

The Farm Home

Information Wanted.

This department exists wholly for the farmer's home and for the women and young people on the farm. We would, therefore, like to secure the active co-operation of everyone connected with the rural home in making this page of our paper as useful as possible for the purpose for which it is intended. There are many subjects of vital importance to the farmer's wife that we would like to have discussed in these columns and we would be glad to have short articles from our readers suggesting topics for discussion. Don't be afraid that anything you might have to say would hardly be worth reading. It is really what are considered the most common things in life that people like to hear about, and which as a rule accomplish most in the way of making life in this world interesting and pleasant. When we wait before acting till we have something out of the ordinary to say or do, we generally fail to do or say anything at all, as these extraordinary thoughts and acts come to very few people in this world. If we take advantage of what we have at hand, that little will suggest something better and help to broaden our thoughts and ideas about things.

By way of opening up a discussion that we think will be very helpful to all concerned, we would like to have as many short articles as possible from the readers of these pages dealing with the following topics. Contributors can write on any one or all of the subjects as they see fit:

- (1) How can the long winter evenings in the farm home be most profitably spent?
- (2) What are your ideas as to entertainment for young people in the country?
- (3) What would be the best plan for arranging a reading circle in the farm home so that every member of it who could read could take part?

A School of Domestic Science.

A school of domestic science is to be established in Toronto. It is somewhat surprising that a great educational centre like this has been so long without a school of this kind. While universities, schools of law, schools of medicine and schools of technology and such like are necessary and advisable, the educational side of a city of this size is not complete without a school of domestic science.

The science of cooking and the ventilation and sanitation of houses is very little understood, even in our cities. Hundreds of young girls grow up into womanhood, get married and settle down as managers of homes without any real practical knowledge about the affairs placed in their charge. They pull through in some way, perhaps, after having started the inmates

of their homes on the road to a dyspeptic's life of pains and woes. We care not in what affluent circumstances a girl's parents may be, her education is not complete unless she understands and knows how to cook and prepare the food she eats. She may not have to put this knowledge into practice in her own home, but there is a great deal of satisfaction in knowing whether the persons who have to do this work are doing it in the right way. So we welcome this new educational feature in our midst, and trust that its influence will reach out beyond the city limits to the great farming districts of this province, which is our special field.

nursery, and in fact some quiet, affectionate, purring, useful cat is a valued inmate of nearly every household.—*From Pets and Animals.*

Rations for a School Child.

Questions Answered by Mrs. S. T. Rorer.

Q. Will you give a day's ration for a school child who has his dinner at noon?

A. A bowl of porridge with sub-acid fruit forms an excellent breakfast. The cereal may be changed; one morning it may be wheat, another oats, another some wheat preparation, another corn meal mush. Water



PRETTY PUSSY.

The Cat.

To-day the domestic cat is found in every country on the globe and can prove a known history of nearly four thousand years.

The cat was a sacred animal in Egypt. The Egyptians built temples and offered sacrifices in honor of the cat, even embalming its body after death. The large number of bronze inscriptions, monuments and cat mummies found give convincing proof of the great veneration in which the cat was held in ancient Egypt. As a pet, the cat is the favorite animal of the

should be the beverage. The noon-day meal should consist of a clear soup, a meat, as beef, mutton or chicken, whichever is most convenient, with two vegetables, one starchy and one green, such as beef, potatoes and stewed cabbage, or mutton, rice and spinach, or chicken, stewed macaroni and cauliflower, or green peas or beans, and a simple desert such as rice pudding, an occasional gelatin pudding, cup custard or fruit. The night meal may consist of two soft boiled eggs and well toasted bread, or a dish of milk toast, or a little minced meat and a baked potato, or the hard boiled