

half an hour each, and numbered them in order from 1 to 20.

I selected those twenty from among hundreds of spirit intelligences of different spheres, with whom I have held communion in the years that are past, and at different times, at different places, and through different phases of mediumship, covering a period of about twenty-five years in all.

Everyone in the list — save and except my son — had utilized more than one medium, some as many as five or six different ones, with as many different phases; while all my loved ones, my psychical research friends, and my guides — constituting fifteen of the twenty selected — have each met me face to face in their earthly expression, some of them several times, in the materialized yet transient body, and spoken with the vocal organs of such body.

But of them all my Chief Guide and Teacher Hypatia has made herself known in England, Canada and United States of America. On the Western side of the Atlantic she has been both seen and heard by scores of people, including a number of relatives and friends of my own city and province, and elsewhere, including also, Col. N — of the Province of Quebec and has dictated messages to a few of them — including my Quebec friend — with the request to them, in each case, to take such message back with them to me.

Having completed my list of twenty, I next wrote my request to my Chief Guide, Teacher and Co-worker, as any student in earth life would naturally do, when requiring that teacher's co-operation.

WRITTEN REQUEST TO HYPATIA.

"Toronto, Tuesday, p. m., 21st August, 1911

To Hypatia,

My Spirit Guide, Teacher and Aider.

Following on the accompanying list, are my loved ones, friend spirits guides, co-workers and exalted ones from the higher spheres, that I hope to have greetings from by writing on slates to me, independently of a medium's direct hand, when I am