Only one case of sickness among the nurses last month, and that of a couple of days' duration.

Miss Brown, having successfully passed the probationary period, is nuw is full fledged nurse in training.


ETHICS.

1. Accord to every persen the same lib. erty you expect for youself.
2. Accord to every person the same desire to do the right thing which you claim for yourself.
3. Accord to every person the same right to select or refuse medical aid which you desire for yourself.
4. Extend to every man who claims to be trying to alleviate disease the same professional courtesy which you expect from him.
5. Bear in mind that there is good in all schools of medicine and that there is something to be learned from every man.
6. Remember always that the final test of all remedies and theories is cures. Anything that cures is entitled to respect.
7. Remember that the "Regular" physician is one who is regular in his habits, regular in his charges, regular in his cures and in all respects a regular gentleman.
8. Remember always that it is nature that cures; the doctor can at best only assist.
9. Remember always that faith and food and care and sleep and good cheer are the greatest medicines on earth. They are worth a thousand times as much to the sick as the whole pharma-copreia.-Medical Talk.

## SPRAINED ANKLISS.

The arkle is a very complicated joint, and when it has been spramed, the pain, swelling and weakness may last even longer than if there was a fracture of the small bone of the leg. When a sprain has occurred, the patient must at once go to bed and keep the joint motionless, so as


A pleasant effervescing aperient, taking the place of nauseating mineral water Recognized and prescribed by eminent members of the profession in Great Britain"and Europe and Canada.

