notes — NOK 10, 50, 100, 500 and 1,000 coins — 5, 10, 25 and 50 fore, NOK 1 and 5.

There is no restriction on the amount of Norwegian kroner which may be brought into Norway. Up to NOK 2,000 in bank-notes may be taken out and foreign currency must not exceed that declared on entry.

Credit carts are not as widely accepted as in Canada.

Customs — In addition to personal luggage, each visitor may bring one bottle of liquor, one bottle of wine, 200 cigarettes, cameras, radios, etc. for personal use into Norway free of duty.

Measures — Norway follows the metric system.

*Holidays* — The following is a list of the official public holidays in Norway:

Maundy Thursday
Good Friday
Easter Monday
Labour Day — May 1
National Independence Day — May 17
Ascension Day (a Thursday in May — variable)
Whit Monday
Christmas Eve — December 24
Christmas Day — December 25
Boxing Day — December 26

New Year's Day - January 1

Business Hours — Most offices are open 8:00 a.m. to 3:30 p.m. Monday to Friday (flexible office hours exist in many offices).

The Canadian Embassy is open from 8:00 a.m. to 4:15 p.m. September to April; 8:00 a.m. to 3:30 p.m. May to August; Monday to Friday. The Embassy is closed during some Canadian statutory holidays and some Norwegian holidays.

Government offices are normally open to the public between 10:00 a.m. to 2:00 p.m.

Banks are open from 8:15 a.m. to 3:30 p.m. Monday, Tuesday, Wednesday and Friday. On Thursday the hours are extended to 5:00 p.m. In summer (May 15 – August 31) the hours are 8:15 a.m. to 3:00 p.m. during