

**BLACK KNIGHT
STOVE POLISH**

**A CANADIAN KNIGHT
DISTINGUISHED SERVICE ORDER
COMPANION OF THE RANGE**

**A PASTE | THE F. F. DALLEY & CO. LTD. | NO DUST
NO WASTE | HAMILTON CANADA | NO RUST**



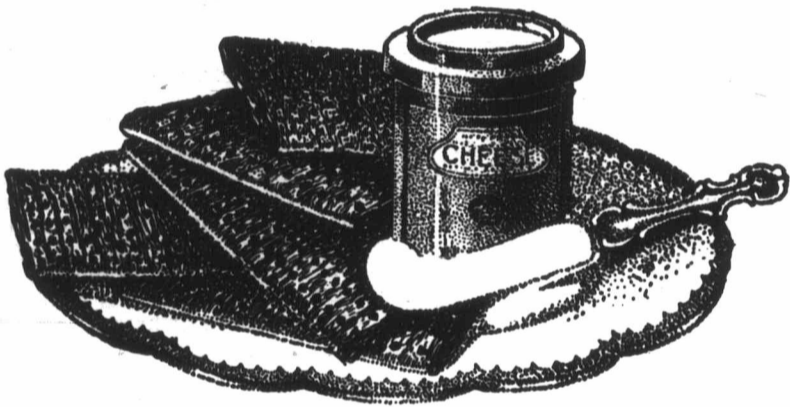
young hooligan who fills the back yard with his unmelodious yelpings is to-day a great improvement on the product of a strict Sabbatarianism."

The following story was recently received of a lumberman's feat and thrilling escape from drowning in Rainy River, near Fort Frances, Ontario, by catching hold of the antlers of a big bull moose, which was swimming across the river, was the experience of Clyde Buell, of Minneapolis. Buell was working at Fort Frances for a lumber company. He was out on a raft of logs. After striking a jam, the raft loosened, and Buell, clinging to a single piece of timber, was carried down the river

towards the rapids. He had given up hope when he saw the moose with its head and antlers above water swimming safely from the rapids. Buell let loose from his log and grabbed one horn of the antlers and shifted himself to the back of the animal and rode it to shallow water. The moose fought hard, but would sink beneath the water and soon gave up and swam ashore.

The Great-West Life Assurance Company reports a year of much expansion in 1913. Applications for over twenty-seven million dollars were received. The interest earnings on investments were the best on record, and collections most satisfactory.

Try Triscuit To-day



Food science has taught us that there is much body-building nutriment in the whole wheat grain which we do not get in white flour. The only question is how to make the whole wheat grain digestible. That problem has been solved in the making of

TRISCUIT

The Shredded Whole Wheat Wafer

It is the whole wheat, steam-cooked, shredded, compressed into a wafer and baked—the maximum of nutriment in smallest bulk. Many people prefer it to ordinary bread toast. Heated in the oven to restore its crispness, it is delicious for luncheon, or for any meal, with butter, potted cheese or marmalades.

"THE TOAST OF THE TOWN"

Made of the Choicest Selected Canadian Wheat
A Canadian Food for Canadians

Made by
THE CANADIAN SHREDDED WHEAT COMPANY, LIMITED
Niagara Falls, Ont.

Toronto Office: 49 Wellington Street East

W94

British and Foreign

In commemoration of the recent completion of the Bishop of Bristol's 80th year personal friends of his have placed a stained glass window in the private chapel of the Palace. The Bishop has also been presented on behalf of the 300 clergy of his diocese with a beautiful silver epergne.

Bruges' Peal of Bells.—The famous peal of bells in the belfry at Bruges is played on the principle of a musical box, with an enormous drum, weighing 2,000 pounds. In the drum are 30,000 holes, for brass pegs, which touch the trackers and move the wires communicating with the bell-hammers. The airs are changed once each year, but the drum must be wound up every two hours.

An interesting ordination took place lately at Oyo, West Africa, when Bishop Oluwole, a native West African Bishop, ordained to the Diaconate Mr. W. A. Thompson, a West Indian negro, who has been working as a lay reader in the Yoruba country. He was trained at the Lady Mico College, Jamaica. So far as is known to the C.M.S. authorities, he is the first West Indian to be ordained in Africa.

Locked Since the Days of Charles II. and Nell Gwynne.—A tiny brass-fronted safe, which may when opened prove to contain treasure trove or something concerning Nell Gwynne, was discovered within a hundred yards of Trafalgar Square on January 16th. It will be some days yet possibly before the safe can be opened without damage. It is now located in a small cupboard-like compartment of the wall on the ground floor of No. 2 Craig's Court, one of the residences of Nell Gwynne during the reign of the Merry Monarch. From the evident care which had been taken to secrete the safe and from its ancient appearance, it is possible that it may actually have been placed there by Nell Gwynne or at her request.

By the death, at the advanced age of 89, of the Rev. John O. Lord, rector of Northiam since 1856, the Diocese of Chichester loses the *doyen* of its benefited clergy. That position now devolves, in respect of length of service, on Prebendary Palmer, rector of Sullington since 1859. The late Mr. Lord was at one time missionary at Constantinople, and had held curacies in Sussex and Kent. Between 1749 and 1913 five members of the family have held the incumbency of Northiam without a break, whilst from 1583 to 1749 (except for a period of 15 years) four Frewens were rectors, one of them being Thankful Frewen (1692-1749). Of the latter family was Accepted Frewen, successively Bishop of Coventry and Lichfield and Archbishop of York in the seventeenth century.

THE ROAD TO HAPPINESS.

This is the road to Happiness:

Start now from where you are;
"Turn to the right and keep straight on,"

And you'll not find it far.

Along the Path of Willing Feet
And over Heartease Hill,
Across the fields of Sweet Content,
The stream of Glad Good Will;

Then through the lane of Loving Heart,
The gate that's called To-day,
And down the steps of Little Things
Into the Common Way.

Think

of something
hard to clean
then try

**Old Dutch
Cleanser**



Many uses
and full directions on
Large Sifter-Can 10¢

And take the Cloak of Charity,
The staff of Wise Employ,
A loaf of bread of Daily Grace,
A flask well filled with joy;

A word of cheer, a helping hand,
Some good to give or share,
A bit of song, a high resolve,
A hope, a smile, a prayer.

And in the Place of Duty Done,
Beside the door of Home,
You'll find the House of Happiness—
For Happiness does not roam.

—Annie Johnson Flint, in the Sunday School Times.

HEDGEHOGS AS HOUSE-CLEANERS.

Backwoodsmen, when in camp during the winter, entertain strange guests—hedgehogs among them. One woodsman, on leaving camp on a Saturday afternoon, used to neglect, purposely, to close the door of his shack in order that the hedgehogs might enter and clean his floor.

Inasmuch as the principal constituents of the camp menu are pork and beans, bacon and other dishes rich in fat, considerable grease is spilled upon the floor in the course of a week, and a hedgehog will risk his neck, at any time, for a bit of fat.

Just as soon, therefore, as this particular camp was deserted by its occupants, the spiny gluttons would hasten in, and begin to plane off the surface of the floor with their chisel-shaped teeth, eating away all the wood that held a trace of grease. On his return to camp the owner could sweep up, and enjoy the comforts of a clean house for another week. The only serious objection to this method of housecleaning lay in the fact that it was necessary to lay a new cap floor rather frequently.

Directly you are conscious of an angry act, atone for the fault by some speedy act of meekness towards the person who excited your anger. It is a sovereign cure for untrustfulness to unsay what you have falsely said at once on detecting yourself in falsehood; and so, too, it is a good remedy for anger to make immediate amends by some opposite act of meekness.—S. Francis de Sales.