

methods of birth restriction, and yet — the birth rate steadily drops. An immigrant mother has six, eight, or ten children and her daughter has one, two, or three, very rarely more, and often enough none. This is true even of races close to religious teaching, such as the Irish Catholic and the Jew.

One can well be cynical of the power of religion and teaching and law when one finds that even the families of ministers, rabbis, editors, and lawmakers, all of whom stand publicly for natural birth, have shown a great reduction in their size, that has taken place in a single generation.

Is the modern woman more susceptible to the effects of pregnancy, — less resistant to the strain of childbearing and childbirth? It is a quite general impression amongst obstetricians that this is a fact and also that fewer women are able to nurse their babies. If so, these phenomena are of the highest importance to the race and likewise to the problem of the new housewife. For we shall learn that the lowering of energy is both a cause and symptom of her neuroses.

If then we summarize what has been thus far outlined, we find two currents in the