## MC 2035 POOR DOCUMENT



## SHIPPING

ALMANAC FOR ST JOHN, SEPT 17 A.M. P.M. High Tide ... 0.81 Low Tide ... 6.85 Sun Rises... 6.10 Sun Sets .... 6.27 Time used is Atlantic standard.

> PORT OF ST JOHN. Arrived Yesterday.

Stmr Calvin Austin, 2,853, Mitchell, Boston, A E Fleming, pas sand mdse. Stmr Governor Cobb, 1,556, Allan, Boston via Maine ports, A E Fleming, pass and mdse. Coastwise-Stmrs Casarco, 33, Inger-soll, St George; Ruby L, 49, Coggins, Margaretville; Brunswick, 72, Moore, Cheverie; schrs Bertle C, 12, Mawhin-ney, fishing; Britania, 22, Robinson, Digby; Souvenir, 27, Outhouse, Tiver-ton; Enid Hazel, 30, Trahan, Belliveau's Cove

Stmr Calvin Austin, Mitchell, Boston ia Maine ports. Schr John A Beckerman, Henderson,

so do you.

its retention.

In the treatment of pneumonia,

grip, cough, colds, malaria, low

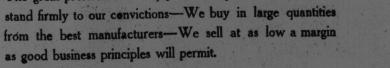
fevers, stomach troubles, and all

wasted and diseased conditions, it

For real strength there is no bet-

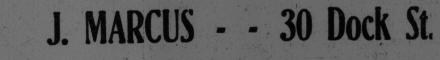
Urape-Nuts A breakfast dish of Grape-Nuts and cream is the regular morning custom of a mighty host who know the value of right food.

> Being partially predigested, Grape-Nuts is quickly converted into strength for body and brain-the power to "do things."

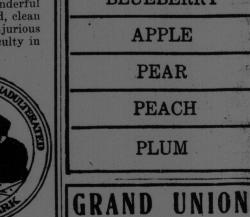


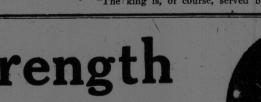
## We Guarantee Satisfaction !

Over twenty years of successful business has proven the immense popularity of our SYSTEM.









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