

teaspoonful of sulphate of magnesium, sufficiently moistened to swallow, as soon as she arrived at home, the process to be repeated in the morning, and the child to be brought back to me at 3 p. m. on that day, that being the hour of my service at the dispensary. This procedure was repeated daily at the same hours till the discharges became *yellow*. For the older children the dose ranged from a heaping teaspoonful to a heaping table-spoonful. The after-treatment consisted of general tonics and prophylatic precautions. The former were selected according to the necessities in each case. The most frequently used were syrup of iodide of iron, cod-liver oil, compound syrup of hypophosphites, strychnine, quinine, pyrophosphate of iron, etc.

**CARCINOMA.**—There is no more important and sure sign of cancer than the adhesion of the skin over it; with the exception of tuberculous abscess there is no swelling in the breast that causes this early adhesion or dimpling of the skin. It may be a very early sign. I have found it well marked over a small deep nodule, noted only five days before I saw it, and so freely movable that I could hardly hold it steady to cut into it before removing the breast.

This adhesion of the skin is at first very slight, and may even become less with rest and the use of a lotion. It may not be visible, one may look at the breast in vain; but if we lightly pinch the skin all over the breast we find that over the nodule it is less easily raised than elsewhere, it seems to stick a little, it slips away, we can not so readily pick up a fold of it between the thumb and finger. It may be visible in one position of the breast and not in another.

**TREATMENT OF INSOMNIA.**—The treatment of insomnia is an interesting

subject to every physician, and any methods looking to its relief always attract attention. The Medico-Chirurgical Faculty of Maryland lately had the subject under discussion, in which Dr. E. N. Brush, formerly of Buffalo, but now superintendent of the Sheppard Hospital for the Insane, Towson, Md., took an active part. He called attention to the evils that arise from the constant administration of drugs, especially where they are resorted to independently of the advice of a physician.

Dr. Brush is a strong advocate of natural methods to invoke sleep in cases of physical and nervous exhaustion, such as attention to the skin and other emunctories, massage, baths and the ingestion of proper food.

This is most excellent advice and is especially timely during a period when so many hypnotic drugs are being manufactured and sold with so much recklessness as to dismay almost every regular practitioner of medicine.—*Buffalo Med. and Sur. Jour.*

**NEURALGIA.**—Dr. Arthur Heinicke, Olbernhäusi, S., Germany, gave Bromidia to a gentleman fifty-four years of age, totally blind from neuralgia, and who had suffered from insomnia for a very long time. He could not stand the effects of morphia, and chloral hydrate did not act satisfactorily; but Bromidia gave good results, producing about six hours uninterrupted sleep without any disagreeable consequences.

Dr. F. L. SIM died at his home in Memphis, Tenn., November 22nd, aged 60 years, from renal disease. He was well and widely known as the editor of the *Memphis Medical Monthly*, as a teacher in the Memphis Medical College, and as a practitioner of medicine of whole-hearted devotion and signal ability.