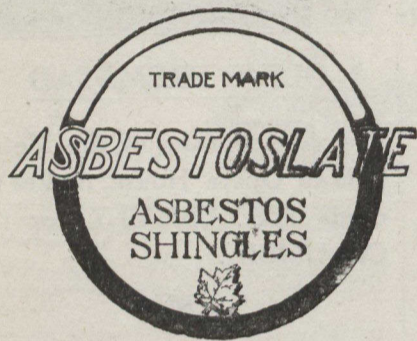


## A Building Worth Erecting Is Worth Protecting

The great destroyer of buildings is fire, and when it comes from without the roof almost always ignites first.

### ASBESTOSLATE CEMENT SHINGLES

protect a building perfectly from catching fire in this way. Made only of Asbestos and Portland Cement, they are absolutely proof against sparks, cinders or burning brands.



Even when the fire starts within, this fire-proof roofing holds tight, helps to check and smother the blaze, and prevents it from spreading to near-by buildings.

Asbestoslate Cement Shingles are as attractive and as durable as they are protective. Write for Booklet C.C. telling all about them.

*Asbestos Manufacturing Co., Limited*

*Address E. T. Bank Bldg., Montreal*

*Factory at Lachine, P.Q. (near Montreal)*



## Children Should Have Good Light for Studying

A poor light strains the eyes, and the injurious effects may last for life. An oil lamp is best. The light from the Rayo Lamp is soft and mellow. You can read or work under it for hours without hurting your eyes.

The RAYO is constructed scientifically. It is the best lamp made—yet inexpensive and economical.

The **Rayo** Lamp, made of solid brass—nickel plated. Lighted without removing chimney or shade. Easy to clean and rewick. Made in various styles and for all purposes.

Dealers Everywhere

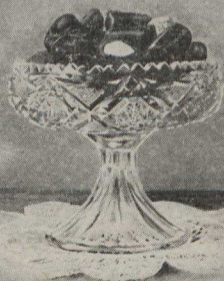
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**GANONG'S**  
THE FINEST **G.B.** IN THE LAND  
**CHOCOLATES**



**FOR ALL PARTIES**

Lunch, Five O'clock, Dinner,  
Bridge, Theatre, Week-end, Holiday.

**THE DELICIOUS G.B. CHOCOLATES**

## In Lighter Vein

**No Alternative.**—Wife—"Why did you tell the Batsons that you married me because I was such a good cook, when you know I can't even boil a potato?"

Hubby—"I had to make some excuse, my dear, and I didn't know what else to say!"—London Opinion.

**Too Hospitable.**—One day an inspector of a New York tenement house found four families living in one room, chalk lines being drawn across in such a manner as to mark out a quarter for each family.

"How do you get along here?" inquired the inspector.

"Very well," was the reply. "Only the man in the farthest corner keeps boarders."—Everybody's Magazine.

**A Minority.**—First Clerk—"How many people work in your office?"

Second Clerk—"Oh, I should say roughly about a third of them."—London Sketch.

### Which Do You?

Some persons get up with the lark,  
And others, be it said,  
Go out and have their little lark  
Before they go to bed.

—Boston Transcript.

**Now He Knew.**—Young Man—"You don't remember me, I see. I am the young man who eloped with your daughter a few years ago."

Old Man—"Well, what can I do for you?"

Young Man—"I came back to offer you my congratulations, sir."—Boston Transcript.

**So Beware.**—One swallow doesn't make a summer, but it breaks a New Year's resolution.—Life.

**Good Reason.**—Bertie—"What makes you think I've got a sense of humour?"  
Gertie—"Your self-appreciation."—Harvard Lampoon.

**Ouch!**—"What are you thinking about?"  
"Just nothing."  
"You always were an egotist."—Town Topics.

**Partial Obedience.**—Doctor—"You'll have to cut out some of this wine, woman, and song business; it's killing you."  
Patient—"All right, doc; I'll never sing again."—Wisconsin Sphinx.

**Plausible.**—The Old Lady—"Well, what made you so late this time?"  
The Old Man (trying a new one)—"Why, I took Sozzle home from the club, and his wife made me take him back again."—Puck.

**The Simple Life.**—He (in fashionable restaurant)—"That's Archie Temple. Very good chap, but bit of a recluse. Simple life and all that sort of thing."  
She—"Really! He doesn't look a bit like it."

He—"Fact! Had it from his own lips. Said he often dines at home as many as three or four times a month."—Punch.

**No Return.**—Hokus—"So she didn't return your love, eh?"

Pokus—"Return my love? Why, she didn't even return my presents."—Town Topics.

**Still on the Job.**—Pat applied at the wharf for work as a stevedore. He was only four and a half feet in height, and the boss was dubious.

"We're loading 300-pound anvils into that steamer," said he, "and a little runt like yourself couldn't handle 'em."

"Try me," said Pat.  
And the boss put him to work. Pat hustled the anvils aboard all right. The cargo was nearly all stowed in the hold when the boss heard a splash. He ran to the rail and, looking over, saw Pat struggling in the water.

"Throw me a rope!" he yelled, as he went under. He came up, called for a rope and went under again. Again he rose to the surface. "If you don't throw me a rope," he sputtered angrily, "I'm going to drop this anvil."



Benger's Food, prepared with fresh new milk forms a dainty and delicious cream, rich in all the necessary food elements.

If half Benger's Food so prepared, is mixed with half freshly made tea or coffee, cocoa or chocolate, its highly nourishing and digestive advantages are added with great success to the refreshing qualities of the beverage.



also mixes agreeably with stimulants when these may be medically recommended.

A sample of Benger's Food, with Instructive Booklet on the feeding of Infants, Invalids, and the Aged, post free from

**BENGER'S FOOD, LTD.,**  
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The National Drug & Chemical Co. of Canada, Ltd.,  
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Toronto, Ont., Hamilton, Ont., Vancouver, B.C.,  
Victoria, B.C., Calgary, Alberta, Nelson, B.C.,  
Ottawa, Ont., Regina, Sask.

## WILSON'S INVALIDS' PORT WINE

(à la Quina du Pérou)

"Pure wines increase the appetite and tend to fill the veins with pure, healthy blood."  
Dr. Robert Druihl.

### MEAL TIME

will mean hungry time to you if, half an hour before eating, you drink a generous wineglass of

## WILSON'S Invalids' Port Wine

(à la Quina du Pérou)

It's a delicious-tasting natural appetizer and tonic that coaxes the jaded digestive organs overtired with too much hurry and worry.

Indicated in all anaemic and febrile conditions—doctors know!

**ASK YOUR DOCTOR**  
**BIG BOTTLE ALL DRUGGISTS**

## Shirriff's True Vanilla

Imagine how much more delicious cakes taste when flavored with real vanilla extract. You can make certain of using real extract of finest Vanilla beans by buying Shirriff's True Vanilla.