

ocean on the west, and remember how long our train took to travel across from east to west, flying, flying, night and day. What is the name of the great sea to the north? Pronounce Atlantic, Pacific, Arctic over again, so that you can read them correctly and spell them easily.

You see that the land is pretty nearly all in one large mass, called a *continent*, with a few smaller pieces lying out near by in the sea. But in the middle of the mass, or the *continent of America*, on which we live, there is a mere strip, or neck of land, called an *isthmus*. Find the isthmus on the map and read the name. Learn to pronounce and spell Panama, so that you will know it well. It divides the continent about the middle into two smaller parts or *grand divisions*. Read the names on the map. Where is each grand division widest? Where narrowest? Which has the more regular outline? We live in North America, near the place where "North" appears on the map. The smaller pieces of land, with water around them on all sides, are called *islands*. You see a good many at the north of North America, and in the middle, where the land tapers down to the isthmus; but there are only a few to the south.

#### ORAL AND WRITTEN EXERCISES.

(Answer in sentences.)

Name the very, very large island, or continent, on which we live. Name the two grand divisions of it. Name the three seas marked on the map. Tell what an isthmus is like, and name one that you know. What fruits grow in the hot parts of America? Why are there no oranges, no bananas, in the far north? Which grand division is the wider, North America or South America? How do you know? Tell which way your own shadow falls at noon on a bright day. How can you find the north

early in the morning or late in the afternoon? Do you remember how the sea-water tastes? How does lake-water taste? Draw a picture, or map, showing the shapes of the two Americas. Why do the boys and the girls in Canada wear warmer clothes than the boys and the girls who live at Panama? At what hour of the day, and in what month of the year, is the sun hottest in Canada? Which way does the needle of a compass point?

#### 4. Across the Ocean.

Let us recall for a moment some of the things learned in our previous lessons. The trip to the end of the land at the east—do you remember that? And the long ride over the fertile prairies, those vast plains in the middle of Canada? Can you recollect how our train climbed over the great mountains and at last came down to the sea on the west? What ocean lies to the east of America? What ocean to the west? And in our long, long journey with dogs and tents we came at last to the ocean at the north filled with icebergs and great floating fields of ice? What is the name of that frozen ocean? Southward, also, we found hot weather, strange fruits, and the deep blue sea. What lies beyond the great world of waters that girds America on every side? We shall find out. We shall travel eastward as before and board the same fine steamship that carried us all round the vast continent of America and brought us safely back to our starting point.

This time we shall steer away to the east and leave our own dear land of the maple leaf. As our good ship ploughs ahead through the salt water, America dips below the horizon behind us and our native land fades out of sight. We are alone on the wide, wide sea; water, water everywhere; the blue sky overhead; our good staunch

