EASILY TRACED

Friday, October 24th, 1919.

Thousands who are none too strong trace the present weakened state to influenza or some like-debilitating illness. Such could not do better than try the strength-restoring and bodybuilding virtues of

This efficient tonic is nourishment in a form that helps build up a healthy resistance. If you are not in your accustomed strength and need a tonic, rich, nourishing SCOTT'S EMULSION will help you. Try It!

Does your watch tell time in the dark?

10

Ingersoll do!

BEFORE YOU SAY GOODNIGHT

Prepare for a Clear, Bright Day Tomorrow by Taking "Cascarets" for Liver and Bowels

Newest in Toasters

HERE is a brand new toaster—right up to the very latest clock-tick in both design and modern advantages. No woman can know the wonderful advance in toaster design until she has seen

The New Canadian Beauty Electric Toaster

-just a shining beauty that you'll be proud of.

unique showing of Electrical Appliances.

REINHART & DOERR, Kitchener, Ont.

O. SOLOMON Moving, Truck-ing and Quick Delivery

Special Service for PARTIES AND PICONICS to all parts of the Country with Motor Truck Leave Orders Phone 299 or with Fred. Solomon, Phone 1063

Tobacco Habit **Dangerous**

NEED AND

and it was the industrial activity necessitated by the output of those products which had prevented a period of industrial stagnation after the signing of the armistice. As an illustration, Sir Thomas showed how \$50,000,000 had been advanced to Great Britain in the interests of the lumbering activities, how another 170,000,000 had been advanced to insure the sale of Canada's surplus wheat and wheat products, while \$125,000,000 had been paid out to returned soldiers in the form of war gratuities to guarantee them against hard times after returning to civilian life. While the present loan calls for \$300,000,000, Sir Thomas trusted the people would put it far over the top, as they did in 1918, for he pointed out that some \$225,000,000 is required to take care of the country's floating indebtedness alone. The balance of the loan, he stated, would be applied to credits and demobilization expenses.

From the investment standpoint, Sir Thomas found the loan to be one of the surprising things of the war, for, lowing to the fact that previous loans had increased production to such an extent that the country had been able to carry war expenditures on increased production alone. Canada's securities still stand above par. He previous went of the surprising things of the war, for, we find the production alone. Canada's securities still stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprising this stand above par. He previous definition of the surprision of t

The guests at the luncheon inchessers. Julius H. Roos, Water los. Hilliard, Waterloo, Chair onorary Committee; P. V. Vil Honorary Committee; P. V. Vilso Waterloo; B. W. N. Grigg, Waterloo P. Seully, Kitchener, Chairms Waterloo; B. W. N. Grigg, Waterloo; I. P. Scully, Kitchener, Chairman Names Committee; John Lang, Kitch-Chairman Employees Committee; H. L. Staebler, Kitchener; J. D. C. For-tyth Kitchener; J. S. Valentine, Wat-Waterloo; Frank S. Hodgins, Kitchener; Honey, Nykers, Kitchener, Chairman sydn Archener, J. S. Jarchine, Waterloo; Frank S. Hodgins, Kitchener; Henry Nyberg, Kitchener, Chairman Publicity Committee; A. Lockhart, Kitchener, Chairman Transportation Committee; G. W. Charles, Kitchener; M. Kaplansky, Kitchener, Secretary Employees Committee; W. Caswell, Kitchener; B. A. Tate, Toronto, Organizer; Geo. Lang, Kitchener, Chairman; A. M. Mayrae, Toronto; G. D. Pequegnat, Kitchener; A. R. Kaufman, Kitchener, Vice Chairman; H. M. Snydg, Waterloo, iee Chairman; Mayor D. Gross, Kitchener; S. J. Williams, Kitchener; L. J. Breithaupt, Kitchener; Oscar Vogt, Elmira; A. Werner, Elmira; E. Arnold, Elmira; A. J. Cundlek, if-Millan, Kitchener; A. J. Cundick, it-chener; Allan A. Eby, Kitchener; P. H. Roos, Kitchener; J. Hessenaur, Kat-chener; E. J. Payson, Kitchener; E. C. Kabel, Kitchener, John Fennel, Kitchener; W. H. Schmalz, Kitchener, Geo. Diebel, Waterloo; Helmuth, N. C., Kit-

NUPTIAL EVENTS

Schuett—Robertson

A very pretty but quiet wedding was solemnized at St. Boniface Church New Germny by Rev. Father Forester, when Dorothy Maud Robertson, of Guelph, and Stephen Charles Schuett, of Aries, were united in the bonds of holy matrimony. The bride looked very becoming in a dress of white silk crepe de chene with veil and wreath of orange blossoms, and carrying a bonduct of white roses and ferns. These were accompanied by a sister and cousin of the groom, the bridesmaid wearing a dress of white Georgette crape and satin hat to unatch Afterthe cereinony the hap py couple motored to Brantford, where an enjoyable dinner was served at the home of the groom's sister, Mrs. A. J. Fairman, after which they left for an extended wedding trip to points east. On their return the happy couple will reside in Brantford Schuett-Robertson

MELENBACHER-BRAUN.

Wedded in Kitchener On October 22nd, Mr. Amsy Sehmarr and Miss Victoria Bushous by the Rev. S.R. Knechtel of Bridge

by the Rev. S.R. Knechtel of Bridge-port.
The marriage took place on Oct. 22nd of Mr. Joseph McClements and Miss Charlotte Scott in the city. The ceremony was performed by the Rev. J.H. McBain.

Wm. A. McNeill, a farmer Lansindowne, Ont., fell dead in stable while preparing to go to fields.



THIN PEOPLE NEED BITRO_PHOSPHATE

Increases Weight, Strength and Nerve
Force in Two Weeks' Time
In Many Instances.

The average person is beginning to
realize more and more that the lack of
physical strength and perve exhaustion (frequently evidenced by excessive thinness), are the direct cause not
only of the failure to succeed in life's
struggle for the necessities of existence, but also for the handicap in one's



panied by the bloom of health and attractiveness.

That millions of people are conscious of this handicap is evident from the continued appearance in newspapers and magazines of many suggestions proposing various remedies in food or medicine or exercises, either of which might or might not be appropriate for a given case.

Authorities, however, agree that healthy nerve tissue is absolutely essential to a strong, robust body and mind. Weak herves, while indicated by a multitude of different symptoms, more immediately and generally result in lack of energy, sleeplessness, tritiability, depression, etc., which conditions gradually consume the healthy flesh, leaving ugly hollows, a flat chest bony neck and scrowny arms and legs.

flesh, leaving ugly hollows, a flat chest bony neck and scrowny arms and legs.

Our bodies need more phosphate than most of them are able to extractfrom the foods we cat nowadays, and many opinions affirm that there is nothing which may be taken into the human system that so effectively supplies this deficiency as the pure organic phosphate known as bitro-phosphate and sold by good druggists everywhere.

The essential phosphoric food elements in bitro-phosphate assimilated by the nerve cells should soon produce a pleasing change in nerve energy and hence increased vitality and strength. With the burdens of nervousness, sleeplessness, lack of energy, etc., lifted, normal weight with its attractive fullness and ruddy glow of health replaces the former picture of skin and bones. Miss Georgia Hamilton, who was once thin and frail, reporting her own experience, writes: "Bitro-Phosphate has brought a magic transformation with me. I gained 15 pounds and never before feit so well."

CAUTION: — Although Bitro-Phosphate is unexcelled for the relief of nervousness and attendant disord, ers. owing to its tendency to increase weight, one should watch the scales white faking it unless it is the desire to put on flesh.



They're Awfully Good!

OU cannot force children to eat what they do not like, but try them on something they do like and note the results.

Tempt them with McCormick's Jersey Cream Sodas, and the universal comment is that "they're awfully good."

McCormick's Jersey Cream Sodas are specially good for children. Nothing but the purest ingredients are used. They are baked to perfection for easy digestion.

Jersey Cream Sodas

Sold fresh everywhere. In sealed packages. Factory at LONDON, Canada. Branches at Montreal, Ottawa, Hamilton, Kingston, Winnipeg, Calgary, Port Arthur, St. John, N.B.

Brunswick Hotel For Sale

The building has a frontage on King Street of 66 feet and on Young Street of 84 feet.

Will sell the whole property or divide into 5 stores.

Possession on December 1st, 1919. Plans can be seen at my office.

C. G. Pritschau

120 West King Street.

Phone 1278.

King St. Business Block

FOR SALE

140-142 King St. West

For Sale at \$25,000

FOR QUICK SALE

APPLY

C. G. PRITSCHAU 120 King St. W.

parents; L. Fleisch-id Mrs. Alex Stahle of the week-end here;