

treatment; never sit up late at night, unless a great emergency demanded it; never linger one moment in bed when time came for getting up; never neglect to rub every part of my body every morning with a wet towel and then with a dry one; never drink more than three or four table-spoonfuls of ice water at one time, and so forth, and so on. But all this takes will-power. And that is all it does take.

If I were a boy I should keep my own secrets, except when I revealed them to my father and mother for the sake of securing their advice; I should never speak a word to any one who might be worried by it; and speak kind words of others, even of enemies in their absence. I should put no unclean thoughts, pictures, sights or stories in my memory and imagination, and no foul words on my tongue; give no smiles, but give the rather black frowns and prompt and fierce reproof, to any comrade who dared in my presence, to utter a filthy speech. I should want to say, as the pure-minded and noble Dr. George H. Whitney, president of Hackettstown (N. J.) College, can say: "I have never pronounced a word which I ought not to speak in the presence of the purest woman in the world." I should treat little folks kindly, and not tease them; show respect to servants; be tender toward the unfortunate—and all this I should strive to do for the sake of being a comfort to people, a joy to my parents, a help to the next century, and in the seventh decade of it should hope to be a wise and cheerful old man, who learned when he was a boy to govern himself, to be firm in right willing, and to keep up the terraces in God's garden on the hillside.

If I were a boy I should play and romp, sing and shout, climb trees, explore caves, swim rivers, and be able to do all the manly sports. Love and study nature; travel as widely and observe as wisely as I could; study hard (with a will) when the time came for study; read the best literature—works of the imagination, history, science and art, according to my taste and need; get a good knowledge of English; try to speak accurately, and to pronounce distinctly; go to college and go through college, even if I expected to be a clerk, a farmer or a mechanic; spend my Sundays reverently; try to be a practical every day Christian; help on every good cause; never make sport of sacred things; be "about my Father's business," like the boy of Nazareth; "use the world and not abuse it;" treat old men as fathers, "the younger men as brethren, the elder women as mothers, the younger as sisters, in all purity;" and thus I should try to be a Christian gentleman, wholesome, sensible, cheerful, independent, courteous, a boy with a will; a boy without cant or cowardice; a builder of terraced gardens on the hillside—man's will and wisdom in them, and God's grace, beauty and blessing abiding upon them.

Oh, if I were a boy!—*Home Maker.*

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