

summer vacation resorts, where the water and food supplies are not as carefully safeguarded as in urban communities. Although many forms of treatment, designed to abort or cut short the disease, have been advocated from time to time, it is indeed doubtful whether such regulation of the infection has ever been accomplished. As the average course of typhoid is from four to six weeks, it is scarcely to be wondered at that the patient usually emerges from the attack in a generally devitalized condition. This is accounted for not only by the general toxemia incident to the bacillary infection, but also because the practically exclusive milk diet generally adopted deprives the patient of the natural food iron which ordinarily maintains the ferric sufficiency of the blood. Some degree of anemia is therefore almost always in evidence when convalescence is first established. The quickest and safest way to overcome this blood deficiency and to hasten revitalization and a return to the normal, is to give Pepto-Mangan (Gude) regularly and in full dosage. This thoroughly agreeable and acceptable hematic tonic is particularly serviceable in typhoid convalescence, because it does not irritate or disturb the digestion, nor induce constipation.

IN CHILDREN AND IN OLD PEOPLE

Kidneys are often affected by exposure to cold or chill. These disturbances may range from sudden and frequent desire to urinate to the severe forms of urinary irritation. The first is usually accompanied with free and excessive flow of water, where in the latter case there will be but a small quantity of water, frequently passed with difficulty and pain. If the cause is not removed, this dysuria with frequency may continue day and night until systatis occurs, or until a spastic renal condition is found to be present, with active congestion followed quickly by acute inflammation. The remedy is heat persistently applied externally to produce relaxation and sanmetto in drachm doses for adults every hour until relief, then less often as indicated, and half doses for children in like manner. Particularly is it true with men suffering from prastatic trouble that they are often affected by exposure to cold or child, causing congestion at the bladder neck, with frequent desire to urinate, and urine passed with difficulty and pain. Hot applications externally, either moist or dry, and sanmetto in teaspoonful doses every hour until relief, is the remedy.
