

the Green Lane (<http://www.ec.gc.ca/cws-scf/traveller>).

Health Concerns

If you should become sick or feel unwell on your return to Canada, see a doctor promptly. Inform the doctor that you have been living outside Canada, and where. Likewise, if you were ill while you were abroad, see your doctor on your return and explain your medical history and any treatment you received.

If you were in a malarial area and develop fever during the first year after your return (especially in the first two months), see your doctor immediately and inform him/her that:

- anti-malarial pills do not guarantee protection against malaria; and
- malaria must be ruled out by one or more thick and thin blood film examinations.

References, Resources and Recommended Reading

Publications

DFAIT Publications

DFAIT produces a number of free publications on safe travel. To order copies, call 1-800-267-8376 (in Canada) or (613) 944-4000, or access them on the Internet (<http://www.dfait-maeci.gc.ca>).

Bon Voyage, But... Information for the Canadian Traveller

Canadian Performers: How to Enter the United States

China: Visiting and Working in the Middle Kingdom (to be published in the fall of 1998)

Crossing the 49th: A Compendium of the Bumps on the Road for Canadians Going South

A Guide for Canadians Imprisoned Abroad

Her Own Way: Advice for the Woman Traveller

Hong Kong: A Guide for Visiting and Resident Canadians (Internet version only)