'clock. ACADIA every Satur Hal at 8 o'clock. CRESTA Temperance on at 3 o'clock. LO. There is a stock of Crystals, Fresh Hams, Sausages, of Poultry, etc. at the Wolfville Store.

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