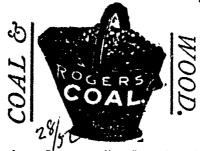
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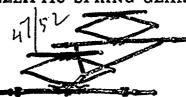
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### Household Hints.

THE envy of her friends, a lady who uses Lotus of the Nile" Perfume.

POTATO ROLLS.—Five large potatoes mashed while warm. Add one quart of flour, salt to season, one teacupful of milk, stir until light, make into rolls, let stand two hours, then bake.

WATSON'S COUGH DROPS will give instant relief to those suffering from colds, hourseness, sore throat, etc., and are invaluable to orators and vocalists. The letter R & T. W. are stamped on each drop.

FRIED RAW POTATORS.—Pare and thinly slice raw potatoes; let them stand in cold water half an hour; drain in a colander, and fry in melted butter; cover closely, but stir occasionally; season with salt and

HOORS to. EXPREINNER - Hooks are use ful to add to our knowledge, but practical experience teaches us that the best remedy for all diseases of the Stomach, Liver and Blood is easily to be had and is called B. B. B.

Blood is easily to be had and is called B. B. B. FROSTED APPLES.—Pare, core and slice apples of a large, tart kind. Bake them till nearly done. Put them away to get entirely cold; then prepare some augar icing, and, first pouring off all the juice, lay the icing thickly on the tops and sides, as much as you can. Return them to the oven to just harden and be set. Serve with cream.

R. FELLOWS, M.D., of Hill, N. H., says that he has made use of WISTAR'S BALSAM OF WILD CHERRY for several years, and it has proved to be very reliable and efficacious in the treatment of severe and long standing coughs. He says that it saved the life of at least one of his patients.

ORANGE PUDDING.—Grate three sponge

ORANGE PUDDING.—Grate three sponge biscuits in enough milk to make a paste; beat three eggs and stir them in with the juice of a lemon and half the peel grated. Put a teacupful of orange juice and one of sugar, with half a cup of melted butter, in the mixture, stir it well, put it in a dish with puff paste around it, and bake slow one hour.

AFTER trying numerous so-called catarrh remedies and receiving no benefit I was finally induced to try Ely's Cream Balm, and after using one battle I take great pleasure in recommending it to all suffered from catarrh.

—N. L. Gotton, with S. Gotton & Co., Gloucester, Mass.

BEEF LIVER. -Cut the liver in slices, three-fourths of an inch in thickness, salt and three-fourths of an inch in thickness, sait and roll in flour. Put two tablespoonfuls of lard in a skillet; when hot put in the liver, then pour in hot water enough to cover. Let boil until the liver is quite tender, fry until very brown on both sides. It makes a nice dish for breakfast. Serve while hot, for it becomes hard when cool.

I was a sufferer from catairh for fifteen years with distressing pain over my eyes. The disease worked down upon my lungs. I used Ely's Cream Balm with gratifying results. Am apparently cured.—A C. Warren, Rutland, Vt.

Apply Balm into each nostril.

Apply Bain into each nostri.

How To Cook Cranberries.—Wash one quart of cranberries and put them in a covered saucepan with one pint of water. Let them simmer until each cranberry bursts open; rem.ve the cover and add one pound of sugar, and let them buil twenty minutes uncovered. The cranberries must never be stirted from the time 'b-y are place? on the fire. Follow this recipe exactly and you will have a most dedicious preparation of cranberries. cranberries.

BROWN'S Bronchial Troches give prompt BROWN'S Bronchial Troches give prompt and effectual relief in all Throat troubles. Mr. Amos R. Peachy, Hungerford, Berk shire, England, writes: "Change of climate (from South Africa) nearly cost me my tele, as it produced the greatest prostration from Unerated The oat and Bronchial Inflammation. My friends are astonished at the remarkable change in my health from the time I commence using Brown's Bronchial. TROCHES."

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